

Student Basic Needs Center

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The SBNC combines the programs and services of the [Panther Pantry](#), the [Basic Needs Hub](#) and [BNSL Student Leadership](#) in an expanded and redesigned model that provides not just food, but meaningful access to resources, support, and community connection. The SBNC is rooted in our core mission to address student basic needs insecurity and also provides a welcoming and accessible space to access peer-to-peer support, build skills, share knowledge, and connect in community.

The Student Basic Needs Centers (SBNC) are open Tuesdays, Wednesday & Thursdays, 10am-3pm

[Cascade](#)
Student Union, 207

[Rock Creek](#)
Building 5, 113

[Southeast](#)
Mt. Tabor, 152

[Sylvania](#)
College Center, 216

STAY CONNECTED WITH US:  basicneeds@pcc.edu



[hub.pcc.edu
/basicneeds/
club_signup](https://hub.pcc.edu/basicneeds/club_signup)



[Instagram](#)
[@pcc_bnsl](#)



BASIC NEEDS HUB

A One-Stop Basic Needs Navigation Resource for PCC Students

PEER-TO-PEER MUTUAL AID

The **PCC Basic Needs Hub** is a part of the Student Basic Needs Center. Hubs are staffed by a team of Peer Resource Navigators. Our Peer Navigators are interns from PCC's Family & Human Services program and PSU's School of Social Work who offer a peer-to-peer model of support. Learn more about our services, locations, hours [here](#).

Join us at one of our Financial Wellness Workshops! Come for a free meal and learn how to master budgeting hacks, build a realistic savings plan, and avoid common financial pitfalls.

[Budget Hacks & Snacks](#)

Cascade, SU 207
Wednesday 10/8
2:00-3:00pm

[Savings & Sandwiches](#)

Rock Creek, 5-122
Wed, 10/22
2:00-3:00pm

[Savings & Sandwiches](#)

Sylvania, CC 216
Wednesday, 11/12
1:30-2:30pm

[Budgets & Bagels](#)

Southeast, MTH 100
Thursday, 11/20
10:30-11:30aam

Visit the Multnomah County Mobile Clinic at Southeast Campus

The Multnomah County Mobile Clinic will provide medical, dental, behavioral health, and case management services at the Southeast campus in the courtyard between the Mt. Tabor and Mt. Scott buildings. Services are available to students, staff, and community members on a first-come, first-served basis; signups are located in front of the clinic van. **The clinic will be at Southeast the 2nd & 4th Tuesdays of each month, 11am-2pm the following days:** Tuesday, 9/23 * Tuesday, 10/14 * Tuesday, 10/28, Tuesday, 11/ 25 * Tuesday, 12/9

SNAP Delays Related to the Federal Government Shutdown: [Click here for a list of resources](#)

Panther Pantry



PANTHER PANTRY

PORTLAND COMMUNITY COLLEGE

SCAN



The PCC Panther pantry is a stop-gap food access program offered through the Student Basic Needs Centers (SBNC). PCC Students can pick up groceries in person at their preferred campus SBNC or from campus Panther Pick Up Lockers. Students are allocated 50 credits each month to shop the inventory from the pantry. To access this resource, guests must create a PantrySoft account and place their orders online for pick up **AT LEAST 48 HOURS** prior.

Creating a PantrySoft Account and Placing an Online Order for Grocery Pickup

→ Create a [PantrySoft account](#) using your MyPCC username and password.

- ◆ You only need to create an account one time. You will be asked to update your registration once per year.

