

Proposed New Procedure for Concussions

There must be a quarterly evaluation of how prepared an athletic department is to handle concussions.

The evaluation must consist of several parts, carried out by a registered and trained athletic trainer or team doctor.

The first part consists of a “checklist” type quiz, the link to which is below. This evaluation aims to ensure that athletic departments have both the equipment and attitudes necessary for proper diagnosis and treatment of concussion.

[Coaching Link](#)

The second part of the evaluation consists of a “true or false” type quiz which is to be given to student athletes. This section of the evaluation aims to ensure that student athletes feel comfortable reporting injuries to their coaches.

This is important because honest reporting of head injuries would prevent both the concussion worsening and would dramatically decrease the risk of “Second Impact Syndrome”, which is almost always fatal.

[Student Link](#)

After both parts of the evaluation are completed, a meeting should be called including coaches, trainers, and the athletic director.

Coaches are to collect the results from their athletes and use the information in the meeting to ascertain whether or not there are things that need to be bought or improved upon to make their programs as effective as possible at preventing and treating concussions.

After the evaluation is completed the first time, the evaluations following it should look back and compare results to determine whether progress has been made or adequate standards have been kept up.