



November 2025

Salem, IL to Asheville, NC

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			 Mini Challenge Days: Nov 1 Nov 11 Nov 17 Nov 27		31 (October) Day 1 10 Miles	1 Day 2 20 Miles 
2 Day 3 30 Miles	3 Day 4 40 Miles	4 Day 5 50 Miles	5 Day 6 60 Miles	6 Day 7 70 Miles	7 Day 8 80 Miles	8 Day 9 90 Miles
9 Day 10 100 Miles	10 Day 11 110 Miles	11 Day 12 120 Miles 	12 Day 13 130 Miles	13 Day 14 140 Miles	14 Day 15 150 Miles	15 Day 16 160 Miles
16 Day 17 170 Miles	17 Day 18 180 Miles 	18 Day 19 190 Miles	19 Day 20 200 Miles	20 Day 21 210 Miles	21 Day 22 220 Miles	22 Day 23 230 Miles 
23 Day 24 240 Miles	24 Day 25 250 Miles	25 Day 26 260 Miles	26 Day 27 270 Miles	27 Day 28 280 Miles 	28 Day 29 290 Miles	29 Day 30 300 Miles

Destination 620 Miles Goal = 10 miles/day or 70 miles/week



December 2025

Salem, IL to Asheville, NC

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 (November) Day 31 310 Miles	1 Day 32 320 Miles	2 Day 33 330 Miles	3 Day 34 340 Miles	4 Day 35 350 Miles	5 Day 36 360 Miles	6 Day 37 370 Miles
7 Day 38 380 Miles  William H. Craig	8 Day 39 390 Miles	9 Day 40 400 Miles	10 Day 41 410 Miles	11 Day 42 420 Miles 	12 Day 43 430 Miles	13 Day 44 440 Miles 
14 Day 45 450 Miles	15 Day 46 460 Miles	16 Day 47 470 Miles	17 Day 48 480 Miles	18 Day 49 490 Miles	19 Day 50 500 Miles 	20 Day 51 510 Miles
21 Day 52 520 Miles	22 Day 53 530 Miles	23 Day 54 540 Miles	24 Day 55 550 Miles	25 Day 56 560 Miles	26 Day 57 570 Miles	27 Day 58 580 Miles
28 Day 59 590 Miles	29 Day 60 600 Miles	30 Day 61 610 Miles	31 Day 62 620 Miles 	1 (January) 	 Mini Challenge Days: Dec 11 Dec 13 Dec 19 Dec 31	

Destination 620 Miles Goal = 10 miles/day or 70 miles/week

