EAGLES

KINGDOM ATHLETICS

KINGDOM ATHLETICS MISSION

Building champions for Christ through the balanced development of Christian character, athleticism, servant leadership and competitive excellence.

KINGDOM ATHLETICS CORE SCRIPTURE

Colossians 1:16
For in him all things were created: things in heaven and on earth, visible and invisible, whether thrones or powers or rules or authorities; ***all things have been created through him and for him.***

KINGDOM ATHLETICS CORE VISION

Kingdom Athletics at Castle Hills strives to provide a Christ centered, competitive and character driven athletic experience for the student athletes of CHS. Athletics in its purest form provides valuable life lessons that extend way beyond the playing field. The coaching staff of CHS seeks to create highly competitive programs that equip athletes with a tool box of character lessons to be used while transitioning into Kingdom adulthood.

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KINGDOM ATHLETICS

KINGDOM ATHLETICS CORE VALUES

CLASS: Championship Behavior –develop the heart
DISCIPLINE: Diligent Preparation–train the mind
EFFORT: Relentless Intensity–transform the body

The Kingdom Athletics parent / student handbook is to be **read** by each Castle Hills athlete and guardian. Signing the covenant page for this document is your agreement to abide by the policies and procedures set forth in this document.

ATHLETIC FEES

All athletes will pay an athletic fee for **EACH** sport they choose to participate in. Fee amounts are set by school administration and are determined based on the standard needs of each sport. Fees go directly to supporting the operations of the Athletic Department and the needs of the individual sport. Athletic fees are non-refundable. ***Athletes will not be allowed to participate in any sport until that sport's fee has been paid.***

FORMS

Each of the following forms must be filled out on a yearly basis. ***Athletes will not be allowed to practice or compete until each of these are completed.***

- TMS: all TAPPS forms
- Rankone: Kingdom Athletics Handbook Covenant Page (digital form on Rankone)
- Website: Physical / Medical History. This form must be filled out by a doctor and emailed back to the athletic department at (awolf@castlehills.school)



ACADEMIC ELIGIBILITY

The Christian School at Castle Hills believes that student athletes are "students" first. The Athletic Department will place a strong emphasis on the academics of each of our athletes. ***A student will not miss a class for a game if they are failing a class. If they have below an 80 in a class, they will run during athletic hour until they get the grade to an 80.***

HELP CLASS FOR HS & MS

In order to provide extra emphasis on academics for our high school student athletes, grades will also be checked each Monday morning by the Athletic Department for help class purposes. If in any class a student athlete has a grade of 75 or below, he or she will be **REQUIRED** to attend help class during the athletic period each day for the rest of the week, and for each following week until the grade has reached at least a 76. ***No exceptions will be made*****.** Students will be allowed to join their teams for normal participation outside of an athletic period.

ABSENCES

All athletes must notify coaches prior to being absent from or late to a practice. Players who do not notify coaches in advance will be disciplined. ***If a player misses a practice, they will miss a part of the game–based on the sport. The only exception is a family emergency, a doctor's appointment, and a school function that is approved by the AD.*** Please try your best to schedule appointments carefully. We are trying to keep a unified locker room. ***Athletes must make up the physical activities missed because of an absence.*** Students with unexcused absences or that do not call ahead to let coaches know about an absence will face disciplinary action in addition to makeup work. ***Excessive absences may result in suspension or removal from the program.***



TARDINESS

Players that are late for class, workouts, games or meetings will be disciplined. Discipline becomes more involved with each tardy.

DAY OF CONTEST ATTENDANCE

On any game day, students must be in class at least half of that day in order to participate in a competition. A student may miss part of a game day for an appointment or other approved and excused event, but the time he/she is in class on a game day must equal to at least half of the school day. ***Students leaving after 4th period will not be allowed to play without an approved, excused absence.***

CODE OF CONDUCT

Our actions reflect those we represent. First and foremost, Kingdom Athletics at Castle Hills exists to glorify God. We desire to represent our Savior, as well as our school and our families, in the best possible way. Each time our athletes step into competition, we will conduct ourselves properly. We understand that athletics breeds competitiveness, but we will compete with honor and show self-control in a way that honors and pleases the Lord. Castle Hills Athletes will be required to always show respect to teammates, opponents, coaches, and officials no matter the circumstance. Disciplinary action will be taken to correct conduct that does not meet the standards of The Christian School at Castle Hills. Disciplinary action will be determined by the proper parties depending on the issue. Determining parties may include the administration, athletic director, or coaches. Consequences may include up to dismissal from the program.

