

Dr. Sue Morter - The Energy Codes Mastery Practicum 2024

During this transformative 9-part with Dr. Sue, you'll:

- **Discover your signature frequency** and learn to reside in it
- Explore how *the brain of the heart* carries ancient wisdom — and how science has found that **the heart is more powerful than the most brilliant idea** we can think of
- Recognize that **you're here in the world to be a creator and an innovator** as you create the life you dream of living
- Explore how developing a robust neurocircuitry deep in the core of your own physical body **enables you to direct your energy** — both within and without, in a way that's truly transformational
- Recognize why **life can be so hard when you're not residing in your unique, signature frequency** — your key energy code (which you'll discover how to find)
- Learn to **focus your attention and pull your energy back to your core** when dramatic events arise
- Reclaim all your gifts — and cultivate intimacy and vulnerability with the **parts of yourself you've rejected**
- Discover the powerful truth that **you're actually pure energy** — and that “being human” means traversing the entire bandwidth of consciousness
- Understand that you're **the unified field of consciousness streaming itself** — and that nothing is bigger than you
- Learn how resistance actually *supports* the manifestation of your desires — and how obstacles help you hone your skills as a creator
- **Recognize your own cosmic nature** so you can manifest according to the rules of the third dimension — while utilizing your access to infinity
- **Use the magnetic energy of your heart** to generate transcendent states that actually affect physical matter
- Understand the master key to shifting your life by **realizing that your outer life is a mirror** to show you what you need to transmute next

What You'll Discover in These 9 Pre-Recorded Sessions and 3 Live Q&A's

In this 9-part transformational intensive, Dr. Sue guides you through the fundamental body-mind-spirit skills and competencies you'll need to access your universal intelligence to navigate life's storms and create your own reality.

Module 1: Finding & Residing in Your Signature Frequency — Cultivating the Master Code (August 28)

There's never been a more important time in human history to realize that **you're here on a mission** — and it's far more important than simply learning to become a better reactor or responder.

You're here to be a creator and an innovator. You're meant to be the *bringer* of solutions as you create the life you dream of living.

By choosing and cultivating within your own body the frequency you wish to experience, you can make decisions that align with that vibration — allowing your life to unfold with wonder in ways your thinking mind alone cannot create.

In this module, you'll discover how to:

- Differentiate between your **Protective Personality and your Soulful Self**
- Energetically feel and **make distinctions about the world around you** using the vibration of who you really are at the deepest, most soulful levels
- Perceive and recognize the Master System so **you can feel how you're an energy being, emerging from the wisdom of the unified field**
- **Experience a guided practice** called *Initiate the Third Eye: Cultivating the Soulful Signature*
- Move through another of **Dr. Sue's powerful practices**, *Drop In, Drop Through: Anchoring the Soulful System & Master Code*

Module 2: Expanding Your Ability to Anchor Your True Self Through Your Body — Creating a Superhighway Between Your 3 Brains (September 4)

Have you been visualizing a life that excites you... but you're still not actually living it? You must realize that *true creative power cannot be unleashed by imagination alone...*

In this session, you'll explore **how to activate, embody, and reveal who and what you already are.**

Dr. Sue shares how developing robust neurocircuitry deep in the core of your own physical body enables you to direct your energy — both within and without, in a way that's truly transformational.

You'll also build trust in knowing the wisdom of the gut, the heart, and the brain.

In this module, you'll explore how to:

- **Dissolve the illusion** that you *can't* create the life you want
- Drop inside **the center of your own self** to honor your deepest desires and feelings
- Steward your mind to **choose the feeling of your future**
- Understand the relationship between **the gut, the heart, and the brain**, and how you filter the information coming from each
- **Recognize the vagus nerve** as the superhighway of communication between your 3 brains — and learn to feel its messages
- **Follow along with Dr. Sue's guided practice**, *Soften the Sun: Build Circuits to Soften the Solar Plexus & Melt the Limiting Mind*

- Experience another guided practice, *Turning on Vagus: Electromagnetically Enlivening the Vagus Nerve*

Module 3: Unraveling Reactivity & Removing Projections — Withdrawing Energy From Life's Dramas (September 11)

The dramas we co-create with others often leave our minds stuck in the story of what's wrong, or bad, or what shouldn't be happening.

