## **Kentucky Psychological Association**

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## **KPA's Strategic Priorities**

Membership	Advocacy	Leadership
		Development

# **Kentucky Psychological Association Regular Board Meeting**

Date:	June 6, 2025	Time:	1:00PM
Location: Capital Plaza Hotel, Frankfort, KY			

#### **Minutes - DRAFT**

### **Attendance Board Members:**

Kari Jones (President)	Present	A.J. Steele (Past President)	Present	Federico Aldarondo President Elect	Present
Sarah Nolan, M.A. (Secretary)	Present	Lisa Steelsmith (Treasurer)	Present		

## **Attendance Central Office Staff:**

Eric Russ, Ph.D. (Executive Director)	Sarah Burress (Director of Operations)	Present	Megan Paxton, Ph.D. (Director of Professional Affairs)	Present
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### **KPA Board Members/Representatives In Attendance:**

Bluegrass Region Representative: Megan Marks, PhD Ohio Region Representative: Collin Davidson, PhD

KPA Western-Central Representative: Michael Farina, PhD Child & Adolescent Representative: Catherine Huffman, PsyD

KPA Academic Representative: Rick Grieve, PhD

Rural Practice Interest Section Representative: Nathan Ratliff, MA., LPP Health Psychology Interest Section Representative: Ian Boggero, PhD Diversity Interest Section Representative: Clinton Nowicke, PsyD

Clinical Section Representative: Ashley Belcher, PsyD

Masters Representative: Matthew Davis, EdS

Education & Training Interest Section Representative: Andri Yennari, PhD

At Large Representative: Melissa Hayden, PsyD At Large Representative: Demi Lincoln, PsyD KPAGS Representative: Miranda Weathers

Meaning & Connection Ambassador: Patti Weiter, PsyD

#### **KPA Board Members/Representatives Not Attendance w/Notice:**

APA Council Representative: Felicia Smith, PhD

Early Career Psychologist Representative: Catherine Veillon, PsyD

Appalachian Region Representative: TBD

#### Not Present-No Notice Received:

TOPIC	DESCRIPTION	CONCLUSION
President's Remarks	President calls the meeting to order at 1:13PM.	
Welcome &		
Introductions		
Approval of previous	Meeting Minutes from March 2025 were shared and reviewed.	Motion made by Federico
meeting minutes		Aldarondo to approve meeting
		minutes as presented, motion
		approved unanimously.

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Last Quarter	Lisa Steelsmith shared Q3 Financial Report.	Motion made by AJ Steele to
Financial Report	Kentucky Psychological Association-Balance Sheet: Budget vs. Actual, Profit & Loss reviewed	approve the financial report as presented, motion approved unanimously.
	Kentucky Psychological Foundation: Balance Sheet, Budget vs. Actual, Profit & Loss, Combined KPA/KPF P&L with Prior Year reviewed.	
	Credit card statements were reviewed, and all expenses were accounted for and reasonable.	
Executive Director Report-Russ	Membership: Continues to be strong-What are our members looking for now with the socio-political climate shifts-this will be a focus tomorrow.	
	CE: Continues to be strong, good registration rates, Most of 2026 events are planned.	
	Communication: Social media has slowed with Samm's departure, but a new administrative assistant will be starting Monday (Rory), KPA will explore an internship host possibility through Bellarmine University for communication interns. Creative communication strategies explored through podcasts, posts, Reels/TikToks etcPotentially we can gather data from KPAGS and Google Trends. Newsletter Entries by July 14th-please use the form attached to the Board Meeting Agenda.	
	KBEP: Fully staffed, licensure applications seem to be moving smoothly, They have started a finance committee-the board is utilizing their reserve funds and funds are decreasing, they have not raised fees since 2002. The committee has looked to see how to increase revenue. Creative ways to support members for any finalized financial changes were explored.	
	APA: Election for APA Council Representative Nominations are Open to APA members. APA Advocacy Team is working hard to preserve VA and Federal Bureau of Prisons Internships. Masters Licensure-still slow-drafts for competency and licensure are still in the works–we may potentially collaborate with other Masters' states regarding continued advocacy.	

