

Class Of 2029 Newsletter | September 2025

University of Minnesota

Welcome Class of 2029!

Throughout your first two years, you will receive newsletters that will function as a touchpoint full of resources, events (both specific to first-year students and for the broader student body), and any campus need-to-knows. Let's dive in!

In this Newsletter

- First Year Features—helpful topics for your first year
- Connect on Campus—upcoming events and things to do
- Supporting U—resources and opportunities to give you support
- Goldy's Reminders—to-dos and helpful things to know

Stay Connected

Instagram- [oteumn](#)

- Keep updated with OTE

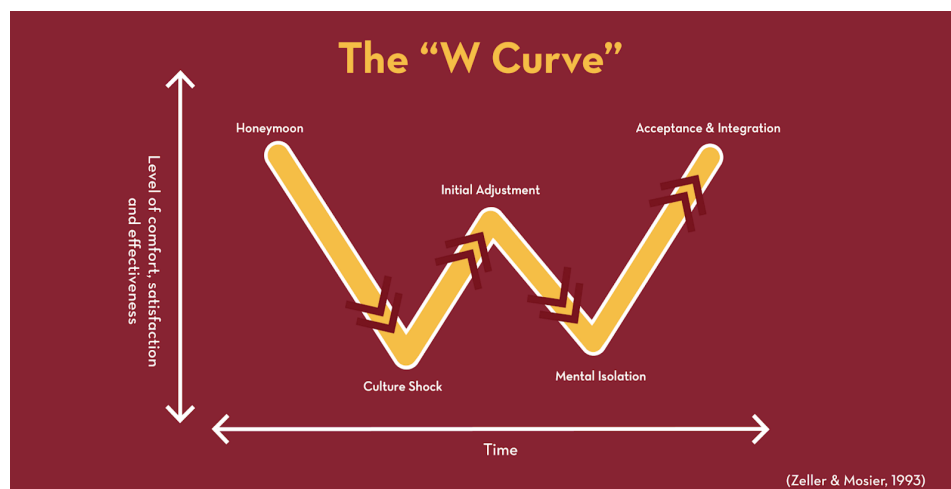
First Year Features

[Gopher Guide](#)

The Gopher Guide is a comprehensive resource for new University of Minnesota students, providing information on academics, campus life, and ways to get involved to help you transition and thrive.

Knowing The W Curve

This graphic will help you navigate your transition into college life. Make sure to be kind to yourself and know campus [resources](#) are available to make you feel comfortable.




Connect on Campus

Introducing you to Academic Advising

Your academic advisor is here to assist you during your journey into the U. Your advisor offers support in degree planning, exploring your goals, or suggesting resources beneficial for you. Visit the [advising website](#) and learn about the variety of advising services designed to help you during your transition.

Academic Advising for Undergraduate Students at the University of Minnesota Twin Cities
Academic Advising

Home Find an Advisor About Academic Advising You & Your Degree Campus Resources Events



Welcome to Your Advising Community!

We are glad you are a student here and look forward to working with you during your undergraduate journey. This is an exciting time of exploration, discovery, and learning. Use this site to find answers to questions about advising such as:

- Who is my advisor?
- What can I talk to my advisor about?
- How do I register for classes?
- How do I prepare for graduation?

Frequently Used Links

- Find an Advisor
- Make an Appointment
- Registration Tools
- Preparing for Graduation

Fall Semester: Important Dates

September 2: First day of fall semester

October 1: **Priority deadline** for applying to transfer to most other colleges on campus

November 10: Last day to **drop** full semester classes

Looking for more dates, deadlines, and/or forms?
Visit the [One Stop Student Services](#) website.

Fun & Affordable Events

This Events page on the [SUA website](#) is built to update you on all upcoming campus events from guest speakers to trivia and everything in between. Bookmark this to your browser to stay up to date on all fun event options.

EVENTS

- SUA General
- Art Galleries
- Promotions
- Homecoming



Bingo Night: Move In Day >
September 3, 2025 at 7:00 PM



Trivia Night: Summer 2025 >
September 4, 2025 at 7:00 PM



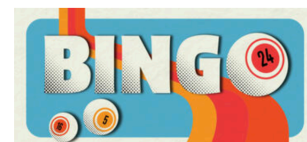
WAM-O-Rama >
September 5, 2025 at 4:00 PM



Campfire Kickoff >
September 6, 2025 at 7:00 PM



Poster Sale - West Bank >
September 8, 2025 at 9:00 AM - September 12, 2025 at 6:00 PM



Bingo Night: Tech + Study Night Survival >
September 10, 2025 at 7:00 PM

Getting Started with Undergraduate Research and UROP (and Pizza)!

Want to know more about getting started with undergraduate or faculty-sponsored research? [Join us](#) on Thursday, September 18 from 3 to 4 p.m. in Walter Library to learn more. We will host a panel with undergraduate student researchers who will share their experiences and give you next steps to get started.

Statewide Star Party at the Bell Museum

Across the state, people will be looking up at the sky September 18-20 and learning about auroras during [the Bell Museum's Statewide Star Party](#). Find an event at sites across the state, or join us at the Bell on Friday, September 19, 8:30-10:30 p.m. for our own Star Party. Outside, we'll have our telescopes set up to observe our favorite deep space objects (weather permitting). Inside, you can learn about the science behind auroras and make art inspired by them. We'll also have short, free planetarium shows on a first-come, first-served basis!



Swiftie Study Break (TS12 Edition) at Walter Library

Take a study break to make friendship bracelets, TS 12 souvenirs, buttons and other crafts in honor of [Taylor's new album The Life of a Showgirl's](#) release on Friday, October 3rd in Walter Library anytime from 3 to 4:30 p.m.

