ASIAN MEDICAL STUDENTS' ASSOCIATION INTERNATIONAL: OFFICIAL GUIDEBOOK

DIAL IN: A TELEHEALTH EXCHANGE

AMSA HONG KONG X AMSA INDONESIA X AMSA JAPAN X AMSA PHILLIPINES

AMSA
ASIAN MEDICAL STUDENTS' ASSOCIATION
SINCE 1985

FOREWORD

Greetings, People of Tomorrow!

It is with great honor that we present the **Global Health Interchapter Collaboration, "Dial In: A Telehealth Exchange."** This event reflects AMSA International's commitment to empowering medical students with the understanding of Health Systems and Services in the digital era.

Through this programme, participants will explore the expanding role of telemedicine in improving access, efficiency, and equity within health systems worldwide. The masterclass combines conceptual learning with interactive practice, featuring a panel discussion with speakers from different AMSA chapters and a demonstration on real-world telemedicine applications. In addition, participants will engage in small group discussions to critically examine the benefits and challenges of telemedicine as part of future health systems. We warmly invite all AMSA members to take part in this Global Health Interchapter Collaboration and join us in reimaging healthcare through technology.

By working together and embracing digital innovation, we can shape a future where digital health transcends borders and delivers equitable care for all.

Warm regards,

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SECTION I

ORGANISATION BACKGROUND

A. AMSA International

Asian Medical Students' Association (AMSA) International is a peak representative organisation for medical students from across Asia, the Asia-Pacific and beyond. AMSA has trained future doctors to share knowledge, undertake activities and social services and create international friendships. AMSA's vision is Knowledge, Action and Friendship, which are the three areas we continuously strive to venture.

Asian Medical Students' Association (AMSA) International was first founded at the 6th annual Asian Medical Students' Conference (AMSC) in Manila, Philippines, 1985 by these nine aspiring nations. Due to the incredible rarity of medical student organisations that not only focuses on work programs, but also its constituent members, AMSA International started with an uncertain and ever-changing constitution. As a result, we are continuously discovering new breakthroughs regarding its origin. Nevertheless, it has exponentially grown into a non-political, non-profit and an official international non-governmental organisation (I-NGO) which values its aforementioned philosophies.

B. Global Health AMSA International

The Global Health subsidiary of AMSA International, emphasises the purpose to uphold and maintain the global and public health virtues (Action philosophy) of AMSA International. The subsidiary generally functions to coordinate and promote public health activities intended for further development of AMSA International at an AMSA chapter level, and global health initiatives at international level. Working together, medical students learn how to serve the community productively with partners, across the country and around the world in settings that are often unfamiliar and challenging.

The Director of Global Health (DoGH) of AMSA International is the utmost position in the Public Health subsidiary, governing the hierarchy. The National

DoPGH of respective AMSA chapters alongside the Global Health Subcommittee have the responsibility to assist the DoGH of AMSA International at an AMSA chapter level and initiate local public health advocacies. The International DoGH along with the National DoPGH aims to bring together the medical students around Asia, Asia-Pacific and beyond to work together around various focus areas concerning global and public health and contribute towards improving the health & wellbeing of the surrounding community in general and society as a whole.

C. Global Health Interchapter Collaboration

The Global Health Interchapter Collaboration (GHIC) is a programme of the Global Health Subsidiary of AMSA International, bringing together various AMSA chapters to organise events of Public & Global Health importance. It was introduced as the Interchapter Collaboration Programme (ICCP) at first but was renamed to avoid confusion with the collaboration of other subsidiaries. This collaboration aims to bring together AMSA chapters to share knowledge and skills, build long-lasting friendships with one another, and encourage them to take joint action toward the community.

D. Legacy

The Global Health subsidiary of AMSA International is a specially designed subsidiary of AMSA International, with the purpose to uphold, realise and sustain the global and public health virtues and the "Action" vision of AMSA; delivering goodness to the world.

E. Objectives

- To initiate capacity building in global health and empower members of AMSA International by inculcating necessary skills and knowledge.
- To train and develop AMSA International members into community-sensitive and skilfully-empathetic future healthcare professionals.
- To drive advocacies and promote awareness for global health issues and interdisciplinary collaborations for action.

SECTION II

BACKGROUND

In a constantly evolving world, it is important that the medical field also keeps innovating and finding new ways to bring healthcare to the general public. Public health isn't just about improving policies and services provided to the public, a large part of it is ensuring that the public have access to the services and resources they need. One key aspect of public health that strives to achieve this goal is digital medicine, more specifically telemedicine.

