

Lisa Williams - A Psychic Approach to Death & Dying 2025

During this course, you'll:

- **Strengthen your intuition and begin to develop psychic skills** to better understand the needs of those approaching physical death
- **Use your body as an intuitive tool** to increase sensitivity to physical cues that provide guidance during transition support
- Develop the ability to **engage in intuitive, nonverbal communication** to provide comfort and support
- **Practice techniques for communicating with families** to honor the desires of the one you're caring for while navigating sensitive family dynamics
- **Become comfortable with the uncomfortable aspects of end-of-life care** as you build resilience and a grounded perspective that prioritizes others' needs over personal discomfort
- Discover ways to **create a soothing, familiar environment** for a transitioning loved one by including personal items and arranging space to meet their needs, especially when they are in an unfamiliar setting
- Learn to **notice and interpret signs, messages, and synchronicities** that signal the presence of loved ones in spirit — and foster a sense of connection
- **Explore soul writing** — a practice that helps participants engage in meaningful “conversations” with loved ones who have passed
- Practice **dream journaling to capture and interpret reassuring messages, insights, or guidance** from loved ones who may appear in dreams
- Gain tools to **guide the one you're caring for through moments of transition** as you help them find a sense of calm and comfort in the final stages of life
- **Consider the use of music and intuitive tools** to create a comforting atmosphere — and help your loved ones or those you are caring for feel at ease during their transition
- **Apply letter writing and storytelling** to honor memories, express emotions, and strengthen connections to loved ones
- Identify strategies for self-regulation and setting healthy boundaries to **maintain your own wellbeing and avoid emotional burnout**
- Build awareness of **subtle signs that may indicate physical death is near** to prepare and support others in the final moments with greater peace and understanding

Module 1: Cultivate Your Intuition, Psychic Skills, Inner Presence & Stability to Help Others Compassionately Transition to the Other Side (February 4)



Explore the foundation of compassionate transitioning as you tap into your intuition and begin to develop the psychic skills you need to be a support system for others.

Intuition acts as a guide in end-of-life care that can help you **tune into the needs of the person you are supporting** and respond from a place of calm and presence.

Through mindful psychic practices — such as **body awareness, gratitude exercises, and breathing techniques** — develop tools to reduce stress, enhance self-regulation, and create a stable inner environment.

Lisa will share **techniques that not only support your own resilience but foster a comforting atmosphere for those you care for**, enriching your experience as supporter and for the person in transition.

In this module, you'll:

- Learn practical methods to **connect with and strengthen your intuition, and begin to develop psychic skills** as supportive tools to better understand the needs of those you care for
- **Experience meditations that help you stay grounded** and centered — and create deeper inner stability, presence, and compassion
- **Practice gratitude exercises and breathing techniques that naturally reduce anxiety** — and promote a calm state that positively impacts those you're supporting
- Discover how to **use your body as a psychic resource** to increase sensitivity to physical cues that provide guidance during moments of transition support
- **Gain tools for emotional self-regulation**, empowering you to manage stress and maintain confidence in even the most challenging situations

Module 2: Understand End-of-Life Emotional & Spiritual Needs to Listen With Presence & Create a Nonjudgmental Space for Expression & Support (February 11)



Delve into the emotional and spiritual needs that arise as someone nears the end of life.

Essential to this journey is the ability to listen deeply and compassionately — and to **offer your loved one or person you're caring for the freedom to express themselves without judgment.**

Learn the importance of setting aside personal beliefs to **fully support the other person's wishes and perspectives** — even when conversations are challenging.

Lisa will share active listening, breathwork, and self-regulation practices that help you **cultivate the inner calm needed to provide unwavering presence.**

Explore how to **arrange a physical space to bring comfort** by incorporating familiar items to create a safe, homelike environment.

These skills will empower you to create a compassionate atmosphere for those you are supporting as you **create a space where understanding and grace take precedence over control.**

In this module, you'll:

- Develop the ability to **listen fully and without judgment** — and understand that this skill is essential in end-of-life support and beyond
- Practice using eye contact to **build trust and connection** and help the person you're supporting feel truly seen and understood.
- **Explore the use of music and intuitive tools** to create a comforting atmosphere — and help your loved ones or those you're caring for feel at ease during their transition
- Learn to **be comfortable with the uncomfortable aspects of end-of-life care** as you build resilience and a grounded perspective that prioritizes others' needs over personal discomfort
- Discover ways to **create a soothing, familiar environment** for a transitioning loved one by including personal items and arranging the space to meet their specific needs, especially when they are in an unfamiliar setting

Module 3: Cultivate Intuitive Presence & Connection During Physical Death to Honor Emotional & Spiritual Needs (February 18)



Build on your active listening and intuitive skills as you learn to “read the room” and connect on a deeper level with the individual in transition.