We also expect our student athletes to conduct themselves properly away from competition. ***Whether in practice, in the classroom, away from campus, and even on social media, we expect our athletes to behave in a way that honors God.***



- **Social Media** Athletes are not allowed to post inappropriate social media content. Posts that damage the reputation of the athlete, the athlete's family, and CHS are not acceptable.

- **Drugs and Alcohol** Athletes are not allowed to drink alcohol or use drugs illegally. In addition, players are not to be anywhere alcohol or drugs are being used illegally. Athletes that are with other minors that are in possession of alcohol or drugs may be treated by authorities as though they have possession as well. There are no exceptions, and the repercussions for violating this rule will be severe and may involve removal from the program and/or school. This policy applies year-round and not just during the school year. Use of drugs and/or alcohol will involve a removal from athletic leadership roles.

TRANSPORTATION

Varsity athletes will generally ride to and from competitions on the team bus. On a case by case basis, other transportation means may be allowed for high school students. If other transportation means are approved to take place, a written and signed permission form will be required from the parent. ***The coach of each team will communicate their transportation expectations with families and athletes.***

Transportation will be provided for many of our middle school athletic events, however there are times when parents will be required to provide transportation. This information will be provided by each coach. If the school is providing transportation however, then the above guidelines for high school transportation will be enforced.

In the event that teams take an overnight trip, athletes will be asked to help cover the cost of hotel rooms. ***Athletes will not be asked to contribute more than $30 per student for hotel room cost.***



CARE OF FACILITIES AND EQUIPMENT

The Christian School at Castle Hills has been blessed with incredible facilities, and we do our best to provide top of the line equipment for our athletes to use. Both cost money to maintain and repair/replace. We must all be great stewards of the resources with which God has blessed us. As such, athletes must take care of the facilities they use and the equipment they are issued. Student athlete's school accounts will be charged repair or replacement costs if facilities or equipment are damaged from negligent or improper use.

DROPPING A SPORT

The Christian School at Castle Hills values commitment and a team first attitude. ***If a student chooses to participate in a sport and begins competition (first competition or scrimmage of each season) and then chooses to drop participating on that team, that student (will not be allowed to start practicing or competing in another CHS sport until one week after the sport they have quit has ended)*** We do understand that on very rare occasions circumstances require a change in a student's participation in a sport. Exceptions will be made only for health-related issues and extenuating circumstances. Exceptions will be determined by school administration and the athletic director on a case by case basis.

TRANSITIONING SEASONS

If a student plays in two consecutive CHS sport seasons they should finish the sport they are currently playing before beginning practices for the next season of CHS sport–unless both coaches have an agreement. For example, an athlete involved in a winter sport should finish the winter sport before participating in workouts or games for a CHS spring sport.



ATHLETIC UNIFORM POLICY

Unless specifically stated otherwise, all school-issued athletic uniforms are the property of the school, and therefore must be returned to the Athletic Department. For many sports, game uniforms will be issued prior to a game and then **MUST** be returned immediately after competition and before the student leaves campus. On occasion, especially in regards to tournaments, students may be issued a uniform for multiple days at a time. In this instance, ***students will be required to turn in their uniform at the time to the coach, not the athletic department.***

While in your student's possession, the uniform is your responsibility. If a uniform is not returned to the athletic department, or is returned in a damaged state (not including normal wear and tear from competition), the student's school account will be charged for the price of replacing the uniform.

