

Practice Schedule

Week #8
March 6th to March 11th

<u>Calendar</u> Weather

Monday, March 6th

Location - <u>Field House</u>
2:30 - Team Pictures in the Field House
Vipis.com - <u>Team Picture Information</u>
2:35-5:05 - Practice

Tuesday, March 7th

Location - <u>Field House</u> 2:35-5:05 - Practice 2:40 - Full Team Meeting (Field House)

Wednesday, March 8th

Location - <u>Field House</u>
2:30-4:00 - Practice for Non-Competing Athletes
***Non-Competing athletes will work the invitational

Tiger Junior Varsity Indoor Invitational

Team Meet Information
Time Schedule | Order of Events
Invitational Website

3:10 PM Team Arrives for Team Meeting in Health Classroom
5:00 PM Field Events
5:15 PM Exhibition 55 Meters
5:45 PM Running Events
8:30 PM Approximate Finish Time

Thursday, March 9th

Location - <u>Field House</u>
Boys Home Meet
2:30-4:45 - Practice
4:30 - Team Meeting -Health Classroom

Wheaton Warrenville South High School

Tiger Girls Cross Country and Track & Field 1993 Tiger Trail Wheaton, Illinois 60189 630-784-7200

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Friday, March 10th

Location - <u>Field House</u> 2:35-4:30 - Practice

Batavia Distance Madness

Meet Information

Limited Invitation - Only Distance Races

Saturday, March 11th

Huntley Invitational
Huntley High School, Huntley
Meet Information
6:30 AM - Bus time

Non-Competing Athletes
No Practice
Event coach will communicate workout/training

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