

Directions for Unit 10 in-class activity: Personality Tests

For each of the tests below, you will want to make note of your results after you take each test.

Take the Kiersey Temperament sorter (<http://www.keirsey.com/sorter/register.aspx>)

Take the Big Five personality test (<http://www.outofservice.com/bigfive/>)

Create a free account on Penn's Authentic Happiness website

(<https://www.authentichappiness.sas.upenn.edu/testcenter>).

Take the VIA Survey of Character Strengths test and the Optimism test.

Write one well-composed paragraph (typed, double-spaced) that responds to the following question:

Which seemed like the best test of personality? You can consider the nature/makeup of the tests themselves, and the results.

Due at the start of class Wednesday 12/16