As a result, we become unseated from our core energy, compromising the potency of our power to effectively create.

In this module, Dr. Sue shares how to focus your attention and pull your energy back to your core when upsetting events arise, instead of dispersing it into the energetic bonds with the outer world.

She'll also share how to land wholly within yourself again as the magnificent creator you are here to be. As you'll discover, you can create from this space of completeness.

In this module, you'll:

- Recognize how and when you're **dispersing your personal energy**
- Learn techniques to **pull your energies back to the Self**
- Understand how the "rubber meets the road" when it comes to **rising above life's dramas** — and learn to perceive the drama as a soul contract for the aspects of the soul you came here to refine
- Experience a guided practice, *Aiming the Magnifier: Directing the Power of the Soul Stream for Life*
- Experience a guided practice called *Powering Up Subject/Object/Subject: Intensify the Central Channel for Greater Manifesting Precision*

Module 4: Cultivating Intimacy & Vulnerability With Parts of Yourself You Have Rejected — Reclaiming All Your Gifts (September 11)

If you're like most people, you've likely energetically walled off parts of yourself thanks to past experiences you've interpreted as painful, hurtful, or traumatic.

In this module, Dr. Sue shares how to experience the vibrations that have been sealed off from your conscious awareness. You'll discover how to raise them, bring them back into the fold, and restore your energy flow.

In this module, you'll discover how to:

- Use the **Whole-Self Redemption Technique** to find the pockets of yourself that have been denied due to the circumstances of your past experiences
- Use the **soft, expansive energy of radical acceptance** to generate creative openings
- **Reveal the truth of who you are** by transmuting the energies into a vibration that serves the highest for you

- **Experience 3 powerful guided practices from Dr. Sue** — *VAPP: Vulnerability = Availability = Presence = Power... Bio-Energetics and Whole-Self Redemption... and Radical Acceptance of All of You*

LIVE Q&A #1 (September 18)

In this special Q&A session, you'll be able to **engage with Dr. Sue live via Zoom** to further explore the course material and deepen your understanding. Dr. Sue will also be looking forward to hearing about what you personally experienced while putting the principles and practices from the first part of the course into action. **This session will take place at 1pm Pacific on Wednesday, September 18.**

Module 5: Redesigning Your Self-Image & Rewiring Your Creative Circuitry — Opening to Your Multidimensionality (September 25)

As human beings, we're accustomed to walking through the material world relying largely on what we've been taught by others — including our parents, schools, and cultural and social systems.

In this module week, Dr. Sue shares how we're actually pure energy — and “being human” means traversing the entire bandwidth of consciousness... from beyond this third dimension.

You'll learn who you really are as a Quantum Being and how to embody your whole, true essence.

In this module, you'll:

- **Stop identifying as a separate individual** relying on only your 5 physical senses and your educated mind to navigate the world around you
- Connect on a cellular level to planetary energies and **build the circuits** to constantly replenish yourself
- Learn to **perceive yourself as a stream of consciousness** who's always flexible
- Discover how to be **present for transforming yourself** and the world around you
- **Experience 2 guided practices:** *I AM Streaming: Cultivating Your Cosmic Intelligence* and *Dream the Dream: Bio-Energetics of Building Quantum Circuits*

Module 6: Expressing Your Creatorship Courageously & Safely — Learning to Manifest Masterfully (September 25)

By identifying and embodying that you ARE the unified field of consciousness *streaming itself*, you'll understand that nothing is bigger than you. Nothing *can* be bigger than you...

