

## Specials Activities 4/27-05/01

### PE:

**Stretch and Warm Up** - Remember to stretch and warm up before doing any kind of physical activity.

Stretch and cool down after the activities.

**Fun and Healthy Snacks to Try** - Parents compete to make the healthiest and tastiest snacks with kids as the judges!

<https://www.youtube.com/watch?v=kJ6jFJpu9sY>

**The Body Coach** - five minute workout to get your body moving and ready to play!

<https://www.youtube.com/watch?v=d3LPrhl0v-w>

### LIBRARY:

<https://shorts.flipgrid.com/watch/9395729618174581>

**Duck! Rabbit!**

<https://www.ryanandcraig.com/blog/2019/3/3/duck-rabbit-by-amy-krouse-rosenthal-amp-tom-lichtenheld?rq=Duck!%20Rabbit!>

**The OK Book**

<https://www.ryanandcraig.com/blog/2019/2/9/the-ok-book-by-amy-krouse-rosenthal-amp-tom-lichtenheld?rq=The%20OK>

## MUSIC:

### *How to play Freeze Dance*

- Play this song [https://youtu.be/A1vdKfXIB\\_g](https://youtu.be/A1vdKfXIB_g)
- Follow movements to the song
- When the music stops, freeze

<https://flipgrid.com/93762787>

## TECHNOLOGY:

K- ABCYa Strategy games and ABCYa Alphabet Bubble

1st - ABCYa Strategy games and Math Playground

2nd - Story Jumper "create a story about your favorite activity" games, reading, painting

Google Drawing "create a page about Earth Day"

## STEAM:

<https://youtu.be/0hThMoHB88w>

Here is a fun Earth Day art and science activity!

<https://youtu.be/lZstlBDGdZ0>