HS SPORT CLASSIFICATION & ATHLETIC PERIOD EXPECTATION

In regard to training and athletic period involvement, we have two classifications of sport at CHS. Those two classifications are "team sports" and "lifetime sports". Team sports are those in which you must have a minimum number of players to compete. Lifetime sports do not have a minimum number and can generally be done on a more long term basis after high school. Please see a list of sports with their classifications below.

- **TEAM SPORTS**
  - Football
  - Volleyball
  - Basketball

  - Soccer
  - Cheerleading
- **LIFETIME SPORTS**
  - Cross country
  - Swimming
  - Track & Field
  - Tennis
  - Golf

Below you will see the athletic period expectations for team and lifetime sports.

Those who participate in "TEAM SPORTS" will be required to be enrolled in the athletic period and participate for the entire school year. If you participate in a team sport but your team sport is not currently in-season, you will report to "OUT-OF-SEASON" workouts during the athletic period.

Those who participate in "LIFETIME SPORTS ONLY" will not be required to be enrolled in the athletic period but may enroll if they desire. Once again this includes only students that participate in **NO TEAM SPORT.**

Those who participate in TEAM SPORTS AND LIFETIME SPORTS will be required to be enrolled in the athletic period and participate for the entire year.

Strength and conditioning is a mandatory requirement for those participating in team sports. This is a required element for all high school team sport athletes during the in-season and out-of-season times. Attendance will be taken and students will be given a grade for athletic period based on effort, attitude, and dressing out.

Athletic period dress code for high school

- Gray CHS athletic t-shirt OR CHS Athletic Dept Eagle T-shirt
- Black CHS athletic shorts
- Appropriate athletic shoes

Athletic period dress code for middle school and intermediate school

- Gray CHS athletic t-shirt OR CHS Athletic Dept Eagle T-shirt
- Blue CHS athletic shorts
- Appropriate athletic shoes

PLAYING TIME

In terms of playing time there are two natures of sport at CHS that present two different playing time scenarios.

- Varsity sports
  - Varsity sports are competitive in nature. ***Playing time is earned and not guaranteed.*** The athletes with higher skill level will receive the majority of playing time. Skill level will be assessed by the coaching staff. Varsity teams have the opportunity to represent CHS at the district, regional, and state levels. ***Therefore we will put our best foot forward.*** An athlete on a varsity team may not receive playing time.

- Sub-varsity sports
  - ***Sub varsity sports are developmental in nature.*** Coaches will strive to give each athlete playing time in each game. ***However, equal playing time is not guaranteed. Athletes with a higher skill level will receive more playing time***.



- ***Sub-varsity coaches are not required to play every player in a playoff or championship game.***

MANDATORY SERVICE HOURS

Each family of an athlete will be required to perform mandatory service hours during the fall or winter season that their student(s)' sport is played. Hours will be required per student, per sport. ***This means; if your student(s) plays multiple sports, you will be required to serve the required number of slots for each of those sports. If you have multiple children, you will be required to serve your allotment for each child.*** Volunteer opportunities may include running chains, gate, calling lines, keeping stats, working in the concession stand and more.

- Mandatory service hours only apply to team sports that host home games: Football, Volleyball, Basketball, Soccer.
  - High School Family Required Service Slots – 3
  - Middle School Family Required Service Slots – 2

EVENT CONDUCT

All persons attending a Castle Hills Athletics competition or event, **whether home or away**, will be expected to conduct themselves in a way that both honors the Lord and represents our school well. Again, we understand that ***athletics breeds competitiveness, but we want to always compete and cheer on our athletes in a positive way.*** Our expectation is for our fans to loudly cheer for our athletes, as well as to support good effort and play from our opponents. We will not, however, tolerate any negative or critical comments made towards our opponents, the schools they represent, or game officials. Consequences for this type of action may involve removal from the competition venue and possible refusal of admission to future athletic competitions.



Please help us continue to represent our great school in the best way possible.

