BREAKFAST

OCTOBER 2022

JEFFERSON UNION HIGH SCHOOL DISTRICT

MENU SUBJECT TO CHANGE

Monday	Tuesday	Wednesday	Thursday	Friday
3 Sausage & cheese breakfast sandwich	4 Waffles with syrup	5 Collaboration Day Lunch served	6 Breakfast pizza	7 Pancake sausage wrap
10 Indigenous Peoples Day No school	11 Egg & cheese taco	12 Collaboration Day Lunch served	13 Cinnamon crumble coffee cake	14 Breakfast burrito
17 Bagel with cream cheese	18 Blueberry pancakes	19 Collaboration Day Lunch served	20 Chicken sausage biscuit	21 Maple waffles
24 Cinnamon crumble coffee cake	25 Breakfast pizza	26 Collaboration Day Lunch served	27 Yogurt parfait	28 Sausage pancake wrap
31 Pumpkin Halloween bread				



All meals come with a variety of fresh fruit, juice, low fat or skim chocolate milk
Cereals, muffins, bagels & cream cheese, yogurts and breakfast bars are also available