

3rd Grade Unit 15 Resource Page

FITNESS UNIT

<https://physedgames.com/category/fitness/>

UNO FITNESS

<https://www.pecentral.org/lessonideas/ViewLesson.asp?ID=1346#.XuGMVojYrrc>

FITNESS CHALLENGE MONTHLY CALENDAR

<https://www.pecentral.org/lessonideas/ViewLesson.asp?ID=133325#.XuGMkYjYrrc>

RESOURCES TO USE THROUGHOUT THE YEAR:

[American Heart Association - Jump Rope for Heart](#)

[Brain Breakers](#)

[CATCH](#)

[Choose My Plate](#)

[Elementary PE Games](#)

[Flag House YouTube Channel](#)

[Fuel Up to Play 60](#)

[Go Noodle](#)

[It's Time Texas](#)

[Online Physical Education Network](#)

[PE Central](#)

[PE Central Adapted Page](#)

[PE Universe](#)

[PhysEdGames](#)

[Physical Education Update](#)

[Texas Association for Health, Physical Education, Recreation and Dance \(TAHPERD\)](#)

[The PE Specialist](#)

