

April 3, 2025

Dear Parent or Guardian:

Chrisney Elementary School is preparing to measure physical activity and nutrition behaviors using a web-based survey. Students in grades three and above will participate in the Student Health Assessment Questionnaire (SHAQ). The purpose of this survey is to assess the need to improve our nutrition and physical activity practices and to better understand if our efforts are improving the health of students. Questions on the survey assess students' physical activity and eating behaviors. The school technology teacher will administer the questionnaire on May 7th.

Ashley Peters, our school wellness coordinator, will supervise all measurement processes and will ensure your child's privacy is respected at all times. Your child's questionnaire data will remain strictly anonymous.

You can view the survey on our website: <https://ces.nspencer.k12.in.us/>

Please indicate below if you prefer your child did NOT participate in the survey:

☐ No, my child may not participate in the survey. (You may print off this paper, sign and send to school or email Ashley Peters at apeters@nspencer.k12.in.us to opt out.)

My child may participate in the survey. I understand that there is no need to sign and submit this form.

Child's First & Last Name: _____

Child's Teacher: _____

Additional questions can be directed to: Ashley Peters
2nd grade teacher/School Wellness Coordinator
apeters@nspencer.k12.in.us

Sincerely,

Tama Rickelman, Principal, Chrisney Elementary School

Ashley Peters, Wellness Coordinator, Chrisney Elementary School