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Director of	Current Strategic Priorities:	
Professional Affairs	*Strategic Priority: Advocacy, Parity & Practice Protection	
Report-Paxton	*Strategic Priority: State-Level Support & Oversight	
	*Strategic Priority: Equity, Ethics & Professional Integrity	
	*Strategic Priority: Practice Consultation & Member Support	
	*Strategic Priority: Communication & Resources	
	*Strategic Priority: Legislative Engagement	
	The U.S. Department of Labor's EBSA division is collecting stories about	
	network problems with Optum. Members are asked to report experiences,	
	potentially an anonymous form can be created to invite constituent	
	feedback.	
	Legislative Grant Application is Open; AI based services discussion,	
	especially for EAPs; Suspicious Emails Warning: Members flagged potential	
	phishing attempts from emails with OPM.gov addresses possibly targeting	
	those providing gender-affirming and DEI-related care.	
	those providing gender diffirming and BBI related care.	
	In consultation with Eric Russ and the Legislative Committee, it has been	
	determined that I will take on a more active role in the upcoming 2026	
	legislative session. This will include supporting Eric in direct lobbying	
	efforts, assisting with bill tracking, coordinating testimony, and	
	strengthening relationships with legislators and coalition partners to	
	amplify psychologists' voices in Frankfort.	
ACTION: 2025-2026	In a review of reducing expenses and increasing revenue, one option is voluntary	Motion made by Federico
Budget	reduction in salary and ending health insurance benefits for staff (it was not	Aldarondo to approve the
Duuget	utilized by most). Exploring changes to vendors that are being used as well.	• •
	Grant applications are explored but it is a highly competitive environment for all	proposed budget for KPA and the
	non-profits. One goal is to increase KPA Members to about 50% of Licensees.	proposed budget for KPF for
	non-profits. One goar is to increase KPA incliners to about 50% of Licensees.	2025-2026, motion approved
	Dropoged 2025 2026 budgets for each VDA and VDE presented and reviewed	unanimously.
ACTION: Office	Proposed 2025-2026 budgets for each KPA and KPF presented and reviewed.	Matian made by Esdevice
	In an exploration of ways to reduce operating costs, one option is to pay off the	Motion made by Federico
Condo Loan Payment	mortgage on the Office Condo. KPA owes \$90,000, one option is to pay it off	Aldarondo to approve the pay off
	through money earned in CDs and move the rest of funds into a reserve account.	of the mortgage according to the
		procedure presented, motion
		approved unanimously.

ACTION:	KPA Membership Dues Increase-last increase was 3 years ago.	Motion made by Federico
Membership Dues	Kra Membership Dues increase-last increase was 3 years ago.	Aldarondo to approve the Dues
Increase Policy	Proposed dues increase policy presented for review to start in January 2026.	Policy as presented, motion
increase Policy	1 Toposed dues merease poney presented for review to start in January 2020.	
	Proposed dues increase of approximately 5% presented to start in January 2026.	approved unanimously.
	Proposed dues increase of approximately 5% presented to start in January 2020.	Matter and by Follows
		Motion made by Federico
		Aldarondo to approve the Dues
		Increase of 5% for fully
		Licensed/Voting Members that are
		not considered
		students/supervisees, motion
		approved unanimously.
ACTION: Board	Kari Jones presented a nominee for the KPA Board for Appalachian	Motion made by Rick Grieve to
Member	Representative, Byron Thorpe submitted his resignation.	approve the nominee, motion
Appointment:		approved unanimously.
Allison Simpson		
CLOSED EXECUTIVE	Proposed Changes to the KPA Bonus Policy shared and reviewed.	Motion made by Lisa Steelsmith to
SESSION		adjourn for Executive Session at
		3:35PM, motion approved
		unanimously.
		Motion made by Ashley Belcher to
		end Executive Session at 4:05PM,
		motion approved unanimously.
		motion approved unanimously.
		Motion made by Federico
		Aldarondo to approve the
		proposed changes to the Bonus
		Policy
DISCUSSION ITEM:	Legislative Committee Updates	no action needed.
Advocacy Update	Legislative Toolkit-draft shared and reviewed-the goal is allow people to	
	access their legislative activity outside of Psychology Day.	
	2026 Legislative Session-interim hearings have started, many licensure	
	regulation needs are delayed because of the priorities scheduled for this	
	session. We are working on new Parity legislation.	

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allies and support legislators in their elections. Goal is to get another	
\$5000-\$10000 to add to the PAC account by the end of the year. Linked in	
Agenda is a letter to send to a goal of 10 people to increase PAC	
this way.	
Consultation Groups-will possibly explore opportunities for consultation	No action needed.
hours to also count towards continuing education.	
Feedback Survey Results were shared and reviewed.	No action needed.
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2026 Discussion	
Goal is to relaunch in January 2026, opening registration in June/July for	No action needed.
Demi Lincoln. Please forward information to networks.	
Convention will be November 13-15th, 2025 at the Downtown Hyatt in	No action needed.
Lexington. Please register and attend, especially the Awards Dinner.	
Awards Nominations-please submit names for consideration.	
Open Positions and recruitment-please submit names for those would be	No action needed.
interested or good for open roles.	
Board Member Tracking-please donate to PAC and KPF.	
KPA Board Member Quarterly Reports were shared and reviewed	
electronically.	
Annual Report Needs-Board members are asked to submit information for	
the annual report providing a synopsis on your efforts and activities.	
	Agenda is a letter to send to a goal of 10 people to increase PAC donations-be mindful of state/federal employees who may be restricted in this way.  Consultation Groups-will possibly explore opportunities for consultation hours to also count towards continuing education.  Feedback Survey Results were shared and reviewed. Registration Breakdown information was shared and reviewed. 2026 Discussion  Goal is to relaunch in January 2026, opening registration in June/July for participants. If you are interested in serving as a mentor, please contact Demi Lincoln. Please forward information to networks.  Convention will be November 13-15th, 2025 at the Downtown Hyatt in Lexington. Please register and attend, especially the Awards Dinner. Awards Nominations-please submit names for consideration.  Open Positions and recruitment-please submit names for those would be interested or good for open roles.  Board Member Tracking-please donate to PAC and KPF.  KPA Board Member Quarterly Reports were shared and reviewed electronically.  Annual Report Needs-Board members are asked to submit information for

Adjournment: Motion was made by Federico Aldarondo to adjourn. Meeting adjourned at 4:58PM; Next Meeting Scheduled for September 25, 2025