

Kentucky Psychological Association

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KPA's Strategic Priorities

Membership	Advocacy	Leadership Development
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Kentucky Psychological Association Regular Board Meeting

Date: June 6, 2025	Time: 1:00PM
Location: Capital Plaza Hotel, Frankfort, KY	

Minutes - DRAFT

Attendance Board Members:

Kari Jones (President)	Present	A.J. Steele (Past President)	Present	Federico Aldarondo President Elect	Present
Sarah Nolan, M.A. (Secretary)	Present	Lisa Steelsmith (Treasurer)	Present		

Attendance Central Office Staff:

Eric Russ, Ph.D. (Executive Director)	Present	Sarah Burress (Director of Operations)	Present	Megan Paxton, Ph.D. (Director of Professional Affairs)	Present
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KPA Board Members/Representatives In Attendance:

Bluegrass Region Representative: Megan Marks, PhD

Ohio Region Representative: Collin Davidson, PhD

KPA Western-Central Representative: Michael Farina, PhD

Child & Adolescent Representative: Catherine Huffman, PsyD

KPA Academic Representative: Rick Grieve, PhD

Rural Practice Interest Section Representative: Nathan Ratliff, MA., LPP

Health Psychology Interest Section Representative: Ian Boggero, PhD

Diversity Interest Section Representative: Clinton Nowicke, PsyD

Clinical Section Representative: Ashley Belcher, PsyD

Masters Representative: Matthew Davis, EdS

Education & Training Interest Section Representative: Andri Yennari, PhD

At Large Representative: Melissa Hayden, PsyD

At Large Representative: Demi Lincoln, PsyD

KPAGS Representative: Miranda Weathers

Meaning & Connection Ambassador: Patti Weiter, PsyD

KPA Board Members/Representatives Not Attendance w/Notice:

APA Council Representative: Felicia Smith, PhD

Early Career Psychologist Representative: Catherine Veillon, PsyD

Appalachian Region Representative: TBD

Not Present-No Notice Received:

TOPIC	DESCRIPTION	CONCLUSION
President's Remarks	President calls the meeting to order at 1:13PM.	
Welcome & Introductions		
Approval of previous meeting minutes	Meeting Minutes from March 2025 were shared and reviewed.	Motion made by Federico Aldarondo to approve meeting minutes as presented, motion approved unanimously.

Last Quarter Financial Report	Lisa Steelsmith shared Q3 Financial Report. Kentucky Psychological Association-Balance Sheet: Budget vs. Actual, Profit & Loss reviewed Kentucky Psychological Foundation: Balance Sheet, Budget vs. Actual, Profit & Loss, Combined KPA/KPF P&L with Prior Year reviewed. Credit card statements were reviewed, and all expenses were accounted for and reasonable.	Motion made by AJ Steele to approve the financial report as presented, motion approved unanimously.
Executive Director Report-Russ	Membership: Continues to be strong-What are our members looking for now with the socio-political climate shifts-this will be a focus tomorrow. CE: Continues to be strong, good registration rates, Most of 2026 events are planned. Communication: Social media has slowed with Samm's departure, but a new administrative assistant will be starting Monday (Rory), KPA will explore an internship host possibility through Bellarmine University for communication interns. Creative communication strategies explored through podcasts, posts, Reels/TikToks etc... .Potentially we can gather data from KPAGS and Google Trends. Newsletter Entries by July 14th-please use the form attached to the Board Meeting Agenda. KBEP: Fully staffed, licensure applications seem to be moving smoothly, They have started a finance committee-the board is utilizing their reserve funds and funds are decreasing, they have not raised fees since 2002. The committee has looked to see how to increase revenue. Creative ways to support members for any finalized financial changes were explored. APA: Election for APA Council Representative Nominations are Open to APA members. APA Advocacy Team is working hard to preserve VA and Federal Bureau of Prisons Internships. Masters Licensure-still slow-drafts for competency and licensure are still in the works-we may potentially collaborate with other Masters' states regarding continued advocacy.	