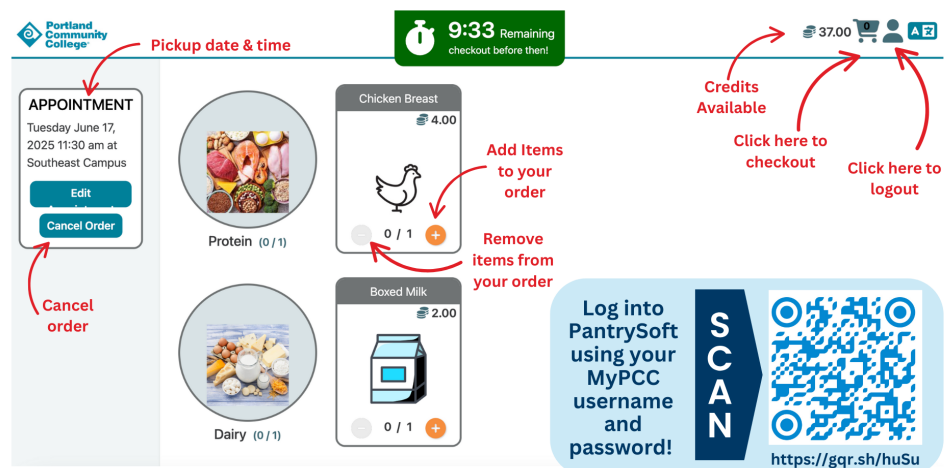
→ Log in to PantrySoft using your MyPCC username and password

→ Choose your pickup location and pickup type (Locker or In-person)

→ Select your pickup date and time

→ Select your items:

- ◆ Click the plus (+) icon to add an item to your cart.
- ◆ To remove an unwanted item from your cart, click the (-) minus icon to. Note: each item is assigned a credit value and some items have order limits (as seen on the item icon).



→ Click “Open Cart to Checkout”

→ Review Your Order

- ◆ If you want to change your order, click the X in the top right corner to return to the order menu

→ When your order is finished, click the “Checkout Now!” button

→ Review Your Order On the order summary screen, you will see your items and appointment time. You can choose to add this appointment to your calendar

→ Log out Click or tap the user icon on the top right to see a Logout pop-up. Click or tap Logout to exit

→ If you need to change, reschedule, or cancel your order after you have logged out, email basicneeds@pcc.edu

Find Food near you at [Food Finder](#). Find free groceries, meals, or places to double your SNAP EBT benefits near you.

Free Food Markets



FREE FOOD MARKETS

The Meals in the Moment program at PCC is designed to provide ready-to-eat food options to students. The Student Basic Needs Centers (SBNC) and the Identity Based Equity Centers (IBEC) will offer one meal on each campus the following dates & times until the food runs out.

- ★ Rock Creek - Friday, 9/26, 12:30pm-1:30pm
- ★ Cascade - Monday, 9/29, 12pm-1pm
- ★ Southeast - Wednesday, 10/1, 3:30pm-4:30pm
- ★ Sylvania - Monday, 10/13, 12:30pm-1:30pm
- ★ Cascade - Monday, 10/27, 12pm-1pm
- ★ Southeast - Wednesday, 11/19, 3:30pm-4:30pm
- ★ Sylvania - Monday, 11/24, 12:30pm-1:30pm
- ★ Rock Creek - Friday, 12/5, 12:30pm-1:30pm

Find more events from the Student Basic Needs Center



PANTHER PACKS

Panther Packs are grocery bag meal kits that are intended to provide students with a meal or two in addition to their monthly shopping limits. The kits include recipes with items that are typically available in the pantries. Fall Term 2025 Panther Packs will be available in each campus SBNC the following dates:

- ★ Tuesday, September 22
- ★ Tuesday, October 7
- ★ Tuesday, October 28
- ★ Tuesday, November 18
- ★ Tuesday, December 9



basicneeds
@pcc.edu



SCAN ME!



Meals in the Moment



The Meals in the Moment program at PCC is designed to provide ready-to-eat food options to students. The Student Basic Needs Centers (SBNC) and the Identity Based Equity Centers (IBEC) will offer one meal on each campus the following dates & times until the food runs out.