In this module, you'll discover how your mind must surrender its preoccupation with — and addiction to — monitoring for safety.

As you'll discover, you are consciousness manifest.

And when you recognize your cosmic nature, you can manifest according to the rules of the third dimension... while utilizing your access to infinity.

In this module, you'll learn how to:

- Shift your attention on command to discern a more expanded view of “reality”
- Decide on the WHAT of your vision for your life — then **build circuits to connect with your highest self** for the HOW of manifestation
- Manifest with precision and power — with the transmuting quality of love, drawing from our Ancient Egyptian lineage and the birthplace of consciousness as we know it
- **Follow along with 2 guided practices**, *Expressing as the Soul: Leading With Embodied Love* and *Focus Through the Veil: Circuits for Seeing Your Future Self Manifest*

LIVE Q&A #2 (October 2)

In this special Q&A session, you'll be able to **engage with Dr. Sue live via Zoom** to further explore the course material and deepen your understanding. Dr. Sue will also be looking forward to hearing about what you personally experienced while putting the principles and practices from the first part of the course into action. **This session will take place at 1pm Pacific on Wednesday, October 2.**

Module 7: Welcoming the Pushback— Navigating the Natural Resistance That Arises From Raising Your Vibration (October 9)

We often hesitate to step out with our power and speak our truth or reveal our deepest desires due to anticipated resistance from our current life circumstances and relationships.

In this module, you'll focus on gaining perspective into how resistance actually *supports* the manifestation of what you desire. Obstacles aren't actually problems — and are instead meant to help you hone your skills as a creator.

Inherent in your evolution is the friction of expansion that occurs when high-frequency energy (the quantum, Soulful Self) meets the density of the physical dimension.

When you move through this resistance, you'll prevail as the refined Soulful Self you truly are, full of ease and grace.

In this module, you'll:

- Explore proof that **life (including yours!) is supposed to be flowing freely**
- **Create gentle resistance** inside your own body — instead of in your outer life
- **Initiate personal growth by teaching the subconscious** to sense your true self
- Interpret the **ebb and flow of the universal pulse** as your own life guidance system
- Experience **2 guided practices**: *Aikido for Life: Using the Power of Resistance to Build Your Own Consciousness* and *Take It to the Body: Deep Integration of Photon Density & Conscious Healing Flow at Your Core*

Module 8: Turning Your Heart Into a Bonfire — Lovingly Transmuting Obstacles (October 16)

It's easy to underestimate the power of transmuting life with love. It's common to make the mistake that love isn't powerful enough to shift what's in front of you — and so, you can become intimidated and stifled.

In this module, you'll discover how *the brain of the heart* carries ancient wisdom — and science shows that the heart is more powerful than the most brilliant idea we can think of.

In this module, you'll explore how:

- Love is the universal solvent — **the most potent and high-frequency energy we have access to** — and why everything melts in its presence
- You can **use the magnetic energy of your heart** to generate transcendent states that actually affect physical matter
- Love is who we are at our core — and now, more than ever, we need to **understand how to lead with love**
- To experience **2 new practices**, *Blaze the Fire of Transmutation & Creative Genius* and *Building Circuits for Complete Wholeness & Gratitude: Set Yourself Free*

Module 9: Elevating Yourself Above All Storms — Maintaining Your Higher Viewpoint Above the Clouds (October 16)

There's a flow that originates from the edges of the manifest world, in universal proportion to the You that's here right now.

It's constantly compressing itself into a channel *that is this You*, and out into the world.

In this final module, Dr. Sue shares how to navigate this and not get in the way. You'll find out how to simply observe and allow the flow to happen.

This generates the power of transformation and creation in our lives. We are here to do more than make our current lives better — **we are here to reinvent what it means to be human altogether**, and to live as the universal, quantum beings we truly are..

