

Poppy Preschool Davis is excited to present “The Power of Play,”
a morning of engagement in early childhood development.

11/15/2025

8:45 am Attendees will arrive to fresh coffee and homemade muffins, take a peek at our raffle prizes, and settle in for our keynote speaker.

9:00 -9:45 am Key Note “The Power of Play: How Play Shapes Your Child’s Development”

The session will highlight the importance of play in children’s healthy growth and learning. Parents will discover how play helps children build confidence, solve problems, and connect with others. The goal is to help families understand why play matters and how it supports their child’s development in everyday life.

Patty Yeung

With over 15 years of experience in early childhood education as both a former DCCNS preschool teacher and parent, Patty Yeung is committed to enriching the lives of children, families, and educators. Currently a lecturer in child and human development at Sacramento City College and CSU Sacramento, Patty brings a deep understanding of developmental theory and hands-on teaching expertise. Her passion lies in supporting children’s growth and inspiring the next generation of early childhood professionals to create positive, nurturing learning environments.

10:00-10:45 am Choose one of the following:

Workshop #1 in Room 2

“Raising Confident Communicators: Early Childhood Speech & Language Development”

Goal: Parents will better understand Speech & Language development and milestones between the ages of 2 and 5

Goal: Parents will learn additional skills, techniques, and strategies for supporting their child’s speech, articulation, and overall language development at home.

Alison Schoenfeld

With 20+ years of experience as a pediatric SLP, Alison’s professional passion is with the intersection of communication and connection, recognizing that language is the heart of relationships, and that speech and social-emotional growth develop hand in hand!

OR

Workshop #2 in the Fellowship Hall

"I'm Bored!": Teaching Your Child to Entertain Themselves

This workshop will explain why the cultural shift pressuring parents to constantly entertain their children is a detriment to both the child's development as well as to family dynamics, and give parents easy, actionable steps to move away from the burden of keeping their child happy and busy all the time, and toward a more peaceful existence where they can entertain themselves and find contentment on their own.

Erin Hinton, MEd, has been dedicated to early childhood education for over 17 years. With a strong background in preschool teaching, she now serves as the director of both James Marshall Parent Nursery School in West Sacramento and Little Redwoods School in downtown Sacramento. A mother of four, Erin is deeply passionate about cooperative schools and their unique role in supporting and educating not just children, but entire families. Her work centers on building inclusive, nurturing communities where parents are empowered as partners in their child's learning journey.

11:00- 11:45 am Choose one of the following:

Workshop #3 in Room 2

"How to Support Your Grieving Child"

.I will briefly begin with Yolo Cares as an organization and the services offered here. Then we will dive into the "Center for Loss and Hope": what grief is, common emotions, how it shows up in our minds and bodies, and , what grief is, common emotions, how it shows up in our mind and bodies, and then how to support their child.

Cynthia Anderson

A dedicated advocate for youth who have experienced a significant loss who is passionate about creating a safe and supportive space where youth can process their grief. Currently pursuing a degree in Social Work and Counseling, Cynthia brings in her combination of training and lived experience to support grieving children and families. At Yolo Cares for Kids, she leads with her heart, to walk alongside youth who have had a significant loss to make them feel seen, heard and to give hope.

OR

Workshop #4 in the Fellowship Hall

The Power of Sensory Play: Supporting Neurodiversity in Early Childhood

This interactive workshop will help participants understand the essential role sensory play has in supporting regulation, learning, and development for all children. Participants will explore their own sensory processing, learn to recognize sensory needs in children, and practice modifying play activities to support diverse neurological profiles.

Josh Brown

Dr. Josh Brown, OTD, OTR/L is a pediatric occupational therapist and founder of Stage Bright Therapy, providing holistic in-home OT services for children and their families. He's passionate about helping parents and educators understand the "why" behind children's behaviors and giving them tools to support every unique brain.

12:00- 12:30 pm Meet back up in the Fellowship Hall. We will announce the raffle winner(s) and have a short Q and A with our event speakers.

- This event qualifies for 3 hours of continued education hours- certificate available upon completion.