This connection allows for intuitive, heart-centered communication, often without the need for words.

Learning how to be fully present, **create a comforting, supportive environment that prioritizes the wishes of the one you’re caring for** — whether it’s providing cherished items, fulfilling final sensory desires, or guiding moments of peace.

Lisa will share how to respectfully balance these wishes with family dynamics as you **develop confidence in facilitating sensitive conversations** that keep the needs of the one you’re caring for at the forefront.

In this module, you’ll:

- Learn to connect from a place of deep, compassionate presence to **enhance intuitive communication** with the one you are caring for
- **Practice techniques for communicating with families** to honor the desires of the one you’re caring for while navigating sensitive family dynamics
- Develop the ability to **engage in intuitive, non-verbal communication** to provide comfort and support without the need for spoken words
- Strengthen your intuitive abilities — and **build confidence to serve as a grounded, empathetic voice** for the needs of the one you’re caring for
- Gain tools to **guide the one you’re caring for through moments of transition** as you help them find a sense of calm and comfort in the final stages of life

Module 4: Learn Self-Care Techniques to Remain Balanced, Reduce Stress & Better Provide Emotional Support to Others (February 25)



Learn to manage the complex emotional and energetic challenges of supporting someone in transition.

Caregivers often find themselves balancing their role with personal relationships, home life, and work obligations — all while navigating the emotional weight of end-of-life care.

Lisa will share **journaling, boundary-setting, and structured self-care practices** that will help you develop habits that allow you to center yourself, respond thoughtfully, and maintain your wellbeing.

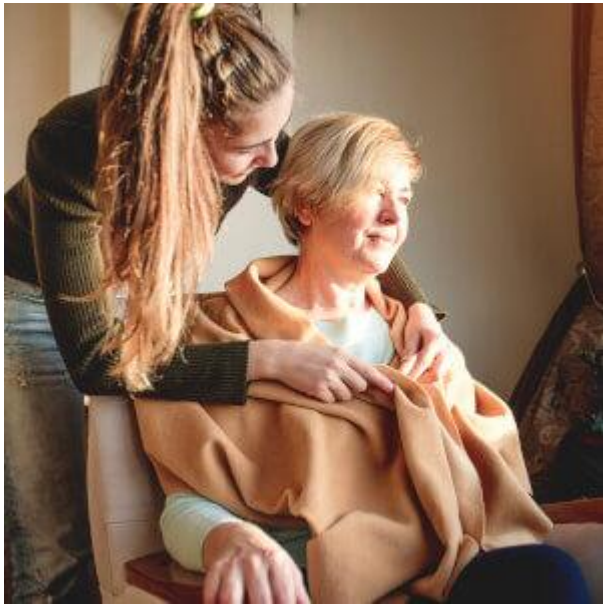
Through these practices, create a sense of calm and balance in moments of high tension, **enhancing your ability to be present and support those you are caring for.**

Explore how to navigate your own feelings, set healthy boundaries, and take “time-outs” for reflection to help **reduce stress and increase resilience.**

In this module, you’ll:

- Practice journaling exercises that help you **process feelings and shed light on challenging situations** as they arise
- Learn how to **establish and maintain boundaries in both personal and caregiving roles** to prioritize your own wellbeing — and enhance your role as caregiver
- Discover **self-care practices you can use daily** to reduce stress and reinforce a habit of caring for yourself
- Gain tools for stepping back and taking necessary “time-outs” to breathe and **find perspective in high-stress or emotionally charged situations**
- Explore techniques like **breathwork and guided reflection to stay calm and present**, reduce anxiety for yourself — and create a calming influence for those around you

Module 5: Understand Grief & the Subtle Cues Ahead of Physical Death to Better Support Families & the One Who is Transitioning (March 4)



Explore the sensitive role of supporting families through grief — both before and after a loved one's transition — as you come to **understand grief as a deeply personal and often unpredictable journey**, where each family member's emotions may vary widely.

Lisa will share **psychic tools to help you embrace intuition and active listening** to provide comfort without the need to “fix” or change what the family is experiencing.

