#### How to survive at sea...

Cover - blue and green colour theme, big title, waves, stuff in the background, wording and text that makes people want to read it, pictures.

#### nearly done

Inside the Magazine - eye catching fonts, bold colours.

- When you're at sea where to get food. NEARLY DONE
  - Quizzes and word finds DONE
- Interesting articles (experiences of famous survivors). DONE
  - Interview DONE
  - Survival tips **DONE**
  - -book review **DONE**
  - Instructions on how to build a raft NEARLY DONE

#### Survival Stories...

- Mexican Fisherman DONE
- Fiji Boys (Samu Perez, Filo Filo, Edward Nasau) DONE
   Interview Bear Grylls DONE

# Activity Page... - Scarlett

- Quiz on what equipment they need- NEARLY DONE
  - Wordfind: using survival words DONE

#### **Interview with Bear Grylls...**

Q1: When and where were you born?

A1: I was born in Bembridge, Isle of Wight, England on June 7th 1974.

Q2: How old were you when you found out your love for the outdoors?

A2: I can't remember an exact age but I have just always loved being outside, trying something new and having an adventure.

Q3: What has been your favourite experience and why?

A3: My favourite place was probably the desert island of the Sumatran coast.

### Q4: What is the scariest thing you've done?

A4: The scariest thing I have ever done is probably falling through a crevasse at 21,000 ft on Everest.

#### Q5: Have you ever had to survive at sea?

A5: i did an enema sequence for one of the seasons, showing how to survive on a raft at sea.

#### Q6: What has been your biggest achievement so far?

A6: My biggest achievement so far has been Mt Everest, that was an incredible and special experience.

Q7: What has been your the best moment so far?

A7: I think Everest was quite special, it was probably the ,most challenging, but best thing I have ever done.

# Riley's Article

When Samu Peres, Filo Filo and Edward Nasau decided to row from Atafu Atoll home in a small dingy suddenly the currents changed and knocked the three boys out of their dingy and now they were presumed dead after. After searching for 1000km they gave up and headed home while the boys were floating somewhere out at sea.

Back home the boys parents along with 500 friends and family members set up a memorial service for them.

About 15 days later still adrift the boys somehow managed to stay alive by catching and eating nothing but raw fish and a stupid seagull that made the mistake of landing on the starving boys dingy.

Every morning the boys had to drink the rainwater that landed on their tarpaulin and in their boat which provided them with energy for the day.

2 Days before the boys rescue dehydration became a big hazard as they started drinking the salt water and started hallucinating because of the lack of rain water.

2 Days later the boys were rescued by a tuna ship passing by then returned to their family.

### <u>Instructions on How to Create a Raft...</u>

What you will need:

- a hand axe
- 1/2 a dozen 12 ft logs at least 12" across
- 2 small logs about 7ft long and 6" across
  - rope or twine

These things will get you on your way to making a very simple raft.

If you want to get more advanced, such as building a raft with a sail, you can add more logs or some sort of cloth or tarp to use as a sail and add it to our simple design.

Firstly find a position for the logs so that they are arranged as tightly adjoining as possible. This may entail rolling the logs so they are flush or scraping knots and curved spots so they can lie flat against another log.

For the second phase, the cutting phase, you will want to make all of your notches about 2" deep and wider at the bottom than at the top. After each of the 6 logs has a notch at each end, you can slide the two shorter logs into the slots to stabilize the entire craft. Since you made the notches smaller at the top, the logs will want to stay in and not fall out.

Finally, for phase three, you can never use too much rope or too many

knots. Securing the logs not only lengthwise but also in diagonal rope patterns is advised. Basically, you want the logs pushed together from all angles to ensure the most structural stability.

Learning how to build a raft is fairly easy but can be time consuming. It would be good to make this project a family affair as it can be fun as well as educational.

#### **Book Review...**

Bear Grylls is a man who has always loved adventure. After leaving school, he spent months hiking in the Himalayas as he considered joining the Indian Army. Upon his return to England after a change of heart, he passed SAS selection and served with 21 SAS for three years. During this time, he broke his back in several places in a free-fall parachuting accident and it was questionable whether he would ever walk again. However, after months of rehabilitation, focusing always on his childhood dream of climbing Everest, he slowly became strong enough to attempt the ultimate ascent of the world's highest peak. At 7.22 a.m. on 26 May 1998, Bear entered the Guinness Book of Records as the youngest Briton to have successfully climbed Everest and returned alive. He was only twenty-three years old and this was only the beginning of his extreme adventures...Known and admired by millions - whether from his prime-time TV adventures, as a bestselling author or as a world-class motivational speaker - Bear has been there and done it all. Now, for the first time and in his own words, this is the story of his action-packed life.

# **QUIZ**

- 1 If you were stuck in the wild with nothing to drink what would you do?
  - fizzy drink
  - dirty water
  - salt water
  - your own pee
  - clean water correct

2 If you were stranded in the rain forest with a tarpaulin what would you do

- make a tent roof correct
- use it for a blanket
- make a cup and use it to get rain and drink it
- through it away
- use for clothes

3 If you were in the wild with nothing to eat except.

- lollies
- don't eat any thing
- meat from animals on the island
- fruit and veg on the island correct

4 If you were stuck on island with only one bullet and a gun what would you do

- shoot something for food correct
- shoot a tree for fun
- kill yourself
- drop your gun off a clift
- give it away to someone

5 If you were going to lite a fire what sipplies would you use

- 1. two rocks for sparks
- 2. matches and paper
- 3. two sticks to spin on one another
- 4. a flint sticks and dead leaves correct
- 5. a bush and a flint

### **WORD JUMBLE**

sea-sae

raft- tarf

water- teraw

survive- eursvvi

survivor- sviurvro

rescrue- reesceur

survival- vivsurla

boat- toab

ocean- anceo

food- oodf

supplies- spsielup