

Title: From Burnout to Breakthrough: Our Season 1 Wrap-up

Podcast: The Elephant in the Org

Episode Number: 31

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Hosts: Marion, Cacha, and Danny of the Fearless PX

Theme Music: The Toros

Duration: 22 mins 14 secs

Episode Link: <https://theelephantintheorg.buzzsprout.com>

Episode Overview:

In this special season finale episode, the hosts of The Elephant in the Org reflect on their journey through Season 1, celebrating their achievements, recapping memorable moments, and announcing their summer hiatus. They discuss the impact of their conversations, the insights gained from their guests, and tease what's to come in Season 2.

Key Discussion Points:

- Reflection on reaching 30 episodes and the podcast's growth
- Highlights from memorable guest appearances and discussions
- The hosts' favorite moments and episodes
- Announcement of the summer hiatus and reasons behind it
- Teaser for upcoming content in Season 2

Key Takeaways:

- The podcast has covered a wide range of crucial HR topics, from psychological safety to performance management
- Guest insights have provided valuable perspectives on evolving HR practices
- The hosts have learned and grown professionally through their conversations
- There's a continued need for progressive, people-focused approaches in HR
- The podcast community has grown, connecting thought leaders and practitioners

Calls to Action:

- Assess your personal play identity and find ways to incorporate it into your work
- Experiment with reframing a challenging work task as a game or puzzle
- Discuss the concept of playful work design with your team or manager
- Follow Acey Holmes and BoredLess for more insights on playful work design
- Share your experiences with incorporating play at work using #ElephantInTheOrg

Upcoming Events:

Stay tuned for announcements about Season 2 launch and potential live events in the fall.

Follow these thought-leaders for more Insights and Information:

Jessica Donahue, Josie Batres, Michelle Minneken, Kim Minnick, Ruth Crick, Jim, Neil Pretty, Paula Brockwell, Adam Weber, and other guests featured throughout Season 1.

Upcoming Episodes:

Season 2 will kick off in the fall with exciting new topics and guests, including some returning favorites.

Disclaimer: The views and opinions expressed in this podcast are those of the hosts and guests and do not necessarily reflect any affiliated organizations' official policy or position.

Music Credits: Opening and closing theme by The Toros.

Production Credits: Produced by The Fearless PX, Edited by Marion Anderson

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