PARENT CONVERSATIONS WITH COACHES

Please refrain from discussing any frustrations with coaches on the day of a game. Emotions are often high for all parties involved both prior to and following a competition. Our coaches also have many responsibilities on game days, including overseeing the care for the entire team and their helpers (assistant coaches, team managers, videographers, etc…). ***Conversations with coaches regarding any frustration are better suited to take place in a less emotionally charged environment, after both sides have had time to think and cool off.*** Please allow 48 hours to pass before reaching out to a coach to discuss an issue. ***Athletes will be made aware of the conversation and can be present if so requested. Juniors and seniors are encouraged to speak up for themselves to the coaching staff.***

Our ultimate goal is to partner with you to help develop young men and women who desire to honor the Lord. In an effort to do this properly, please keep all public comments positive. Any frustrations and concerns should be dealt with in the Biblical manner listed below.

CONFLICT RESOLUTION POLICY

The Christian School at Castle Hills uses the principles found in Matthew 18 to address all matters of conflict. Parents, in the event that a frustration or concern needs to be addressed, please follow the steps listed below. All teachers and staff have been instructed to operate in this manner in regards to resolving conflict. Our coaches and athletic department staff are to do the same.

1. Discuss the matter privately with your student's coach. (Please do not do this on game day. See above).
2. If the matter is not resolved in Step 1, you will then include the Athletic Director in the discussion.
3. If after Step 1 and Step 2 the matter is still not resolved, then school administration will be involved in the issue at hand.

*If the issue to be addressed involves the immediate safety or security of a student, please immediately contact the Athletic Director or school office.

Please understand that we will address matters with parents concerning only their student. We cannot address matters concerning another student.

FINANCIAL ELIGIBILITY

A student's financial accounts must be kept current for a student to participate in any extra-curricular activity at Castle Hills.

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5 TYPES OF RESPECT FROM EAGLE ATHLETES AND COACHES

"The Christian School at Castle Hills" and "Kingdom Athletics" are rich terms filled with meaning and identity for our school. Though our students and families do a wonderful job functioning in accordance with our ideals, it is always important to remind ourselves who we are and how we function. Respect is at the heart of our Christian identity and should be demonstrated in all situations. The list below reflects five kinds of respect expected at the Christian School at Castle Hills.

1. **Respect for coaches and the rules of the game.**
    a. Athletes and coaches are expected to play fair and always compete according to the rules.
    b. Athletes should also demonstrate respect for their coaches at all times.

2. **Respect for the officials no matter the call.**
    a. We do not expect our athletes to like or agree with every call made by an official. However, we always handle them respectfully as we may be the only Christian they ever meet.

3. **Respect for our opponent whether we win or lose.**
    a. Eagle athletes should treat opponents with dignity and grace even if they do not extend that same respect to us. There

should be no trash talk, cursing, or other types of disrespect toward our opponent.

4. **Respect for God.**
    a. Eagle athletes should always have an attitude of reverence during pre-game and post-game prayers. Being still, heads bowed, any head-gear removed.

5. **Respect for our country.**
    a. During the national anthem Eagle athletes should stand still facing the flag with our hand over our heart.
    b. Similarly, in class students should stand facing the flag, with their hand over their heart during the reciting of the pledge of allegiance.

These are baseline attitudes that we must maintain as a part of Kingdom Athletics and the Christian School at Castle Hills. We give honor where honor is due (Romans 13:7).

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Waiver and Permission to treat

I _____ as parent or legal guardian of _____ give permission to provide medical treatment for the child mentioned above in the event of my absence. I also agree to hold waive responsibility of the Christian School at Castle Hills and any of its employees, volunteers, or representatives in the rare event that my child experiences injury, illness, or death.

Date X ___/___/_____

Parent or guardian name X _____

Parent or guardian signature X _____

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Covenant Page

(after reading the Kingdom Athletics parent / student handbook, the athlete and at least one parent or guardian must sign this covenant page before an athlete is allowed to participate.)

I understand that my involvement with Kingdom Athletics is a covenant partnership. By signing this document I acknowledge that I have read and understand the Kingdom Athletics parent / student handbook. I agree to abide by all policies and procedures mentioned throughout the Kingdom Athletics parent/student handbook.

Date X ___/___/_____

Student athlete name X_____

Student athlete signature X _____

Parent or guardian name X _____

Parent or guardian signature X _____


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