

Be A Working Member of the Full Plate Farm Collective!

THE BASICS

Each worktrader works 40-60 hours throughout the 23 week season (~2-2.5hrs/week)

In return you get a **free membership to Full Plate**—a 23 week veggie share, unlimited u-pick garden access and more! Positions with larger time commitments also include a Fruit Share.

We offer Distribution Assistant, U-Pick Assistant and Box Packing jobs

All jobs require the ability to lift 50 lbs and to work outdoors in variable weather conditions

FREQUENTLY ASKED QUESTIONS

SPLITTING SHARES: You may share the workload with a housemate or partner- someone that shares your household cooking (ex. alternate weeks or halves of the season), you must have consistent communication if you split your share. We will not match strangers as work trade partners.

MISSING SHIFTS: Please do not sign up for a work trade if you anticipate missing more than 3 shifts in the season. Sick days happen and vacations are fine! See each position for specifics and be in communication with Molly or your U-Pick Coordinator if you anticipate problems making a shift.

BRINGING KIDDOS is welcome in the u-pick positions! Older kiddos who will work hard can also accrue hours toward your share. Distribution assistants don't have consistent availability to tend to kids.

GETTING STARTED:

[Fill out our interest form here!](#)

contact Molly with ?s - csa@fullplatefarms.com / 607-379-2866

LEARN MORE! SEE POSITION DESCRIPTIONS BELOW:

DISTRIBUTION ASSISTANTS (6 POSITIONS)

THE JOB: Help to set up the share pickup, then assist Molly through the distribution (moving produce, replacing bins, helping CSA members, etc). 2.5hrs/wk. Must be able to lift 50lbs.

COMPENSATION: One 23 week Full Plate Veggie share and one 18 week Fruit Bowl share through Summer-Fall
- possibility to accrue hours toward a winter share if returning over several seasons

SEASON: June – November, 23 Weeks

MISSING SHIFTS: If you are unable to make your scheduled hours, let Molly know in advance. We ask that you find a friend, partner or housemate to cover your missed shift.

DISTRIBUTION ASSISTANT @ Stick and Stone (2) - Shift 1, Weds 2:30-5:00 / Shift 2, Weds 5:00-7:30

DISTRIBUTION ASSISTANT @ Pressbay Alley (2) - Shift 1, Thu 2:30-5:00 / Shift 2, Thu 5:00-7:30

DISTRIBUTION ASSISTANT @ Youth Farm Project (2) - Shift 1, Sat 9:30-12 / Shift 2, Sat 11-1:30

VEGGIE SHARE BOX PACKING

THE JOB: Help pack our boxed CSA shares [at Remembrance Farm](#) on Wednesday afternoons! Must be able to lift 50lbs. About 2.5hrs/wk on Wednesday afternoons.

COMPENSATION: One Full Plate Vegetable Summer CSA share and occasional bonus fruit!

SEASONS: June – November, 23 Weeks; December-February, 12 weeks with a break in the middle

MISSING SHIFTS: If you are unable to make your shift, let Michael at Remembrance Farm know ASAP.

FRUIT BOWL BOX & BULK PACKING (1 POSITION)

THE JOB: Help pack fruit bowl shares for boxed delivery and help get the Stick and Stone pickup set up

SEASON: June – October, 18 Weeks (~30 hours total)

DAYS: Wednesdays 1-2:30

COMPENSATION: One Finger Lakes Fruit Bowl Summer Share + possibility to accrue hours toward bulk fruit

MISSING SHIFTS: If you are unable to make your scheduled hours, you must let Molly know ahead of time.

STICK & STONE U-PICK ASSISTANTS

THE JOB: The U-pick garden team takes care of weeding, trellising, and garden maintenance in our u-pick [at Stick and Stone Farm](#)! Please bring sun protection and water with you - it is full-on sun out there!

SEASON: May – October (timing depends on growing season. 40 hours total)

DAYS: Wednesday afternoons OR Saturday mornings (about 2 hrs/week with some skipped weeks)

COMPENSATION: One Full Plate Summer-Fall Veggie share

MISSING SHIFTS: You may accrue hours in the beginning of the season to take off time later in the summer. If you are unable to make your scheduled hours, you must let the U-pick Coordinator know ahead of time.

U-PICK ASSISTANT (4-5 POSITIONS)

U-PICK COORDINATOR (1 POSITION) In addition to the usual u-pick work, the Coordinator organizes our 4-5 person U-Pick team (tasks, missed shifts, communication, etc). You also get a Fruit Bowl share as coordinator!

YOUTH FARM U-PICK ASSISTANTS

THE JOB: The U-pick garden team takes care of weeding, trellising, and garden maintenance in our u-pick at The Youth Farm! Please bring sun protection and water with you - it is full-on sun out there!

SEASON: May – October (timing depends on growing season. 40 hours total)

DAYS: Saturday mornings (2 hrs/week with some skipped weeks)

COMPENSATION: One Full Plate Summer-Fall Veggie share

MISSING SHIFTS: You may accrue hours in the beginning of the season to take off time later in the summer. If you are unable to make your scheduled hours, you must let the U-pick Coordinator know ahead of time.

U-PICK ASSISTANT (3-4 POSITIONS)

U-PICK COORDINATOR (1 POSITION) In addition to the usual u-pick work, the Coordinator organizes our 2-3 person YFP U-Pick team (communicating tasks, checking in about missed shifts, tallying up hours, etc). You also get a Fruit Bowl share as coordinator for your admin time!