

Shedding Light Immortal Visions;

Facebook page

zak.fetzner@gmail.com

Reverend Zachary Fetzner is a well-versed practitioner of the healing arts. He has helped several clients overcome challenges of smoking nicotine, depression and anxiousness. Other clients have benefited from the disciplines that Zak has such as Holy Fire Reiki, Hypno-Consulting and Theta Healing, leaving the office with better memory, more confidence and with a broader understanding of their self in relation to the world and their divine purpose. Originally Zak is from Northern Virginia where he gained his certificates to tune up and adjust his clients in the highest and best way for the highest and best good and now practices in the Kenosha area.

### **Holy Fire Reiki**

Reiki is the practice of utilizing mana or spiritual energy during hands on sessions to enable the client to relax and modify any disturbances mentally physically or emotionally. Reiki has been practiced since the Egyptian era and even Jesus was known to use the form of laying of hands over people who were suffering any type of malady. Holy fire has a lineage that started with Usui Rhyoho in Japan in the 1920s. After an extended stay on Mt. Kaurama where he practiced seeking penance and fasting he was spiritually awakened after the 21<sup>st</sup> day. He came down with the aroused inner knowledge of healing as a byproduct of his spiritual discipline. One of his master level students, Miss Hawayo Takata, brought over the practice to America in the late 1930s where she set up her practice in Hawaii. A course with her could cost up to ten thousand dollars. Most recently William Rand awoke to a new strand of Reiki branching off the Usui Linage in 2014 calling it Holy Fire Reiki. This gentle form of healing has made remarkable results in America, spreading nationwide to the point where a Reiki practitioner can be found in almost every city.

A session of reiki alone can last up to an hour long. One who wishes to get a session merely has to relax onto the table and be willing to receive divine light. The practice follows a regiment of different points up and down the body and intuitively the practitioner will know where and how to lay the hands for the most beneficial results. A tune up is usually an hour long.

If a client is interested in becoming a practitioner there are three levels of Reiki for which one gains access to the spiritual force lying dormant within themselves. People can benefit from these attunement's creativity to enhance their art whether it be singing or dancing, drawing or for a sport and can gain the tools necessary to work on themselves for perpetual self-healing.

### **Hypno-Consulting**

Yogi Bajan states if one doesn't wish to do yoga or meditate that hypnosis is the next best thing. Unlike other healing modalities where there is a surrender to a higher power to witness the divine work, hypnosis is founded on empowering yourself through your own will and belief. The facilitator's job during hypnosis is merely to bring you to a state of peace and relaxation where you can operate on yourself without distraction or doubt. Hypnotists are found on the set of almost every movie providing a conducive environment for the actor to play their role with confidence. Major sport athletes like Tiger

Woods has a personal hypnotist to help visualize success. Even in football the Pittsburgh Steelers have their own hypnotists preparing them before and after games. Off the field and out of the spot light hypnosis finds its home with smoking cessation, weight loss and absolute relaxation. Scripts can be read and recorded for the client to listen to over and over to continue to develop in the way that is preferred by each person. Cases have shown that hypnosis can improve memory, help with fertility or urinary incontinence, dispel bad dreams and reduce anger. For those that believe, hypnosis can help bridge the gap with those who want to learn more about past or future lives using a technique called regression.

A session can last up to an hour and packages for smoking cessation can be obtained in a bundle of 3 separate sessions.

### **Theta Healing**

Vianna Stibal created an advanced form of focused thought and focused prayer connecting to the roots of our primordial soul. Long ago humans were much more intuitive than they are today our connection with nature and the environment was much more vivid and lively as well. This technique was considered to be developed thousands of years ago and has been brought back to the public in the form of Theta Healing. Our brain operates on different wave lengths that have been categorized by scientists and fall into five classes: Alpha, Beta, Delta, Gamma and Theta. Through the theta wavelength we enter a state of total unison with who Miss Vianna calls The Creator or God. In this state we are able to command and witness the creator performing instantaneous healings and changes. The process works also on pulling limiting beliefs, and replacing them with what would be more proper for the client. Miraculous things have happened during a Theta healing session where people who were paralyzed left with the ability to walk. Common also is to command to witness communication with our own spirit or the spirit of those who have passed. Another example is witnessing and brain chemistry becoming balanced in a very short time. Theta healing denotes limitless power to our thoughts stating that they are a "psychic energies" that effects our health and happiness. Thinking prosperous attracts prosperity in our lives. All psychic centers or chakras are used and worked on during time spent in the theta state but the most prevalent is the crown chakra. Scientists have discovered functioning in the theta frequency can Alleviate stress and promote long lasting reductions of anxiety, facilitate deep physical relaxation and mental clarity, synchronize both hemispheres of the brain and increase verbal ability and verbal performance IQ.

A session in theta healing can last from 30 min to an hour where the client sits down and rests their hands over the practitioner's.

