

Building a Sustainable Multi-tiered System of Support for Secondary Schools

ESU #3

April 1, 2025

8:30am - 3:30pm

Welcome!

Arlington High School, Conestoga Secondary, Fort Calhoun Jr. High School, Fort Calhoun High School, Louisville Secondary, Papillion-LaVista High School, Papillion-LaVista South High School

Goals

- Explore fidelity and progress monitoring for Tiers 2 & 3 of the MTSS system
- Consider de-implementation as a process within a system
- Identify and prioritize barriers to sustainability
- Compare and analyze 3 years of NeMTSS Self Assessment Data
- Develop an Action Plan for next year!

Overview of the 2 Days of Learning Together

Day 1 November 15, 2024

- Review & Renew Tier 2 & 3 Instruction
- Team time for identified goals/outcomes

Day 2 April 1, 2025

- Implementation of Tier 2 & 3 Instruction
- De-implementation within a System
- Comparative Analysis of NeMTSS Self Assessments
- Sustainability & Action Planning

Materials for Today (Materials can be found in [your team's drive](#))

Materials Found in [Your Team's Drive](#)

- Early Warning System/Indicators
- Developing Tiered Decision Rules for MTSS Framework
- 4-Step Problem Solving Process (continue with last year's document or [use this template link](#))
- 2022 to 2025 NeMTSS Self-Assessment Comparative Analysis
- 2022 to 2025 Belief Survey Comparison

Materials Found on the [Secondary MTSS Website](#)

- Agenda & Slides
- Individual Note Catcher (Digital Versions)
- Intervention Resources
- De-implementation Materials
- Sustainability Planning Model
- Implementation Science Podcasts
- Action Planning Resources - Templates, Templates, and More Templates!

Agenda for the Day

8:30 am	Welcome and Introductions (<i>Kate Carlson</i>)
8:35 am	Overview of Our Day (<i>Kate Carlson</i>)
	<ul style="list-style-type: none"> ● Goals ● Overview ● Resources & Materials ● Norms
8:45 am	A Systems Approach: Tier 2 and 3 Support (<i>Rotations</i>)
	<ul style="list-style-type: none"> ● Select Two: <ul style="list-style-type: none"> ○ Selecting Evidence-Based Practices (Missouri) - McKayla LaBorde ○ Preparing Resources (Blue Stem) - Adam Larson ○ Implementation Support (Meadowlark) - Kate Carlson ○ Progress Monitoring (Niobrara) - Kala Peyton ○ Program Evaluation and Fidelity (Platte) - Josh Wilken ● Intervention Resources from NeMTSS ● Team Discussion
9:30 am	Break
9:45 am	De-Implementation (<i>Kate Carlson</i>)
	<ul style="list-style-type: none"> ● READ <ul style="list-style-type: none"> ○ How De-Implementation Can Curb Educator Burnout - ASCD Article from Peter DeWitt (PDF) ○ The Power of Doing Less in Schools - ASCD Article from Justin Reich (PDF) ● WATCH <ul style="list-style-type: none"> ○ How De-Implementation Can Ease Overwork - Video Podcast with Peter DeWitt (26 min) OR LISTEN: Apple/Spotify ○ How Subtracting from our Life Can Improve It - King 5 News Seattle (4 min) ● LISTEN <ul style="list-style-type: none"> ○ Knowing When to Quit with World Poker Champion Annie Duke - ReThinking Podcast with Adam Grant (Apple, Spotify, OR READ: Transcript) (44 min) ○ Subtraction in Action - TeachLab Podcast with Justin Reich (46 min) (series of podcasts...Episodes 56-63)
10:45 am	Sustainability (<i>Adam Larson</i>)
	<ul style="list-style-type: none"> ● Sustainability Small Fires <ul style="list-style-type: none"> ○ Sustainability Planning Model ○ NeMTSS Framework ○ Implementation Science for Educators Podcast <ul style="list-style-type: none"> ■ Tip 8 Episode: Sustainability with Dale Cusumano, Ph.D. (Apple/Spotify)

	<ul style="list-style-type: none"> ■ Tip 9 Episode: Sustainability & PBIS with Kent McIntosh, Ph.D. (Apple/Spotify)
11:30 am	Working Lunch - Continue Discussions on Sustainability & De-Implementation
12:15 pm	Comparative Analysis of NeMTSS Self Assessment (<i>Adam Larson</i>) <ul style="list-style-type: none"> ● Longitudinal Self Assessment Results ● Previous TWO Action Plans ● Data Driven Dialogue Protocol ● Identify Priorities for next year <ul style="list-style-type: none"> ○ Spend-a-Buck if you must!
12:45 pm	Team Time <ul style="list-style-type: none"> ● Action Planning for 2025-2026! <ul style="list-style-type: none"> ○ Year 3 MTSS Action Planning <ul style="list-style-type: none"> ■ 3-5 Year Simplified Action Planning ■ 3-5 Year Detailed Action Planning ○ SLT Calendar Planning <ul style="list-style-type: none"> ■ MTSS SLT Running Agenda ○ Nice but not Necessary - Additional Planning Resources <ul style="list-style-type: none"> ■ Goal/Priority Outcome(s) Action Plan from NeMTSS ■ Professional Development Planning ● Rooms available for teams: <ul style="list-style-type: none"> ○ Arlington: Missouri ○ Conestoga: Niobrara ○ Fort Calhoun JH & HS: Meadowlark ○ Louisville: Bluestem ○ PLHS & PLSHS: Prairie
2:45 pm	Graduation & Wrap Up <ul style="list-style-type: none"> ● Exit Survey

“To Dos” for NEXT YEAR

- **Reach out to ESU 3 for support!!**
- Meet monthly! Maintain momentum!!
 - Organize your work using a [Running Agenda](#)
 - Suggested items to address are listed on the document above
- Complete another 4 Step Problem Solving Process
- Take the NeMTSS Self Assessment and use it to Action Plan for 2026-2027