Find Your Ideal Study Space

The University has lots of buildings but which ones have good places to study? Find quiet study spaces, library spaces, coffee shops, computer labs and (reservable) study rooms. Try the [Study Space Finder](#) and use the map to find a convenient spot to you, to your classes or residence halls and more!

Study Space Finder

191 Study Spaces

Building: 0 Selected

Computer Lab, Coffee Shop, Study Room, Outlets, Natural Light, Whiteboards, Printing

Large Monitor, Tables and Chairs, Lounge Seating, Indiv. Desks, Chatter, Low Hum, Quiet

10 Church Street - 1-108, 10 Church Street - 1-101, 216 Pillsbury Drive - Ground Floor, Alderman Hall - 4th Floor - 417, Appleby Hall 139, Appleby Hall 149, Appleby Hall 150, Appleby Hall 151, Appleby Hall 152

Course Works: Your Shelf is Live in Canvas

To access your Shelf, log into Canvas and click the [“Course Works”](#) tab on the global navigation bar. If applicable, print or physical materials will be available for pickup at the bookstore. The opting window closes on September 15.



Community Engagement Fair

Find a volunteer opportunity that fits your interests. Check out the [Community Engagement Fair](#) and meet with 75+ community organizations in the Twin Cities. Stop by Coffman's Great Hall on Tuesday, September 30, between 10:30 a.m. and 1:30 p.m. to connect with organizations.

Friday Finish at Walter Library

Need motivation to turn your Friday afternoon into a key part of your homework routine? Come to Walter Library on Friday, September 12 anytime from 1:30 to 4 p.m. for a relaxed yet productive study time at the [Friday Finish](#). Study solo or bring a friend. Try drop-in peer tutoring. Get help with research and writing. Take fun micro-study breaks. Start at the first floor to sign in for a chance to win fabulous door prizes, view the Friday Finish schedule, grab a snack, then find your perfect study spot to get it done!



Events for U

The Learning Abroad Fair is designed for students to discover the variety of learning abroad options available at the University of Minnesota. Students will have the opportunity to meet Learning Abroad Center staff, affiliated program staff, college advisers, and many other departments from around the U that will help with the steps needed to participate in an education abroad experience.

Learning Abroad Fair

Date: Wednesday, September 17

Time: 10 a.m.–2:30 p.m.

Location: West Bank Plaza

[Undergrad Job Fair](#)

Are you a UMN Twin Cities undergrad in search of a job this semester? Check out the student job fair fair next week!

Date: Thursday, September 18

Time: 10 a.m.–3 p.m.

Location: RecWell MP 1/2 (2nd floor)

Supporting U

[Student Parent HELP Center](#)

The Student Parent HELP Center is a support program for pregnant and parenting U of M students at all degree levels.

Services include: child care grants; academic, financial and family based referrals and supports; Title IX pregnancy leave and family related absence advocacy; basic needs referrals for students with children, and much more.

To schedule an appointment, Undergraduate students should email **Na king Xiong at:**
xiong496@umn.edu.

[Nutritious U Food Pantry](#)

This is a free on-campus food pantry available to any student at the U of M! (Please bring your U card for verification) Students are allowed to come once per pantry week.

Coffman Memorial Union (Room 103A)

Dates: September 10 & 11, 24 & 25

Time: 11 a.m. - 5 p.m.

St. Paul Student Center (Harvest Room)

Dates: September 18

Time: 11 a.m. - 5 p.m.

Mental Health Resources

[Boynton Health Services](#)

Your mental health deserves as much attention and care as your physical health. If you feel like you need help, you can schedule an appointment by calling 612-624-1444.

[Student Counseling Services \(SCS\)](#)

If you are in need of additional help and support, counselors are available at University Student Counseling Services. Call 612-624-3323 for information.

[Let's Talk](#)

Let's Talk provides free virtual and informal drop-in consultations throughout the academic year. Let's Talk counselors can listen to specific problems (such as stress, relationships, and academic performance), provide support, help explore solutions, and give information about other resources. Let's Talk is offered five days a week, with no appointment needed. Students are able to select from a range of counselors with different personal and professional experiences and locations.

[Group Therapy](#)

These sessions are available to all students as a safe, confidential space to share and overcome challenges. Each meeting is 60 minutes long and consists of around 4 - 8 members. View the [groups](#) to see what could work best for you!

Goldy's Reminders

Stay Golden: [U Card](#)

The Gopher Guide is a great resource for your first year experience compiling around 70 campus department resources! This week's feature explains the importance of your U card, how to take care of it, and its many functions.



Taking Care of Your U Card

Do:

- ✓ Store your U Card in a protective sleeve
- ✓ Keep your U Card in a secure place
- ✓ Monitor your U Card account balances
- ✓ Carry your U Card with you on campus

Do not:

- ✗ Punch a hole in your U Card or bend it
- ✗ Lend your U Card to anyone
- ✗ Scratch the magnetic stripe
- ✗ Put your U Card near a magnet or wireless charger
- ✗ Share your U Card on social media

Stay Safe!

The [University of Minnesota Department of Public Safety](#) is here to help. Contact one of these numbers and or attend informational events for assistance:

- Safe Walk Service: 612-624-WALK (9255)
- Non-Emergency: 612-624-COPS (2677)
- Emergency: 911
- U of M Textline: text "UMN" to 61222
- U of M Crisis Line: 612-301-4673
- [Self Defence Workshops](#)
- [Online Active Threat Training](#)

Self-Defense Workshops

UMPD offers self defense workshops throughout the academic year. They cover personal safety awareness and how to stay vigilant. Participants are shown simple self-defense moves and are given a chance to practice. Students, faculty and staff can [sign-up](#) for a workshop.

Online Active Threat Training

DPS developed an online active threat [training course](#) that is available to anyone with an [@umn.edu](#) email address.
