THE MASTER WAR MODE DAY PLAN + REPORT

D=difficulty

I=Importance

(1 is hardest and 10 is easiest)

(1 is least important and 10 is most important)

Do the tasks with the highest number first

□ The Mastery Checklist Explained to achiev...

V / X	D /10	I/10	/20	Master Checklist:	Task Time:
V	10 -	10 -	20 -	Morning routine affirmations Tate video	
V	10 -	10 -	20 -	Make avatar for the dummies	
V	10 -	10 -	20 ·	Make ig post	
×	10 •	10 ·	20 ·	Send it for review and correct it	
×	10 -	10 -	20 -	Correct it and improve it 1 more time	
V	10 -	10 -	20 -	Pushups	
V	10 -	10 -	20 -	200 squats	
V	10 -	10 -	20 -	Power up call	
V	10 -	10 -	20 -	Help parents	
×	10 -	10 -	20 -	Bootcamp stage 3 lessons	
V	10 -	10 -	20 -	Go outside	
V	10 -	10 -	20 -	Play chess	
×	10 -	10 -	20 -	Read swipe file copy	
V	10 -	10 -	20 ·	Review copy	
V	10 -	10 -	20 -	Market research	
V	10 -	10 -	20 -	Clean room	
V	10 -	10 -	20 -	Read at least 15 pages from the book	
V	10 -	10 -	20 -	Meditate 10 minutes	
×	10 -	10 -	20 ·	OODA loop the day 7 000000	
V	10 -	10 -	20 -	Night routine affirmations tate video	

	DAY NUMBER + DATE + TIME
Day Number:	39
Date:	22 april
Start Time:	9am

	🙏 3 Things That I Am Grateful To Have In My Life 🙏
1.	My family
2.	Health
3.	TRW internet connection a nice comfortable bed clothes and food

	My Top 3 Priority Tasks That MUST Be Completed
1.	Bootcamp lessons
2.	Review copy
3.	Read at least 15 pages from the book



\$ Task:	\$ Task = Set The Task That I Intend To Complete This Hour?
🔔 Sub-Task:	Sub-Task = What Is My Plan Of Action To Complete This Task For This Hour?

Reflection:

Reflection = Did I Complete This Task For This Hour? If Not, Then Why?



🧠 What Do I Plan To Accomplish This Morning?🧠

Make morning routine Watch tate vid Write affirmations Make avatar

⊚What Is The Main Goal For This Morning?⊚

Make avatar

🔑 How Will I Start My Morning With Power? 🔑

Pushups

DELETE BOXES THAT ARE BEFORE YOU WAKE UP!

9 am: Task \$	Wake up
Intention 🔔	Make bed, change, write affirmations, watch tate vid
Reflection /	Done and started working earlier
10 am Tagir ¢	Make avatar
10 am: Task \$	Make avatar
Intention 🔔	
Reflection /	Done
11 am: Task \$	Make IG post
Intention 🔔	Send them for review and tag @H4N
Reflection /	Didn't do ig post, j need to research the top palyers
12 am: Task \$	Clean room
Intention 🔔	
Reflection /	Done

©END-OF-THE-MORNING REPORT©

What Did I Learn This Morning?

XWhat Problems Did I Face This Morning?X
How Will I Solve These Problems For This Afternoon?
MY AFTERNOON WAR PLAN
◎ What Do I Plan To Accomplish This Afternoon? ◎
E at
Improve copy
Read Go outside
⊚What Is The Main Goal For This Afternoon?⊚
Improve copy
PHow Will I Start My Afternoon With Power? P Output Description P Output Description P Output Description Output Description Description Output Description Description Output Description Desc
Pushups + affirmations + tate video

1 pm: Task \$	eat
Intention 🔔	
Reflection /	Stayed a lil in my room and played some chess
2 pm: Task \$	read
Intention 🔔	
Reflection /	Done, didnt read 15 pages, going to read a lil later
3 pm: Task \$	Go outside
Intention 🔔	
Reflection /	Made the ig post and improved a lil my outreach
4 pm: Task \$	Review copy
Intention 🔔	
Reflection /	Reviewed copy
	•
5 pm: Task \$	Read copy from swipe file

Intention 🔔	Break down a small piece of copy
Reflection /	Went outside
6 pm: Task \$	Power up call + daily lessons
Intention 🔔	
Reflection /	Went outside but watched the power up later in the day
7 pm: Task \$	Go outside
Intention 🔔	
Reflection /	Done
8 pm: Task \$	Play chess
Intention 🔔	
Reflection /	Played some chess while outside
9 pm: Task \$	Improve copy
Intention 🔔	

Reflection /	Didn't got reviews
10 pm: Task \$	Go to sleep
Intention 🔔	
Reflection /	Its 11 pm and i don't do my pushups, squats and 10 min meditation
11 pm: Task \$	
Intention 🔔	
Reflection /	
12 pm: Task \$	
Intention 🔔	
Reflection /	
	End-Of-The-Day Report:



What Did	I Learn	Today?🧠
-----------------	---------	---------

I need to finish my task before i do something else

XWhat Problems Did I Face In The Day?X
I didn't do my tasks in time
→ How Will I Solve These Problems Tomorrow? →
I will finish my tasks before doing anything else that wastes my time
What Do I Plan To Do Differently Tomorrow? NEW
I will workout
♦ What Do I Plan To Do The Same Tomorrow?
Everything besides the workout
■ Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With? 📧
Didn't read the swipe file copy.
Didn't correct my copy and didn't improve it.

Brain Dump: