

Week 10 Assignment: Weekly Journal

Instructions

After doing the reading and watching the lecture, answer the following questions and then submit them as .doc, .docx, or .pdf by 11:59 pm on Sunday. You can copy and paste the questions below, or download a copy of the worksheet to work on here.

Part A

Watch [Beyond the Cliff | Laura van Dernoot Lipsky | TEDxWashingtonCorrectionsCenterforWomen](#) (Viewing time: 19 minutes and 23 seconds) and answer the following questions:

1. Lipsky begins by talking about standing on a cliff. What are a couple of the metaphorical cliffs that she stood on throughout her life?
2. Is laughter a part of trauma stewardship? What makes you think so (or not)?
3. What are some of the sources of trauma that take a toll on people?
4. How is supremacy, oppression, and power related to trauma?
5. Lipsky quotes her mentor, "When there is suffering, there is more to do than hold it together." What do you think she proposes that you do?
6. What does this quote mean to you, "Brutality and beauty, pain and pleasure, annihilating moments and sublimating moments"?

Part B

1. Where do you feel like you fit within the human services profession?
2. Go to the website of a local human service agency
 - a. Could you find a mission statement, vision statement, or core values? If so, what is it?
 - b. Could you find any information about the expectations of the employees? If there is information on this, find the specific words that describe employee traits and discuss them.
 - c. Based on your research, what is your first impression about the kind of atmosphere, or organizational culture, you might expect to work in at this organization?
3. Questions, thoughts, concerns?

Purpose

These Weekly Journal assignments should help you to identify what is important in the lecture, create study tools to prepare for the exam, and reflect on and think more deeply about the week's topic and material.

Grading Criteria

- Answer each question fully and concisely, addressing all aspects of it. Points will be taken off if you fail to answer all questions or do not provide sufficient detail. Please refer to the rubric for this assignment, which reflects these criteria.
- Submit your answers as a .doc, .docx, or .pdf by 11:59 pm on Sunday. One point (aka 5%) will be taken off your grade for each day the assignment is late.

Submitting your Assignment

[How to Upload a File as an Assignment Submission](#)

Points: 20

Submitting a file upload

File Types: doc, docx, and pdf