

Carlos Martinez, PsyD, AMFT

Adjunct Faculty

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I joined the George Fox Connect adjunct team in 2022. My instructional career started in 1997 when I began my first job after graduating high school. I was hired as a kindergarten-through-third-grade teacher's assistant. I worked in the elementary school system until 2004. I returned to the educational field in 2012, when I began designing and teaching mental health-related college level courses for first responders. I'm blessed and grateful to be part of the George Fox University team.



Academic Background

- PsyD, Human & Organizational Psychology, Touro University Worldwide
- MA, Marriage & Family Therapy, Touro University Worldwide
- BS, Business Management, University of Phoenix

Expertise and Interests

I guess you can say I'm a jack of all trades. My expertise is in law enforcement, clinical psychology, organizational development, and adult education. My interests involve blending my personal and professional experiences to help motivate others in challenging themselves to grow in their faith, as well as personal and organizational development.

Select Research Bibliography

Martinez, C. (2021). *Los Angeles Police Department's Mental Health Intervention Training: A Quantitative Study* (Publication No. 29261604) [Doctoral dissertation, Touro University Worldwide]. ProQuest Dissertations & Theses Global.

Outside the Classroom

I live in Southern California. I'm a full-time first responder with a local law enforcement agency. I have almost 20 years of service where I have worked a variety of specialized assignments that have shaped my outlook on life. I am married with two children. Since 2015, my wife and I have been part of the Worldwide Marriage Encounter Ministry. We present weekend experiences for Christian married couples and are active in our local parish.

I love my Peloton indoor cycle! It helps with my high level of stress and anxiety. With all the hustle and bustle in my life, I find pleasure running around with my kids while using our imagination to come up with games that don't involve a tablet while doing our best not to annoy mom! When I'm not working, ministering, or napping, I've been known to binge-watch reruns of *Star Trek: The Next Generation* or *I Love Lucy*.