Actions you can take now for racial justice

(This list has multiple, specific offerings for white people. However, not all offerings are soley for white people. This list can be used to support the beginning of learning and action in institutional settings. The list is not guaranteed to be up to date with current events.)

Learning

Throughout Trial Over George Floyd's Death, Killings by Police Mount

Freedom School by Adaway Group

will give you the analysis, intellectual framework, and practical tools you need to think critically about oppression and actively move towards liberation. The entire 12 months will be grounded in the Black feminist perspective

The Revolutionary Love - Learning Hub - Valarie Kaur

Join Valarie Kaur to reclaim love as a force for justice and change in our world.

Equity in the center - working sessions & trainings

working sessions, and partner trainings designed to shift mindsets, practices and systems in the social sector to increase race equity and build a Race Equity Culture.

Milagros Phillips - Lunch and Learns

Learn in small groups via zoom, learning combines present day events, history, and ways to deepen understanding of racism and heal racism.

Learning for white people specifically

White women working together

For white women, gender-expansive, nonbinary, and other gender fluid folks to gather and work through the ways we experience and perpetuate racism.

https://judy-blair.com/services/current-public-offerings/

How to help your black & non-black friends right now, Kat Vellos https://weshouldgettogether.com/blog/how-to-help-your-black-and-nonblack-friends-right-now

Trainings for change - White people confronting racism

https://www.trainingforchange.org/public_workshops/white-people-confronting-racism/

Ideas on taking action for white people specifically:

5 ways white people can take action in response to white and state sanctioned violence https://medium.com/@surj_action/5-ways-white-people-can-take-action-in-response-to-white-and-state-sanctioned-violence-2bb907ba5277

75 things white people can do for racial justice

https://medium.com/equality-includes-you/what-white-people-can-do-for-racial-justice-f2d18b0e0234

More reading & learning resources:

Racial equity tools

https://www.racialequitytools.org/resources/fundamentals

Anguish & action - racism & police violence https://www.obama.org/anguish-and-action/

Anti-racism resources & learning for white people

Curriculum for White Americans to educate themselves on race and racism http://citizenshipandsocialjustice.com/2015/07/10/curriculum-for-white-americans-to-educate-themselves-on-race-and-racism/

Phone calls & letters & petitions

Color of Change - Campaigns

Full list of updated online petitions

https://drive.google.com/drive/folders/1FiauY0u6_kREKMxSM52a4H1xS1gysMIc

Justice for Breonna Taylor

https://action.justiceforbreonna.org/sign/BreonnaWasEssential/

Color of Change—Sign a Petition to End Violent Policing Against Black People

Sign this petition calling for the end of police violence against Black people.

https://actionnetwork.org/letters/demand-justice-for-tony-mcdade?

https://act.colorofchange.org/sign/demand-justice-ahmaud?

Letters for black lives

Crowdsourced, multilingual, and culturally-aware resources aimed at creating a space for open and honest conversations about racial justice, police violence, and anti-Blackness in our families and communities.

https://lettersforblacklives.com/about-the-letter-ed27ea67eb2e

Giving - long-term

National organizations:

- Black lives matter
- Color of change
- Loveland Therapy Fund
- Campaign Zero
- Unicorn Riot
- RAICES

Washington State organizations:

- <u>Black Visions Collective</u>, a group that was recommended by the Seattle Black Lives Matter chapter
- Washington Building Leader of Change (WA-BLOC), a local Seattle organization that supports Black and Brown young people to become change agents
- Real Rent Duwamish
- Seattle Black Child Development Institute
- Creative Justice
- Hilltop Gardens
- <u>Liberation Medicine School</u>
- Village of Hope
- WA-BLOC (Washington Building Leaders of Change)
- Mother Africa
- Tacoma Urban League

Alternatives to calling the police

Ways to not call the police

https://www.aaronxrose.com/blog/alternatives-to-police?fbclid=lwAR0eJaPYSehUS31B DbhcfslGnmWqBQfzGvDeBdVdKhxMe2t2cMEXo-rE8eo

Choosing where you shop, supporting black-owned businesses:

https://intentionalist.com/

300 black-owned businesses:

https://bosswomen.org/2020/06/03/boss-women-media-presents-300-black-owned-businesses-directory/

Voting

Progress Alliance to contribute to: https://washingtonprogress.org/home

Let's collect our cousins (to vote)

https://actionnetwork.org/forms/lets-collect-our-cousins-to-vote

Talking with white friends and family

White Ally toolkit materials by David Campt https://www.whiteallytoolkit.com/

Jay Smooth's tedx talk - How I Stopped Worrying and Learned to Love Discussing Race. http://www.illdoctrine.com/2011/11/my_tedx_talk_how_i_stopped_wor.html

White fragility, why it's so hard to talk to white people about race

https://goodmenproject.com/featured-content/white-fragility-why-its-so-hard-to-talk-to-white-pe ople-about-racism-twlm/

An online portal to help families, individuals, and communities talk about racism and commit to being antiracist.