Telemedicine is the remote delivery of healthcare services through online communication. This includes a variety of different means and resources including live consultations with healthcare professionals, transmission of stored health data to specialists for later review, monitoring of patients conditions remotely and many more. Not only does telemedicine improve access to healthcare by providing a simple and efficient method of contacting healthcare providers, but it also prevents overcrowding of hospitals or emergency rooms, reducing the burden for healthcare workers in these settings.

This concept is often overlooked in the medical field, especially when it comes to us medical students. We may not be aware of the gravity or utility of telemedicine in public health. It is important that we develop our understanding in this topic so that we can further raise awareness to the public in the future. It is crucial that we advocate for digital health and telemedicine in order to improve the accessibility and efficiency of healthcare along with the overall wellbeing of society.

Ultimately, the role of this collaboration is to raise awareness and inform participants about the developments and various uses of telemedicine in our respective countries. The sharings from experts and further discussions will provide us with a better understanding of both public health in our countries and the overall presence and importance of telemedicine.

A. Objectives

- Examine Telehealth Across Health Systems

Compare how telehealth is implemented in Japan, Malaysia, the Philippines, and Hong Kong, highlighting best practices, innovations, and system-level challenges.

- Strengthen Understanding of Digital Health
  Equip medical students with foundational knowledge of telemedicine, digital care delivery, data privacy, and ethical considerations in cross-border healthcare.
- Promote Global Collaboration
  Foster meaningful dialogue among future physicians to encourage intercultural learning, shared problem-solving, and professional networking.
- Explore Telehealth's Role in Health Equity
  Analyze how digital health technologies can improve access to care for underserved and geographically isolated populations.
- Prepare Future Physicians for Technology-Driven Care
  Develop student readiness for emerging models of care by discussing real-world applications of telehealth in clinical practice.
- Encourage Innovation and Leadership
  Inspire participants to become advocates and leaders in advancing digital health solutions within their respective communities.

B. Benefits

- Broaden Global Perspective
  Gain firsthand insights into how different countries adapt telehealth within diverse healthcare systems.
- Obtain Future-Ready Skills
  Build competencies relevant to modern medicine, including digital communication, remote patient management, and interdisciplinary collaboration.
- Expanded Professional Network
  Connect with medical students and leaders across Asia, opening doors for future partnerships and exchanges.
- Enhanced Cultural Competence

Strengthen the ability to work effectively with patients and colleagues from varied cultural backgrounds.

- Acquire Practical Insights
  Learn actionable strategies and real-world experiences that can be applied in training and future clinical practice.
- Leadership Development
  Empower students to take active roles in shaping the future of healthcare delivery.

SECTION III

GENERAL GUIDELINES

A. Rules and Mechanism

- Each AMSA chapter is mandatory to send their representatives as follow:
  - Regional Chairperson.
  - N-EB relevant to Global or Public Health.
  - **Minimum** of **4 (four)** other people from every AMSA chapter, up to Member's discretion.
- All participants are required to register through the official registration link **https://bit.ly/RegistrationDialInATelehealthExchange2026**
- Registration deadlines are as follows:
  - **General delegates:** 2 April 2026
- Any late registrations would not be accepted.
- Global Health Interchapter Collaboration consists of one day activities.
- Certificates will only be awarded to participants who:
  - Attend **all** scheduled sessions in **full**.

B. Timeline

Day, Date	Agenda
Wednesday, 18 March 2026	Open Registration for Participants
Thursday, 2 April 2026	Close Registration for Participants
Saturday, 4 April 2026	Dial In: A Telehealth Exchange

C. Rundown

Saturday, 4 April 2026				
Time (GMT+8)			Duration	Description
Time start	–	Time ends		
18:50	–	19:00	10'	Meeting opens (for all participants)
19:00	–	19:15	15’	Opening by MC, AMSA Song, Opening Remarks, Programme Overview & House Rules
19:15	–	20:15	60’	**Panel Session: “From Innovation to Implementation: the Global Story of Telemedicine”**
20:15	–	20:25	10’	Question and Answer Session
20:25	–	20:35	10’	Awarding of Certificate to Panelist and Moderator
20:35	–	20:40	5’	Group Discussion Briefing
20:40	–	21:20	40’	**Group Discussion and Presentation**
21:20	–	21:30	10’	Documentation, and Closing

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