

Shoot2Hunt - Archery Version

Why this training

Anything other than round count with structured practice that leads to on demand performance under hunting conditions is mental and ballistic masturbation. It shows up constantly on both the range and during hunting- a custom magnum rifle, with sketchy scope, and low round count, leads to missing and wounding animals.

People aren't missing animals because they don't have a big enough gun, or enough magnification. They miss due to lack of skill and knowledge. There is a path that consistently works to take a "normal" hunter and make them truly solid at mid ranges in a spring and summer. It's not the only way, but it has proven to work consistently and faster than any way which I, or those I'm around have seen.

Things that matter

Your ability to:

1. Identify game
2. Identify setups that work
3. Get into that setup and know when to back out and try again
4. Shot prep for THAT setup
5. Ability to follow up after the initial arrow is loosed

Section 1: Equipment

Bow

Sight

Peep

Rest

Stabilizers

Quiver

Release

Section 2: Equipment Setup

Sight Setup

Release Style

Quiver Setup

Rest style

Section 3: Shot Execution

Quiver to nock

Nock to Full Draw

Full Draw to Settle

Settle to Release

Release to Quiver

Section 4: Hunt Items

Finding Game

Spotting Game

Evaluating Setup

Shot Considerations for Common Setups

Let me know who would be interested in "developing" a "course" on effective bow hunting. The goal would be to talk about things that help you be a more effective bow hunter. Topics would include:

1. Equipment: What helps and what hinders real work effectiveness
2. Setup: How do you setup your equipment to allow a fast "Locate, Assess, Engage, and Execute" flow
3. Drills: A drill to practice the LAEE flow

Some examples might be:

1. Does a drop away rest actually improve your LAEE flow over a whisker biscuit?
2. Is your quiver setup such that taking an arrow from it, to the nock & rest is efficient? Can you do it without looking? Can you engage your release without looking?
3. Actually time shot execution from "walking down the trail" until "arrow release"

Shooting Drill

***** BE VERY CONSCIENTIOUS ABOUT NOT DRY FIRING YOUR BOW *****

Get Ideas from the Rifle Drill

A start - A consistent Anchor point - Grouping

At 20 yards, shoot 5 arrows. They should all be within a 3" circle. Once consistent precision from 20 yards is achieved, then back up to 30 and repeat for 4" circle.

Then move to positional shooting at 20 yards, same grouping radius. Then to 30 yards

- Kneeling
- Sitting
- Squatting
- Bent forward

Groupings should be consistent from these positions

Drill

1. Shoot at 20 yards ... take 10 steps back and shoot again without ranging
2. Shoot at 30 yards ... take 5 steps to right and shoot again ... 5 steps back shoot again

Repeat Drill - Timed

1. Shoot same sequence, but both shots off in < 20 seconds.
2. Same

Print out one each of these targets and post them up at 100 yards. This works best if you are using a setup that can be zeroed dead on at 100, however if you zero at a different range (200, 300, etc) is that zero as it will show using hold unders for hitting realistic targets. Each string starts standing with all equipment in hand or on body, I.E.- wearing pack, hiking sticks in hand, etc. If you carry empty chamber- all strings start with empty chamber.

DO IT EXACTLY HOW YOU CARRY WHILE HUNTING!

(They need to be printed out at 100% scale, and then they are still in shooter MOA, not true MOA). All shot at 100 yards.

STRING 1: No time limits.

7MOA = 2 shots offhand

5MOA = 2 shots sitting unsupported

3MOA = 2 shots sitting or keeling with sticks or backpack

2MOA = 2 shots prone (can use a pack, but no rear bag, no bipod)

STRING 2: Is a repeat of string one, but with a 20 second par time. I set a timer on my phone, if the shot isn't taken BEFORE the buzzer, it doesn't count.

7MOA = 2 shots offhand in 20 seconds

5MOA = 2 shots sitting unsupported in 20 seconds

3MOA = 2 shots sitting or keeling with sticks or backpack in 20 seconds

2MOA = 2 shots prone in 15 seconds (can use pack, but no bipod and no rear bag)

STRING 3: is a "medley". One shot from each position, with a 60 second par time.

60 seconds to go from standing with all gear strapped in, to-

7MOA = 1 shot offhand

5MOA = 1 shot sitting unsupported

3MOA = 1 shot sitting or keeling with sticks or backpack

2MOA = 1 shot prone (can use pack, but no bipod and no rear bag)

It's scored out of 20. A decent score is in the 15/20 range, 17 to 18 should be the goal for the first year. It's an excellent diagnostic tool as well as a great way to practice, and has a high correlation to performance with spot and stalk hunting shots.