

PE Long Term Plan 2024-2025

Weeks:		9/9	16/9	23/9	30/9	7/10	14/10			28/10	4/11	11/11	18/11	25/11	2/12	9/12	16/12			8/1	13/1	20/1	27/1	3/2	10/2			24/2	3/3	10/3	17/3	24/3	31/3			22/4	28/4	6/5	12/5	19/5			2/6	9/6	16/6	23/6	30/6	7/7	14/7	
Y1 MH	T	FS	FS	FS	FS	FS	FS			FS	FS	FS	FS	FS	FS	FS				FS	FS	FS	FS	FS	FS			FS	FS	FS	FS	FS	FS			FS	FS	FS	FS	FS			FS	FS	FS	FS	FS	FS	FS	
	JS	G	G	G	G	G	G			G	G	G	G	G	G	G				G	G	G	D	D			D	D	D	D	D	D			A	A	A	A	A			A	Y	Y	Y	Y	Y	Y	Y	
Y1 CF	T	FS	FS	FS	FS	FS	FS			FS	FS	FS	FS	FS	FS	FS				FS	FS	FS	FS	FS	FS			FS	FS	FS	FS	FS	FS			FS	FS	FS	FS	FS			FS	FS	FS	FS	FS	FS	FS	
	JS	G	G	G	G	G	G			G	G	G	G	G	G	G				G	G	G	D	D			D	D	D	D	D	D			A	A	A	A	A			A	Y	Y	Y	Y	Y	Y	Y	
Y2 JB	T	FS	FS	FS	FS	FS	FS			FS	FS	FS	FS	FS	FS	FS				FS	FS	FS	FS	FS	FS			FS	FS	FS	FS	FS	FS			FS	FS	FS	FS	FS			FS	FS	FS	FS	FS	FS	FS	
	JS	G	G	G	G	G	G			G	G	G	G	G	G	G				G	G	G	D	D			D	D	D	D	D	D			A	A	A	A	A			A	P	P	P	P	P	P	P	
Y2 SA	T	FS	FS	FS	FS	FS	FS			FS	FS	FS	FS	FS	FS	FS				FS	FS	FS	FS	FS	FS			FS	FS	FS	FS	FS	FS			FS	FS	FS	FS	FS			FS	FS	FS	FS	FS	FS	FS	
	JS	G	G	G	G	G	G			G	G	G	G	G	G	G				G	G	G	D	D			D	D	D	D	D	D			A	A	A	A	A			A	P	P	P	P	P	P	P	
Y3 GS	T	IG	IG	IG	IG	IG	IG			IG	IG	IG	IG	IG	IG	IG				IG	IG	IG	NW	NW			NW	NW	NW	NW	NW	NW			D	D	D	D	D			D	D	D	D	D	D	D		
	JS	G	G	G	G	G	G			G	G	G	G	G	G	G				G	G	G	SF	SF			SF	SF	SF	SF	SF	SF			A	A	A	A	A			A	OA	OA	OA	OA	OA	OA	OA	
Y3 KN	T	IG	IG	IG	IG	IG	IG			IG	IG	IG	IG	IG	IG	IG				IG	IG	IG	NW	NW			NW	NW	NW	NW	NW	NW			D	D	D	D	D			D	D	D	D	D	D	D		
	JS	G	G	G	G	G	G			G	G	G	G	G	G	G				G	G	G	SF	SF			SF	SF	SF	SF	SF	SF			A	A	A	A	A			A	OA	OA	OA	OA	OA	OA	OA	
Y4 JW	T	IG	IG	IG	IG	IG	IG			IG	IG	IG	IG	IG	IG	IG				IG	IG	IG	NW	NW			S	S	S	S	S	S			NW	NW	NW	NW	NW			NW	D	D	D	D	D	D	D	
	JS	G	G	G	G	G	G			G	G	G	G	G	G	G				G	G	G	SF	SF			SF	SF	SF	SF	SF	SF			A	A	A	A	A			A	OA	OA	OA	OA	OA	OA	OA	
Y4 AB	T	IG	IG	IG	IG	IG	IG			IG	IG	IG	IG	IG	IG	IG				IG	IG	IG	NW	NW			NW	NW	NW	NW	NW	NW			S	S	S	S	S			S	D	D	D	D	D	D	D	
	JS	G	G	G	G	G	G			G	G	G	G	G	G	G				G	G	G	SF	SF			SF	SF	SF	SF	SF	SF			A	A	A	A	A			A	OA	OA	OA	OA	OA	OA	OA	
Y5 TH	T	S	S	S	S	S	S			S	S	S	S	IG	IG	IG				IG	IG	IG	IG	IG			IG	IG	IG	IG	IG	IG			NW	NW	NW	NW	NW			NW	D	D	D	D	D	D	D	
	JS	G	G	G	G	G	G			G	G	G	G	G	G	G				G	G	G	SF	SF			SF	SF	SF	SF	SF	SF			A	A	A	A	A			A	OA	OA	OA	OA	OA	OA	OA	
Y5 CB	T	IG	IG	IG	IG	IG	IG			IG	IG	IG	IG	S	S	S	S			S	S	S	S	S	S			IG	IG	IG	IG	IG	IG			NW	NW	NW	NW	NW			NW	D	D	D	D	D	D	D
	JS	G	G	G	G	G	G			G	G	G	G	G	G	G				G	G	G	SF	SF			SF	SF	SF	SF	SF	SF			A	A	A	A	A			A	OA	OA	OA	OA	OA	OA	OA	
Y6 EW	T	IG	IG	IG	IG	IG	IG			IG	IG	IG	IG	IG	IG	IG				IG	IG	IG	NW	NW			NW	NW	NW	NW	NW	NW			D	D	D	D			D	S	S	S	D	D	D	D		
	JS	G	G	G	G	G	G			G	G	G	G	G	G	G				G	G	G	SF	SF			SF	SF	SF	SF	SF	SF			A	A	A	A			A	OA	OA	OA	OA	OA	OA	OA		
Y6 DD	T	IG	IG	IG	IG	IG	IG			IG	IG	IG	IG	IG	IG	IG				IG	IG	IG	NW	NW			NW	NW	NW	NW	NW	NW			D	D	D	D			D	D	D	D	S	S	S	S		
	JS	G	G	G	G	G	G			G	G	G	G	G	G	G				G	G	G	SF	SF			SF	SF	SF	SF	SF	SF			A	A	A	A			A	OA	OA	OA	OA	OA	OA	OA		

FS – Fundamental Skills (Y1 – Y2)		G - Gymnastics		D - Dance		A - Athletics		Y – Yoga (Y1)	
IG – Invasion Games (Y3 – Y6)		NW – Net and Wall (Y3 – Y6)		SF – Strike and Field (Y3 – Y6)		OAA – Outdoor Adventurous Activity (Y3 – Y6)		P – Pilates (Y2)	

Lledr Hall