By developing an awareness of the natural progression toward end-of-life, gain insights into recognizing signs of transition and how to **become a present and resilient guide during this profound time**.

Learn a compassionate approach to grief that creates space for families to experience their individual journeys in a supportive and understanding environment.

In this module, you'll:

- **Explore the varied expressions of grief** — recognizing that each family member's process is unique and allowing space for all emotions to be validated
- Practice listening from the heart **using intuition and your psychic abilities to understand and respond to family members' needs** — even when words are hard to find
- Learn journaling techniques to process your own feelings — and **enhance your capacity to support others with a clear and calm mind**
- Gain strategies for setting healthy boundaries to **maintain your own wellbeing and avoid emotional burnout**
- Build awareness of the **subtle signs that may indicate physical death is near** to prepare and support others in the final moments with greater peace and understanding

Module 6: How to Recognize Spiritual Signs & Deepen Your Intuitive Connection With Those on the Other Side (March 11)



Explore the ongoing connection between yourself and loved ones on the other side by further developing your psychic skills and intuition.

Lisa will share how you can **recognize spiritual signs, such as synchronicities and dream messages**, which can bring comfort and reassurance...

... and introduce techniques such as **soul writing and dream journaling** to help you **deepen your ability to communicate with those in spirit**.

Draw from concepts in Lisa's work, *Survival of the Soul*, to gain insights on the process of transitioning to spirit and realize that death is not an end but a transition to another dimension of existence.

Cultivate a lasting sense of connection and peace as your bond with loved ones who have transitioned continues beyond physical life.

In this module, you'll:

- Learn to **notice and interpret signs, messages, and synchronicities** that signal the presence of loved ones in spirit — and foster a sense of connection
- **Discover soul writing** — a practice that helps participants engage in meaningful “conversations” with loved ones who have passed
- Practice **dream journaling to capture and interpret reassuring messages, insights, or guidance** from loved ones that may appear in dreams
- Explore insights from Lisa's work, *Survival of the Soul*, to understand what happens when someone passes — and **recognize that death is an entry into a new dimension**

- **Develop a personal understanding of life's continuity** to provide comfort, alleviate fears of finality, and enrich daily life with the knowledge that loving bonds transcend physical existence

Module 7: Develop a Personal Philosophy on Death & Dying and a Psychic Ritual to Ease the Fear of Death & Remain Connected in Spirit (March 18)



Focus on your own emotional healing by developing a personal philosophy on death and honoring your loved ones through intuitive connection.

Explore what transition and the afterlife mean to you, allowing space for individual beliefs to shape their approach to grief and remembrance.

Through **guided practices such as meditation, letter writing, and storytelling**, learn to connect with the energy of your loved one, honoring their memory while caring for your own emotional needs.

These personal rituals and insights will help you **create an intuitive routine that supports resilience and self-care** in times of stress, ensuring you remain attuned to your own wellbeing as you move forward.

In this module, you'll:

- Reflect on personal beliefs about death and the afterlife — and **develop a philosophy that brings comfort and meaning** to the grieving process
- Participate in **a guided meditation to connect intuitively with a loved one's spirit**
- **Use letter writing and storytelling** to honor memories, express emotions, and strengthen your connection to loved ones
- Incorporate **intuitive and psychic practices and connection rituals into a routine** to support emotional resilience and self-care in times of stress

- Embrace the understanding that **self-care is essential to remaining balanced** and to better support the needs of others

Register Now

The *A Psychic Approach to Death & Dying* Bonus Offering

In addition to Lisa's transformative 7-week online course, you'll receive this special bonus offering to complement the course and take your understanding and practice to an even deeper level.

Survival of the Soul Ebook

Ebook by Lisa Williams



This profound exploration into life after death is guided by Lisa's experiences with the spirit world. Through personal stories, spiritual insights, and messages from the other side, this 237-page Ebook provides reassurance that death is not the end but a transition to a new phase of existence. It helps readers understand the stages of the afterlife, offering comfort and a deeper connection to their loved ones in spirit. This is an uplifting and enlightening guide for anyone seeking peace and clarity about what happens when we die.

Threads of the Soul Meditation

Audio Meditation by Lisa Williams



This 29-minute transformative meditation guides you into a profound space of connection and love, where healing transcends the physical realm. This practice bridges the soul's energy to another being — someone who has passed on or a loved one still present — allowing for deep emotional reconciliation and spiritual restoration. Through this experience, unlock the timeless threads of connection and foster love, healing, and unity at the soul level.