

- “28 Days To A Client” -




The Real War Mode Day Plan + Report.

	Priority Level	Task List For The Day (Set Tasks That Make Progress Towards MY Goals)
1. ✓/✗	✓	Wake up, go and meditate for the hour, just sit there and truly think.
2. ✓/✗	✓	Work out, cardio, Cold shower afterward.
3. ✓/✗	✓	Organise my prospects better, keep three niches, one for local, one local and international, and one fully international.
4. ✓/✗	✓	Review boot camp of reviewing and breaking down copy.
5. ✓/✗	✓	Break down a students piece of copy.
6. ✓/✗	✓	chess
7. ✓/✗	✓	Begin writing a new outreach for another niche.
8. ✓/✗	✓	Begin writing free values
9. ✓/✗	1	
10. ✓/✗	✓	Review my day.
11. ✓/✗	2	
12. ✓/✗	2	
13. ✓/✗	2	
14. ✓/✗	3	
15. ✓/✗	3	
16. ✓/✗	3	
17. ✓/✗	3	
18. ✓/✗	3	
19. ✓/✗	3	
20. ✓/✗	3	

Day Number: twelve







Date: 25/03/2023

Start Of The Day - Time: 6 am

	 3 Things That I Am Excited To Have In The Future? 
1.	Gaining the first client
2.	Getting in better shape
3.	Complete real war mode plan everyday

Hour-By-Hour **Tracking:**

[Track+Measure=Improve]

 Task:	 Task = Set The Task That I Intend To Complete This Hour?
 Intention:	 Intention = What Is My Plan Of Action To Complete This Task For This Hour?
 Reflection:	 Reflection = Did I Complete This Task For This Hour? If Not, Then Why?

My War Mode Words:

1. I Am Acting With No Limits To My Abilities!

2. I Am Being All That I Can Be, Every Hour And Every Day!

3. Every Word I Am Saying And Thought I Am Thinking Is Positive!

4. I Am Being Enthusiastic About Completing Each Task!

5. I Am The Best Copywriter In The World!





**(Delete Any Boxes Below That Are Before
The Time That You Start Your Day In Your
Own Copy)**







\$ 6 am: Task \$	Wake up, go and meditate for the hour, just sit there and truly think.
🔔 Intention 🔔	Im gonna wake up, and go sit out in my back yard, and just think, about where I'm headed, where im going, what needs to be done, just thinking with no distractions.
✍️ Reflection ✍️	complete







\$ 7 am: Task \$	Work out, cardio, Cold shower afterward.
🔔 Intention 🔔	After meditating, I plan to work out straight away, doing cardio as I want the benefits of cardio.
✍️ Reflection ✍️	complete







\$ 8 am: Task \$	Chess along with breakfast, semi break.
🔔 Intention 🔔	Half hour of chess, take a half hour to refresh.
✍️ Reflection ✍️	complete





\$ 9 am: Task \$	Organise my prospects better, keep three niches, one for local, one local and international, and one fully international.
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 Intention 	Plan to put niches in subcategories of who I reach out to, one for local businesses, one for local and international, one for purely international.
 Reflection 	complete

 10 am: Task 	
 Intention 	
 Reflection 	

 11 am: Task 	
 Intention 	
 Reflection 	

 12 am: Task 	
 Intention 	
 Reflection 	

 1 pm: Task 	
 Intention 	

 Reflection 	
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\$ 2 pm: Task \$	
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 Intention 	
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 Reflection 	
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\$ 3 pm: Task \$	
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 Intention 	
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 Reflection 	
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\$ 4 pm: Task \$	
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 Intention 	
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 Reflection 	
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\$ 5 pm: Task \$	Review boot camp of reviewing and breaking down copy.
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 Intention 	Review it, get it done
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 Reflection 	complete
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\$ 6 pm: Task \$	Break down a students piece of copy.
🔔 Intention 🔔	Break down/review a students copy.
✍️ Reflection ✍️	complete

\$ 7 pm: Task \$	Begin writing a new outreach for another niche.
🔔 Intention 🔔	Write an outreach for another niche, I have one outreach perfect for one niche, and two more niches need outreaches.
✍️ Reflection ✍️	Started a draft.

\$ 8 pm: Task \$	Begin writing free values
🔔 Intention 🔔	Begin to write free values, I won't get any better unless I start practicing
✍️ Reflection ✍️	complete

\$ 9 pm: Task \$	Review my day
🔔 Intention 🔔	Reviewing everything before planning next day.
✍️ Reflection ✍️	complete

\$ 10 pm: Task \$	
🔔 Intention 🔔	
✍️ Reflection ✍️	

\$ 11 pm: Task \$	
🔔 Intention 🔔	
✍️ Reflection ✍️	

\$ 12 pm: Task \$	
🔔 Intention 🔔	
✍️ Reflection ✍️	



End-Of-The-Day Report:



🧠 What Did I Learn Today? 🧠

NEW What Do I Plan To Do Differently Tomorrow? NEW

NEW

What Do I Plan To Do The Same Tomorrow?

NEW



Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With?





What Tasks Were Left Undone?



Brain Dump: