

# Resources Opioid Use Disorder Care during COVID-19

California Bridge COVID-19 Emergency Response- this website is being updated regularly with guidance for outpatient and ED programs: https://www.bridgetotreatment.org/covid-19

Key points for EDs and hospitals prescribing buprenorphine:

- Extend prescriptions of buprenorphine, including first buprenorphine prescriptions from the Emergency Department (ED) to the **maximum length possible**.
- Month-long prescriptions are encouraged including first buprenorphine prescriptions from the ED (for >7 day prescriptions, check the <u>IL PMP</u>).
- Utilize pharmacy home delivery for buprenorphine especially for those in quarantine or with co-morbidities that put them at increased risk.
- All people who use drugs should be given naloxone, safe consumption supplies, and fentanyl test strips. Even those who are not ready to quit can receive buprenorphine to treat withdrawal. See <u>website</u> for further details.

**Guidance from the Yale Program** in Addiction Medicine, Global Health Justice Project, Crackdown, and partners (more specific for outpatient providers):

- COVID-19 Guidance for People Who Use Substances
- COVID-19 Guidance for People Engaged in Substance Use Treatment
- COVID-19 Guidance for Clinicians & OTPs

#### Harm Reduction handouts from Harm Reduction Coalition:

- Safer Drug Use During COVID: <a href="https://harmreduction.org/wp-content/uploads/2020/03/COVID19-safer-drug-use-1.pdf">https://harmreduction.org/wp-content/uploads/2020/03/COVID19-safer-drug-use-1.pdf</a>
- Guidance for harm reduction programs : <a href="https://harmreduction.org/wp-content/uploads/2020/03/COVID19-harm-reduction-providers-1.pdf">https://harmreduction.org/wp-content/uploads/2020/03/COVID19-harm-reduction-providers-1.pdf</a>

# **Guidance on allowances for Telehealth:**

- DEA- now allows first buprenorphine prescription to be given via telehealth: https://www.deadiversion.usdoj.gov/coronavirus.html
- New guidance on telehealth platforms allowed during national emergency: <a href="https://www.hhs.gov/hipaa/for-professionals/special-topics/emergency-preparedness/notification-enforcement-discretion-telehealth/index.html">https://www.hhs.gov/hipaa/for-professionals/special-topics/emergency-preparedness/notification-enforcement-discretion-telehealth/index.html</a>



https://www.hhs.gov/sites/default/files/february-2020-hipaa-and-novel-coronavirus.pdf

- DEA and SAMHSA Buprenorphine and Telemedicine COVID-19 Guidance: <a href="https://www.samhsa.gov/sites/default/files/dea-samhsa-buprenorphine-telemedicine.pdf">https://www.samhsa.gov/sites/default/files/dea-samhsa-buprenorphine-telemedicine.pdf</a>
- Updated IDHS Telehealth Allowances (4/20)
   <a href="https://www.illinois.gov/hfs/MedicalProviders/notices/Pages/prn200420a.aspx">https://www.illinois.gov/hfs/MedicalProviders/notices/Pages/prn200420a.aspx</a>
- Data sharing 42 CFR Part 2 Guidance
   <a href="https://www.samhsa.gov/sites/default/files/covid-19-42-cfr-part-2-guidance-03192020.pdf">https://www.samhsa.gov/sites/default/files/covid-19-42-cfr-part-2-guidance-03192020.pdf</a>

# **National Institute on Drug Abuse**

https://www.drugabuse.gov/about-nida/noras-blog/2020/04/covid-19-potential-implications-individuals-substance-use-disorders

# **SAMHSA**

 Training and Technical Assistance Related to COVID-19: https://www.samhsa.gov/sites/default/files/training-and-technical-assistance-covid19.pdf

#### IDHS/SUPR

- Digital Recovery Support Resources Toolkit http://www.dhs.state.il.us/page.aspx?item=123318
- IDHS/SUPR Sponsored Trainingshttps://www.dhs.state.il.us/OneNetLibrary/27896/documents/2020SmartAlerts/IDHS-SUP R Sponsored Trainings.pdf

### **Hotline Information**

• IDHS Emotional Support Line - Call4Calm

Call4Calm is for Illinois residents experiencing stress and mental health issues related to COVID-19. Call4Calm is free to use, and individuals will remain anonymous. Text "TALK" to 552020. For Spanish, text "HABLAR" to 552020.

#### • Illinois Warm Line

If you or one of your family members has mental health and/or substance use challenges and would like to receive support by phone, call the Illinois Warm Line at 866-359-7953. Wellness Support Specialists are professionals who have experienced mental health and/or substance use recovery in their own lives. They are trained in recovery support, mentoring, and advocacy and are ready to listen and support you. The Warm Line is not a crisis hotline, but is a source of support as you recover or help a family member to recover. Hours of Operation: Monday through Friday, 8am-5pm except holidays



# **National Health Care for the Homeless COVID-19 Resources**

https://nhchc.org/clinical-practice/diseases-and-conditions/influenza/