

Practice Exercises Simple Present or Present Continuous? Circle the correct option.

1. It rains / it's raining very hard - maybe we shouldn't go out.
2. I eat / I'm eating lunch with my coworkers every day.
3. My son hates / is hating vegetables. He never eats them.
4. William's not home right now. He travels / He's traveling.
5. These shoes don't fit / aren't fitting. I need a larger size.
6. From the tone of her voice, it sounds / it's sounding like she's angry.
7. My sister has / is having long black hair.
8. I usually go / I'm usually going to the gym in the morning.
9. My car is being repaired, so I rent / I'm renting a car this week.
10. I confess / I'm confessing that I have a drinking problem.
11. I just finished the book. Now I understand / I'm understanding why everyone loves this author.
12. They consider / They're considering buying the house; they said they'll decide by the end of the week.
13. We currently know / We're currently knowing nothing about the matter.
14. He approves / He's approving of your idea.
15. I've done my part. Now it depends / it's depending on you.
16. I have / I'm having a headache, so I have / I'm having trouble concentrating today.

Always / Continually / Constantly + Present Continuous

Complete these sentences in the present continuous using the suggested words:

Example: "My daughter can't go 5 minutes without her smart phone. She's continually checking it." (continually / check / it)

1. "You're going too fast! Slow down!" "Come on, Mom,
_____!" (constantly / criticize / my driving)
2. "Henry said he's not going to finish the work on time."
"_____."
(always / miss / deadlines)
3. "They've just gone to McDonald's for the 5th time this week."
"_____."
(continually / eat / fast food)
4. "I can't find my keys!"
"_____." (constantly / lose / things)
5. "She wants us to look after her dog while she's on vacation."
"_____." (always / ask for / favors)