Meals in the Moment at the Student Basic Needs Centers

CA Campus, SU 207, Wednesdays 1:30pm * RC Campus, Bldg 5 113, Wednesdays 1:30pm
SE Campus, MTH 152, Thursdays, 10:00am * SY Campus, CC 216, Wednesdays 1:30pm

Meals in the Moment at the Identity Based Equity Centers

9/29	9:30am	Sylvania VRC, CC 226	10/28	12pm	Cascade WRC, SU 301
9/30	12pm	Southeast WRC, MTH 148	10/29	12pm	Southeast VRC, MTH 120
9/30	12pm	Cascade WRC, SU 301	11/3	10am	Sylvania WRC, CC 232
10/1	12pm	Rock Creek VRC, Bldg2 103a	11/4	12pm	Cascade QRC, SU 302
10/6	12pm	Southeast QRC, MTH 149	11/5	1pm	Southeast QRC, MTH 149
10/7	12pm	Sylvania QRC, CC 228	11/5	12pm	Rock Creek WRC, Bldg 7 119
10/7	12pm	Cascade QRC, SU 302	11/10	9:30am	Sylvania VRC, CC 226
10/8	12pm	Rock Creek WRC, Bldg 7 119	11/12	12pm	Rock Creek WRC, Bldg 7 119
10/13	12pm	Sylvania MC, CC 231	11/12	12pm	Rock Creek WRC, Bldg 7 119
10/14	12pm	Southeast MC, MTH 150	11/13	10am	Southeast MC, MTH 150
10/14	12pm	Rock Creek VRC, Bldg2 103a	11/17	12pm	Sylvania MC & WRC, Upper CC Mall
10/14	12pm	Cascade MC, CH 103	11/18	10am	Southeast WRC, MTH 148
10/20	9:30am	Sylvania VRC, CC 226	11/18	12pm	Rock Creek QRC, Bldg 5 121
10/21	12pm	Southeast WRC, MTH 148	11/18	12pm	Cascade VRC, SSB 201
10/21	12pm	Rock Creek QRC, Bldg 5 121	11/25	12pm	Cascade WRC, SU 301
10/21	12pm	Cascade VRC, SSB 201	12/1	12pm	Southeast VRC, MTH 120
10/27	12pm	Sylvania MC, CC 231	12/2	12pm	Rock Creek MC, Bldg 7 118
10/28	12pm	Rock Creek MC, Bldg 7 118	12/2	12pm	Sylvania QRC, CC 228

Need more information about Meals in the Moment and other basic needs programming? [Visit our events page!](#)

Transportation Access



TRANSPORTATION SOLUTIONS



BICYCLE RESOURCES

The PCC Bike Rental Program is an affordable bike rental program offered through the Student Basic Needs Centers. Our goal is to increase access to affordable, reliable, and sustainable transportation. PCC Students can rent a bike for \$15 per term! Bikes may be checked out for the duration of one or a maximum of three consecutive terms. Our bike fleet includes a mix of mountain and hybrid-style bikes equipped with fenders, a rack, lights, a bell, and a sturdy U-Lock. Students who rent a bike also receive a helmet to keep! [Apply for a bike rental](#). Free advice, support, and basic adjustments by an experienced bike mechanic are available at the Bike Shop for current students, staff and faculty. Find us at the Cascade Campus, Student Union Building, room 117.

For more information contact: bikeprogram.ca@pcc.edu.

E-Bike Rebate Offers from Portland Clean Energy Community Benefits Fund (PCEF) launches on 9/29/25!. You could get \$1,600 off a new standard Class 1 e-bike, plus an additional \$300 off for accessories. Join PCEF at one of the four PCC campus events, where you can ask questions and see an e-bike up close. These events are FREE and in-person only. Dates, time and locations can be found on our [website](#). If you can't attend an event, visit: portlandebikerebate.com to learn more and apply. You have until October 15, 2025, 11:30 a.m. to submit your application.

BIKETOWN for All is a program that provides Portland residents who live on low incomes with a reduced-cost BIKETOWN membership. Members will also have access to bike safety education and a free helmet. You're eligible if you're 16 or older, and receive SNAP, OHP, utility assistance (LIHEAP), unemployment assistance, affordable housing assistance, a Pell Grant, or have an income-eligible TriMet Honored Citizen pass. Applications are available [online](#) or you can email

The PCC Free Shuttle system operates from the Sylvania campus to the other 3 main campuses, DT Portland & SE Hawthorne. Check out the schedule on the [website](#).

Emergency Trimet HOP Cards for single-day use are available in the Student Basic Needs Centers, Tuesdays-Thursdays, 10am-3pm. These passes are only available to current PCC students and a student ID is required. Supplies are limited.