Making change in your workplace

Awake to work: building a racial equity culture https://www.nonprofitleadershipalliance.org/resource/awake-to-work-building-a-race-equity-culture/

Sharpen your inclusion edge - the 8-step approach, a book by Jada Monica Drew

Tools for equity & inclusion: https://www.policylink.org/resources-tools/tools

Raising and educating your children to be anti-racist (for white parents specifically):

Coming Together - talking to kids about race and racism- Sesame Street https://www.sesameworkshop.org/what-we-do/racial-justice

Watch CNN & Sesame Street town hall https://www.cnn.com/2020/06/06/app-news-section/cnn-sesame-street-race-town-hall-app-june-6-2020-app/index.html

READ BOOKS! Talk to your child about race, racism, and white supremacy; regularly expose them to stories and images where people of color are represented respectfully, realistically, in positions of authority, and just living their lives, and that honestly expose them to this country's history. Some favorites include <u>Trombone Shorty</u>, <u>Juneteenth for Maizy</u>, <u>Last Stop on Market Street</u>, <u>Wilma Unlimited</u>, <u>Hair Love</u>, <u>Julian is a Mermaid</u> and the classics <u>Snowy Day</u> and <u>Whistle for Willy</u>; Ibram X Kendi's children's book <u>Antiracist Baby</u>.

31 Children's books to support conversations on race, racism and resistance

10 tips to teaching and talking to kids about race https://www.embracerace.org/resources/teaching-and-talking-to-kids

Your kids aren't too young to talk about race: resources https://www.prettygooddesign.org/blog/Blog%20Post%20Title%20One-5new4 The Conscious Kid - We support organizations, families, and educators in taking action to disrupt racism in young children.

https://www.theconsciouskid.org/

Social Justice Activities for Kids- Lesson Plans for Parents: https://colorfulpagesorg.files.wordpress.com/2020/05/black-lives-matter-k-8-distance-learning-activities-for-justice-for-george-floyd-_-colorful-pages.pdf

Social justice parenting with Dr. Traci Baxley - podcast episode

Woke Kindergarten

https://www.wokekindergarten.org/wokewonderings

Telling my four year old about Alton Sterling & Philando Castile http://www.raceconscious.org/2016/07/telling-four-year-old-alton-sterling-philando-castile-e/

A Parent's guide to addressing racism with kids https://www.huffpost.com/entry/parents-guide-addressing-race-racism-with-kids_1_5ed9 https://www.huffpost.com/entry/parents-guide-addressing-race-racism-with-kids_1_5ed9 https://www.huffpost.com/entry/parents-guide-addressing-race-racism-with-kids_1_5ed9 https://www.huffpost.com/entry/parents-guide-addressing-race-racism-with-kids_1_5ed9

Learning & reading

Videos

Trevor Noah on George Floyd, Minneapolis Protests, Ahmaud Arbery & Amy Cooper

Free movies about race in America to learn from

https://www.latimes.com/entertainment-arts/story/2020-06-05/free-movies-about-race-in-america-to-watch-and-learn-from

Unpacking white feminism - Rachel Gargle live lecture https://www.rachelcargle.com/uwf-purchase

Podcasts

1619 (New York Times) About Race Code Switch (NPR)

Intersectionality Matters! hosted by Kimberlé Crenshaw

Momentum: A Race Forward Podcast

Seeing White

Good Ancestors Podcast with Layla F. Saad

The United States of Anxiety

Books

- 1) The New Jim Crow by Michelle Alexander
- 2) The Warmth of Other Suns by Isabel Wilkerson
- 3) The Color of Law by Richard Rothstein
- 4) Just Mercy by Bryan Stevenson
- 5) When Affirmative Action was White by Ira Katznelson
- 6) So you want to talk about race by Ijeoma Oluo
- 7) Me and white supremacy by Layla F. Saad
- 8) I'm still here: black identity in a world made for whiteness by Austin Channing Brown
- 9) White Fragility: Why It's So Hard for White People to Talk about Racism by Robin Diangelo

43 of the best books by black authors you should read in your lifetime.

Public people & groups to follow and listen to

Black lives matter Seattle-King County https://www.facebook.com/blmseattle/

Ijeoma Oluo @ijeomaoluo

Austin Channing Brown @austinchanning

Ibram X. Kendi @ibramx

Ta-Nehisi Coates @tanehisipcoates

Tamika D. Mallory @tamikadmallory

Rachel Cargle @rachedl.cargle

Rashad Robinson @iamrashadrobinson

Alicia Garza @chasinggarza

Sonya Renee Taylor @sonyareneetaylor

Layla F. Saad @laylafsaad

Valerie Kaur @valariekaur

Van Jones @vanjones68

Milagros Phillips @theracehealer

Prentis Hemphill @prentishemphill