#### **Academic Resources**

## **Claremont Colleges Library**

- Visit the Library's page on COVID-19 updates and resources here.
- The Library will acquire e-copies of all course readings available for licensing. You can search for these materials here.
- For research projects, you can continue to order digital copies of books and articles through the <u>ILL</u> Resource Sharing form.
- The Library can also mail items only available in print to you. You can submit requests for mailing via the Resource Sharing book form.
- You can get virtual help from librarians via Zoom, email, or chat. You can contact or schedule an online appointment with a subject librarian here.

### Writing Center

- The Writing Center offers free, one-on-one consultations that can help students write for assignments and applications.
- You can book appointments using the <u>scheduler</u>.
- If you have any questions, feel free to <a href="mailto:email">email</a> the Writing Center.

### **Quantitative Skills Center**

- The QSC offers individual appointments and drop-in sessions to help students with biology, chemistry, computer science, economics, math, and physics.
- The QSC can also help with any course using skills related to mathematical, statistical, or computational data gathering and analysis.
- The QSC will offer appointments through the Writing Center scheduler starting Friday, September 4th.
- If you have any questions, feel free to email the QSC.

## Foreign Language Resource Center

- Pomona's Language Partners can provide help with practicing and working on foreign language skills to all students (even if you are not currently enrolled in a language course).
- You can find the Language Partner schedule <u>here</u> once it is updated for Fall 2020.
- For questions or concerns, please email the FLRC.

# Sage Fellows

- Sage Fellows provide peer academic coaching (note-taking skills, procrastination, motivation, stress management, study habits and strategies, time management, wellness strategies, organization, etc.)
- If you would like to meet with a Sage Fellow on Zoom, you can request a meeting <a href="here">here</a>.

### Student Liaisons

- Student liaisons of academic departments can help address your questions or concerns about classes, professors, majors, minors, and departments.
- If you don't know who they are, you may be able to find their emails in the "Faculty/Staff" section on your department's website or you can email the department chair for their information.
- Student liaisons are also a good resource for new students interested in majoring or taking classes in a department. The Politics department liaisons have created this pamphlet, for example.

#### **ASPC Resources**

- ASPC has been working on an evolving <u>FAQ document</u> to answer common questions on anything related to academics, finances, and student life in Fall 2020.
- You can submit any questions, comments, or concerns about anything by using this form.
- You can also request that a relevant ASPC senator respond to your question through email on the form.

# **Technology Resources**

### ITS

- Fill out the form <a href="here">here</a> to request a laptop, microphone, and/or pre-paid WiFi hotspot sent by mail.
- On this page, at the start of the semester, there will be a plug-in to open a chat line with ITS staff.
- The <u>ITS Service Desk</u> is still available remotely by email or phone for technology help.
- Students can attempt to solve connectivity issues themselves by using self-help tips found <u>here</u>.

#### On The Hub

 Pomona students can download Windows 10 and Microsoft Office Suite (PC or Mac) for free. Make sure you're in the "Students" tab (not "Faculty/Staff").

## Citrix Workspace

- Students can connect remotely from almost any device to software and local files without a VPN connection.
- Available applications include Adobe Creative Suite, IBM SPSS, Mathematica, MatLab, Notepad++, R, and Stata.

### **Mental Health Resources**

#### Timely MD

- FREE 24/7 access is available for on-demand medical care and TalkNow emotional support -- this is not limited to crisis appointments.
- You can access it online or on your phone (with the TimelyMD app in the Apple or Android stores).
- Register for an account with your Pomona email
  - Click "Get Started" in the top right corner <u>here</u> and use the campus code "Pomona2020"

#### **MCAPS**

- Available for tele-appointments for students who are either on campus or in California.
- If a student is NOT in California, MCAPS can do one time crisis appointment/assessment and will then work with student and insurance to find a local provider
- Interested in finding long-term therapeutic services, you can contact/work with your MCAPS case manager.

## **CALM App**

Sign up for free meditation and relaxation techniques.
Includes different meditation sessions with various fresh topics/themes and playlists to help you fight insomnia.

# Student Assistance Program

- Free service available through AETNA for students with OR without SHIP.
- Allows students to engage with a clinician for up to three "in-person" sessions. Therapists are available 24/7 for crisis support and for on-going clinical support.
- Students can cross reference networks to ensure they see a SAP counselor who also accepts whatever medical insurance plan they have.
- For username and password information please contact your class dean.