The TriMet Reduced Fare Program offers Honored Citizen Hop cards with reduced fares (\$1.40 for 2½ hours or \$28/month) and the [first month is FREE](#). Students who receive a Pell Grant or participate in a government benefits assistance program like OHP, SNAP or TANF, or who meet [household income requirements](#) qualify. Applications can be found on the [TriMet website](#), or PCC students can bring their benefits documentation to a PCC [Basic Needs Hub](#) or [Bookstore](#) to receive assistance with the application process.

Contact us for more information:

WEBSITE: <https://www.pcc.edu/basic-needs/transportation-solutions/>

EMAIL: basicneeds@pcc.edu

SHUTTLE & BUS SERVICE

Environmental Justice Offerings



Eco Social Justice Grant

A collaboration between PCC Sustainability and Basic Needs, Sustainability & Leadership

Funded by the Student Activity Fee

At PCC, we're all in this together. Issues of environmental degradation, inequality, and economic disparity impact us all. We value our student, staff, and faculty's commitment to sustainability and our culture of collaborative, innovative problem solving. From our learning gardens and water bottle fill stations to our rental bike and food justice programs, we have been working together to address our community's most pressing ecological and social justice challenges with fresh ideas. The Eco Social Justice Grant is administered through a student majority board. We look forward to learning about your proposal. Please review the following criteria before submitting your application.

- The Eco Social Justice Grant is limited in funds and will give preference to projects with budgets under \$15,000 or secured partial funding via other means. Other means may come from department budgets or outside sources.
- Student participation is encouraged in all projects.
- Projects shall support PCC's Climate Action Plan efforts, particularly around greenhouse gas emissions reductions, climate education and climate justice.
- Projects must be environmentally sound, socially just, and economically equitable.
- Projects shall contain publicity, education, and outreach components.
- PCC students, staff, and faculty are encouraged to submit project proposals. Individuals and organizations outside the college are not allowed to submit project proposals.
- Eco Social Justice funding will not support projects that are already mandated by law, college policy or previously and/or currently paid for by the college.
- All projects that require a permanent installation or storage must be signed off by facilities or the site manager.
- All grantees allocated Eco Social Justice funding are required to submit an End of Project Report to be released to the PCC community.

[Apply for an Eco Social Justice Grant](#) of up to \$15,000 that MUST be completed by June 1, 2027. Grants applications close December 1, 2025 at 12:00pm. Applicants will be notified the week of December 8, 2025.

Basic Needs, Sustainability & Leadership Fall Signature Events

Harvest Week, 10:30am-1:30pm

- 10/20 - Sylvania
- 10/21 - Cascade
- 10/22 - Southeast
- 10/23 - Rock Creek

Winter Crafting, 11am-2pm

- 12/1 - Sylvania
- 12/2 - Cascade
- 12/3 - Southeast
- 12/4 - Rock Creek



Questions about these programs? Email Chelsea at cellerts@pcc.edu

NEW! Free Food Alert

PCC FREE FOOD ALERT



APPLE STORE



PLAY STORE



Portland Community College is working towards combating food waste by offering a [Free Food Alert](#) to the campus community. Students can sign up to receive push notifications when food is available on campus during and after events. PCC staff and programs can sign up to be hosts, enabling them to send out notifications for free on campus.

[Sign Up for Free Food Alert](#)

The Free Food Alert system sends email and/or mobile push notifications when there is free food available on campus.

Resources for Hosts and Event Caterers

The Free Food Alert system enables event hosts and food services staff on campus the ability to send out alerts for free food giveaways. To use the system, event hosts should [sign up](#) and then complete the [Giveaway Host Training](#). Once an application is reviewed and approved by a college Free Food Alert administrator, event hosts will be able to send out free food alerts to all subscribers at the end of the event.



Frequently Asked Questions

In case of any questions about your giveaway host status, please reach out directly to basicneeds@pcc.edu. For other questions, please visit the [Free Food Alert's FAQ](#) page

APPLE STORE



PLAY STORE



Download the App

In order to receive Free Food Alert mobile smartphone push notifications, subscribers must download and log into the app