

Why not start your Monday with some **MINDFULNESS?**



Sign up for an in-person session led by ES students and some Mindful practicing faculty at the Unity Fountain  
8:35 -8.50 am (limited spots available).

Please join us in the Unity Courtyard at 8:35 a.m. on Monday 10th Nov. with your class! Rain space is FAC atrium

Slots	Class	Section ES or MS	Number of Students
<b>1</b>	1LK	ES	15 plus 2 teachers
<b>2</b>	3UB	ES	18 plus 3 teachers
<b>3</b>	3FB	ES	19 plus 2 teachers
<b>4</b>	3EK	ES	19 plus 3 teachers
<b>5</b>	2MP	ES	15 plus 3 teachers
<b>6</b>	2MS	ES	15 plus 3 teachers
<b>7</b>	2JF	ES	14 plus 2 teachers
<b>8</b>	2CV	ES	15d
<b>9</b>	KGBK	ES	13 plus 3 teachers
<b>10</b>	KGKT	ES	12 plus 2 teachers
<b>11</b>	4JM	ES	18 plus 2 teachers
<b>12</b>	4SK	ES	17 plus 2 teachers