

MCMP Trainings Provided by Mentor Minnesota

I have a series of trainings that may be helpful as you begin your mentoring journey. While these are not required before meeting with your mentee, they provide valuable insights to support you in your role.

You can choose to read or listen to the trainings—both options will be available. The total time to complete them is approximately two hours. Once finished, let me know, and I will provide a training completion certificate and keep a record in your file.

parentengagement@austinaspires.org or 507-318-6160

Training 1: 35 Minutes

[Read](#)

Watch: [Introduction \(buzzsprout.com\)](https://buzzsprout.com)

Training 2: 22 Minutes

[Read](#)

Watch: [Providing Emotional Support and Empathy \(buzzsprout.com\)](https://buzzsprout.com)

Training 3: 20 Minutes

[Read](#)

Watch: [Practicing Cultural Humility \(buzzsprout.com\)](https://buzzsprout.com)

Training 4: 29 Minutes

[Read](#)

Watch: [Making Room for Fun and Play \(buzzsprout.com\)](https://buzzsprout.com)

Training 5: 23 Minutes

[Read](#)

Watch: [Attunement in Mentoring Relationships \(buzzsprout.com\)](https://buzzsprout.com)