#### General Information

### Pomona College Coronavirus Page

- The College has published an <u>FAQ document</u> for students here.
- You can also view FAQs specific to <u>international</u> <u>students</u>, <u>academics/study abroad</u>, and <u>admissions</u>.

#### **Class Deans**

# Paola Ruiz-Beas (Class of 2024)

- Office hours are to be determined.
- Email for Zoom appointments.
- Call: 909-621-8017

### Anthony Ferreria (Class of 2023)

- Office hours are to be determined.
- Email for Zoom appointments.
- Call: 909-621-8017

# Tracy Arwari (Classes of 2022 and 2021)

- Office hours are to be determined.
- <u>Email</u> for Zoom appointments.
- Call: 909-607-2147

#### **Dean of Students Office**

- Dean Avis Hinkson is available for Zoom meetings and advising.
- You can email her if you would like to have a conversation.

### Student Employment

# PCIP: Semester

- The Pomona College Internship Program: Semester provides students with a \$1,000 stipend to pursue part-time, unpaid experiential learning opportunities.
- For Fall 2020, the CDO will only accept remote opportunities that are secured at the time you apply for PCIP.
- You can read the PCIP: Semester FAQ for more information and eligibility requirements.
- Applications will close on Friday, September 4, at 11:59pm PT.

## On-Campus Employment

- All postings will be posted on <u>Handshake</u>.
- Students will be able to apply to jobs starting on August 10.
- Only full-time students are eligible to work one job or 6-8 hours of remote employment per week.
- If you receive financial aid, make sure to include this information in your cover letter.

## **Alternative Semester Policies**

### Transfer Credit Policy

- Students who take a leave of absence in Fall 2020 will not receive Pomona credit for any coursework taken at another college.
- However, international students may receive transfer credit for in-person courses taken in their home country of residence.

## Leave of Absence

 Students (not newly admitted students) who wish to withdraw or take a leave of absence may do so and receive a full refund up until August 21, after which they will receive a pro-rata refund until October 15.

## Off-Campus Therapy Reimbursement

- Students still receive reimbursement for their therapy appointments if they are continued via zoom. To receive reimbursement, fill out the form <a href="here">here</a>.
- For further questions, <u>email</u> Administrative Coordinator for Dean of Students Jenny Kimbell.

#### **CARES Resources**

## Campus Advocates → Facebook and Instagram

Confidential Support Service for Pomona Only Starting August 24th

- 24/7 Hotline: 909-626-4357
  - Ask to speak with a Pomona Advocate.
- Set up a time to talk with an Advocate via **Zoom**.

### **Empower Center**

## Confidential Support Services For 7Cs

- You can schedule Phone/Skype sessions with a Project Sister Family Services counselor located at EmPOWER
  - o Call: 909-607-0690
- You can schedule Phone/Zoom sessions with EmPOWER director
  - Email Rima Shah (confidential advocate)
  - o Call: 909-607-2689
- Weekly Open Hours (drop-in/no appt. needed!) with Rima are to be determined

### Pomona College Title IX Coordinator

- To report or talk to Title IX coordinator, <a href="mailto:e
- If you have questions about resources listed, <u>email</u> the ASPC VP of Student Affairs.

#### **Career Resources**

#### Career Development Office (CDO)

- Follow <u>Instagram</u> to check opportunities on their stories.
- Update your career interests on <u>Handshake</u> for weekly newsletters about remote internship opportunities and video conferences/forums.
- Virtual appointments are happening!
  - Log into <u>Handshake</u> → Click "Career Center" in top right hand corner → Look for and click on "Appointments"
- Virtual events are happening!
- <u>Candid Career</u> has past interviews with Pomona alumni about their career experiences.
- <u>CareerBeam</u> is an online, self-paced career management platform that guides students through the career development process.
- The CDO has <u>advice for informational interviews</u> for students who would like to connect via Zoom or phone with professionals.
- The CDO has <u>Class Year Checklists</u> for specific advice for first-years through seniors.
- Students can access <u>Sagehen Career Tools</u> for other resources.

# Sagehen Connect

 You can access the Pomona College alumni directory and connect with a Sage Coach for help/mentorship.

### Pre-Law

You can direct relevant questions to <u>Susanne Filback</u>.
Pre-Health

### • You can email the Pre-Health team for advising.

### **Fellowships**

You can email <u>Jason Jeffrey</u> for advising.