



**1) DAILY SEWA NEEDED ਕੈਂਪ ਵਿੱਚ ਸੇਵਾ ਦੀ ਲੋੜ ਹੈ**

Langar Sewa ਲੰਗਰ ਦੀ ਸੇਵਾ and Cleanup Sewa ਸਫਾਈ ਸੇਵਾ

- Langar Hall 8:00 am, 11 am, 1:00 pm, 8pm
- Dishes 8:30 am, 11 am, 1:00 pm, 8pm
- Gurdwara and Langar Hall Bathrooms 0730, 1030, 1330, and 1930

**2) DAILY SCHEDULE (Camp Day 2, 3, 4, 5 and 6; Aug 3, 4, 5, 6 and 7)**

<b>4:00-5:45am</b>	Darbar Sahib: Gurmantar Jaap
<b>5:45-7:00am</b>	Darbar Sahib: Nitnem
<b>7:00-8:00am</b>	Langar Hall: Breakfast
<b>8:00-8:30am</b>	Cabins: REST
<b>8:30-10:30am</b>	Darbar Sahib: Gurmantar Jaap only
<b>10:30-11am</b>	Langar Hall: Tea break
<b>11am-12:30pm</b>	Either Auditorium: English Katha <u>or</u> Darbar Hall: Jaap
<b>12:30-2:00pm</b>	Langar Hall: Lunch
<b>2:00-3:30pm</b>	Either Auditorium: Punjabi Katha <u>or</u> Darbar Sahib: Jaap
<b>3:30-4:00pm</b>	Langar Hall: Tea break
<b>4:00-5:00pm</b>	Question & Answer / Breakout sessions
<b>5:00pm-7:00pm</b>	Darbar Sahib: Evening Diwan
<b>7:00pm</b>	Langar Hall: Dinner
<b>7:45-8:15pm</b>	Langar Hall: Gurmantar Jaap and cleanup

**3) AREA AND ACTIVITY**

<b>Darbar Sahib</b>	Nitnem: 5:45am   Rehras Sahib: 5pm   Evening Diwan: 5-7pm
	Jaap: 4-5:45am, 8:30-10:30 am, 11am-12:30pm, 2pm-3:30pm
<b>Auditorium</b>	English Katha: 11:00am-12:30pm Punjabi Katha: 2:00-3:30pm
<b>Langar Hall</b>	Breakfast: 7am; Lunch: 12:30pm; Dinner: 7pm Tea: 10:30am and 3:30pm
	Gurmantar Jaap and cleanup: 7:45-8:15pm

**4) CHILDREN'S ACTIVITY (Dropoff and Pickup in Langar Hall except 5pm at Darbar Sahib)**

- Block 1: 8:30am-12:30pm | Block 2: 2pm-5pm
- Parents responsible for nap time, and breakfast lunch and dinner
- Kids will have snack given to them at 10:30 am and 3:30 pm

**Note: Daily guided meditation class with Bhai Deputy Singh Daily 9-10am Darbar Sahib  
Bhai Mohan Singh special day both Katha sessions Aug 3  
Amrit Sanchar on August 6 Parbaat Ferry and Rainsabai Kirtan on August 7  
Daily breakout workshop sessions with question and answer time 4-5pm**