Director of Professional Affairs Report-Paxton	Current Strategic Priorities: *Strategic Priority: Advocacy, Parity & Practice Protection *Strategic Priority: State-Level Support & Oversight *Strategic Priority: Equity, Ethics & Professional Integrity *Strategic Priority: Practice Consultation & Member Support *Strategic Priority: Communication & Resources *Strategic Priority: Legislative Engagement The U.S. Department of Labor’s EBSA division is collecting stories about network problems with Optum. Members are asked to report experiences, potentially an anonymous form can be created to invite constituent feedback. Legislative Grant Application is Open; AI based services discussion, especially for EAPs; Suspicious Emails Warning: Members flagged potential phishing attempts from emails with OPM.gov addresses possibly targeting those providing gender-affirming and DEI-related care. In consultation with Eric Russ and the Legislative Committee, it has been determined that I will take on a more active role in the upcoming 2026 legislative session. This will include supporting Eric in direct lobbying efforts, assisting with bill tracking, coordinating testimony, and strengthening relationships with legislators and coalition partners to amplify psychologists’ voices in Frankfort.	
ACTION: 2025-2026 Budget	In a review of reducing expenses and increasing revenue, one option is voluntary reduction in salary and ending health insurance benefits for staff (it was not utilized by most). Exploring changes to vendors that are being used as well. Grant applications are explored but it is a highly competitive environment for all non-profits. One goal is to increase KPA Members to about 50% of Licensees. Proposed 2025-2026 budgets for each KPA and KPF presented and reviewed.	Motion made by Federico Aldarondo to approve the proposed budget for KPA and the proposed budget for KPF for 2025-2026, motion approved unanimously.
ACTION: Office Condo Loan Payment	In an exploration of ways to reduce operating costs, one option is to pay off the mortgage on the Office Condo. KPA owes \$90,000, one option is to pay it off through money earned in CDs and move the rest of funds into a reserve account.	Motion made by Federico Aldarondo to approve the pay off of the mortgage according to the procedure presented, motion approved unanimously.

ACTION: Membership Dues Increase Policy	KPA Membership Dues Increase-last increase was 3 years ago. Proposed dues increase policy presented for review to start in January 2026. Proposed dues increase of approximately 5% presented to start in January 2026.	Motion made by Federico Aldarondo to approve the Dues Policy as presented, motion approved unanimously. Motion made by Federico Aldarondo to approve the Dues Increase of 5% for fully Licensed/Voting Members that are not considered students/supervisees, motion approved unanimously.
ACTION: Board Member Appointment: Allison Simpson	Kari Jones presented a nominee for the KPA Board for Appalachian Representative, Byron Thorpe submitted his resignation.	Motion made by Rick Grieve to approve the nominee, motion approved unanimously.
CLOSED EXECUTIVE SESSION	Proposed Changes to the KPA Bonus Policy shared and reviewed.	Motion made by Lisa Steelsmith to adjourn for Executive Session at 3:35PM, motion approved unanimously. Motion made by Ashley Belcher to end Executive Session at 4:05PM, motion approved unanimously. Motion made by Federico Aldarondo to approve the proposed changes to the Bonus Policy
DISCUSSION ITEM: Advocacy Update	Legislative Committee Updates Legislative Toolkit-draft shared and reviewed-the goal is allow people to access their legislative activity outside of Psychology Day. 2026 Legislative Session-interim hearings have started, many licensure regulation needs are delayed because of the priorities scheduled for this session. We are working on new Parity legislation.	no action needed.

	KPA PAC-there is an ask from PAC to support building connections with allies and support legislators in their elections. Goal is to get another \$5000-\$10000 to add to the PAC account by the end of the year. Linked in Agenda is a letter to send to a goal of 10 people to increase PAC donations-be mindful of state/federal employees who may be restricted in this way.	
DISCUSSION ITEM: KBEP	Consultation Groups-will possibly explore opportunities for consultation hours to also count towards continuing education.	No action needed.
DISCUSSION ITEM: KPSC Debrief	Feedback Survey Results were shared and reviewed. Registration Breakdown information was shared and reviewed. 2026 Discussion	No action needed.
DISCUSSION ITEM: Leadership Academy	Goal is to relaunch in January 2026, opening registration in June/July for participants. If you are interested in serving as a mentor, please contact Demi Lincoln. Please forward information to networks.	No action needed.
DISCUSSION ITEM: KPA Convention	Convention will be November 13-15th, 2025 at the Downtown Hyatt in Lexington. Please register and attend, especially the Awards Dinner. Awards Nominations-please submit names for consideration.	No action needed.
DISCUSSION ITEM: KPA 2026 Board Recruitment	Open Positions and recruitment-please submit names for those would be interested or good for open roles.	No action needed.
DISCUSSION ITEM: Board Items	Board Member Tracking-please donate to PAC and KPF. KPA Board Member Quarterly Reports were shared and reviewed electronically. Annual Report Needs-Board members are asked to submit information for the annual report providing a synopsis on your efforts and activities.	

Adjournment: Motion was made by Federico Aldarondo to adjourn. Meeting adjourned at 4:58PM; Next Meeting Scheduled for September 25, 2025