

Mental Health Resources

National Resources/Hotlines/Text Lines

National Suicide Prevention Lifeline:	www.suicidepreventionlifeline.org	-800-273-TALK (8255) 1-800-799-4889 (TTY)
Crisis Text Line	Provides free emotional support and information to teens in any type of crisis	Text HELLO to 741741
SAMHSA	disaster distress hotline to connect with a trained crisis counselor.	1-800-985-5990 or text TalkWithUs to 66746
The Trevor Project	24/7 crisis and suicide prevention helpline for LGBTQ+ youth	1-866-4-U-TREVOR www.thetrevorproject.org
National HOPELINE Network	24/7, free and confidential support for people in distress	1-800-784-2433
National Domestic Violence Hotline	24/7, free and confidential support for anyone experiencing domestic violence, seeking resources or information, or questioning unhealthy aspects of their relationship	1-800-299-SAFE (7233) 1-800-787-3224 (TTY) Also available via online chat at www.thehotline.org
National Teen Dating Abuse Hotline	24/7 via phone, text, and online chat to offer young people information, support, and advocacy to those who have questions or concerns about their dating relationships	1-866-331-9474 Text: 22522

Local Organizations

PMS @ 1(575)885-4836

HEALTH/MENTAL HEALTH RESOURCES

Canyon Sage Healing Arts

Individual and family therapy, substance abuse therapy, equine therapy
502 W. Bonbright
Carlsbad, NM 88220
(575) 725-5735

Counseling Services

608 N Canyon St.
Carlsbad, NM 88220
(575) 234-1644

Golden Services Counseling

800 W Pierce St.
Carlsbad, NM 88220
(575) 234-3335

Mindful Journey

Individual and family therapy, substance abuse therapy
411 N. Canyon
Carlsbad, NM 88220
(575) 361-5185

Presbyterian Medical Service - Artesia Family Health Center

Core Service Agency, individual and family therapy, CCSS services
1105 Memorial Dr.
Artesia, NM 88210
(575) 746-9848

Presbyterian Medical Service - Carlsbad Family Health Center

Core Service Agency, individual and family therapy, CCSS services
914 N. Canal St.
Carlsbad, NM 88220
(575) 885-9293

Synergy Behavioral Health

1101 W Pierce St.
Carlsbad, NM 8822
(575) 725-5562

SUBSTANCE ABUSE RESOURCES

Addiction Centers New Mexico

Addiction Center's goal is to provide addicted people and their loved ones with the information, support and resources they need to find hope and healing in recovery. Get 24/7 Help now.

(855) 706-9275

Villa de Esperanza

611 W Stevens St.
Carlsbad, NM 88220
(575) 885-1689

DOMESTIC VIOLENCE RESOURCES

Carlsbad Battered Families

(575) 628-0525

Grammy's House

(575) 365-5144

Additional Counseling Resources found by clicking [here](#)