In this module, you'll:

- Explore how to deliberately **use the power of your own breath** to manifest health, happiness, success, and love without hesitation
- Learn **techniques to connect the universal guidance** structure to your present life skill set
- Set **practices for sustaining your progress in moving forward** into the world as a leader and creator of the new humanity in the new human story and beyond
- **Experience 3 closing guided practices:** *Walking as the Higher Self for Good: Painting Your Blank Canvas With Your Favorite Colors of Life... Breath Patterns for Emerging as the Creative Force Itself...* and *A Daily Routine: Simple Steps to Ensure Your Progress*

LIVE Q&A #3 (October 23)

In this special Q&A session, you'll be able to **engage with Dr. Sue live via Zoom** to further explore the course material and deepen your understanding. Dr. Sue will also be looking forward to hearing about what you personally experienced while putting the principles and practices from the first part of the course into action. **This session will take place at 1pm Pacific on Wednesday, October 23.**

The Energy Codes Mastery Bonus Collection

In addition to Dr. Sue's transformative 9-week virtual course, you'll receive these powerful bonuses to complement the course and take your understanding and practice to an even deeper level.

When you register by Midnight Pacific on Saturday, August 10, you'll receive the bonuses below as an extra gift:

Love Creates the Tapestry of Life

Video Masterclass From Dr. Sue Morter

In this Masterclass episode from June 2020, Dr. Sue speaks of **transforming fear through the vibration of love**. As you'll discover, when you anchor the question "How can I be/do LOVE in this moment?" in your body and heart, it changes the question in a vibrational way. It alters your body chemistry and changes the tapestry of your life.

Quantum Healing With Energy Medicine

Audio Dialogue With Dr. Sue Morter and Dondi Dahlin

You can make the Quantum Flip™ by changing your perspective — and change your life in an instant. In this interview with **Dondi Dahlin** (dancer, speaker, teacher, and co-author of *The Little Book of Energy Medicine*), **Dr. Sue** uses the principles of quantum science and energy medicine to explain how The Energy Codes can awaken the healer within you and reveal your magnificence.

During this far-reaching session, you'll discover:

- How to move beyond your mind to heal yourself
- Ways to remove subconscious stress
- Practical energy techniques to stay centered

Plus... you'll receive these bonuses too!

The Energy Codes Essentials

Package of Tools From Dr. Sue Morter

These essential foundational materials will quickly get you up to speed as you prepare to access your universal intelligence — and create your own reality.

- **Central-Channel Breath:** Video Teaching
- **Subject-Object-Subject & Anchor Points:** Video Teaching
- **Training Your Mind to Listen to Signals From Your Body:** Video Excerpt From Dr. Sue's *Energy Codes Advanced Training Program*
- **The Energy Codes:** Key Excerpts From Chapter 1 of Dr. Sue's Book
- **The Energy Codes Essentials:** PDF Diagram Workbook

Front Side, Back Side: Awaken the Creator Within

Audio Teaching With PDF Workbook From Dr. Sue Morter

The purpose of your life journey is to traverse the front side of yourself (your free and strong perspective), rather than the backside (your victim mindset) in every part of your experience. Using excerpts from live presentations, meditations, and reflective exercises, Dr. Sue guides you to use your life circumstances to awaken your true power.

The Bus Stop Conversation: Soul Contracts & Life Purpose

Audio Teaching With PDF Workbook From Dr. Sue Morter

In this powerful audio teaching, Dr. Sue explains how we enter this life with powerful soul contracts — agreements made on our way in about what we seek to experience here in the body and on this planet. You'll discover how everything — from your most painful experiences to the sublime — has not happened *to* you, but *for* you.

Choosing Every Moment for the Highest

Video Masterclass From Dr. Sue Morter

In this Masterclass episode recorded during the current COVID-19 pandemic, Dr. Sue explains how **the mind becomes afraid when you step into a bigger version of yourself**. She also shares how current world circumstances can teach us to be fully present within — and responds to participants' questions about healing the creative energies of divine feminine, caring for self and others, and more.