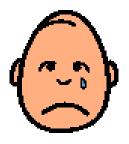
## Sometimes I Feel Sad

Sad.

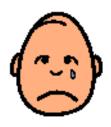


People feel sad when someone they love very much dies.

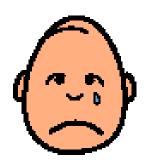
It's OK to feel sad.

It's OK to cry.

When I feel sad, I can tell my Nanna or my teacher I feel sad.



Sometimes it helps to talk about why I feel sad.





Everyone feels sad sometimes. I will try to remember to talk to someone when I feel sad.