

Devon Allen AMDG Invitational

Brophy Prep - Graham Family Sports Campus

Friday March 17, 2023

Running Events

Event Order	Estimated Time
*Boys 4x800m Relay	2:30 PM
*Girls 4x800m Relay	2:45 PM
Devon Allen Champion 110HH Award	
Boys 110m Hurdles	3:05 PM
Girls 100m Hurdles	3:19 PM
*Boys 4x100m Relay	3:35 PM
*Girls 4x100m Relay	3:48 PM
Boys 400m	4:02 PM
Girls 400m	4:19 PM
Boys 800m	4:39 PM
Girls 800m	4:51 PM
Robert Grant Champion 300IH Award	
*Boys 300m Hurdles	5:04 PM
*Girls 300m Hurdles	5:22 PM
Boys 100m	5:42 PM
Girls 100m	6:00 PM
Charles Hampton Champion 1600m Award	
Boys 1600m	6:16 PM
Girls 1600m	6:29 PM
Louis Allen Jr. Memorial Race	
*Boys 4x400m Relay	6:42 PM
*Girls 4x400m Relay	7:06 PM

Field Events

Boys Pole Vault	1:30 PM
Boys Discus	2:00 PM
Girls Shot Put	2:00 PM
Boys High Jump	2:00 PM
Girls Long Jump	2:00 PM
Boys Long Jump	2:00 PM
Girls Pole Vault	5:00 PM
Girls High Jump	5:00 PM
Boys Shot Put	5:00 PM
Girls Discus	5:00 PM
*Boys Triple Jump	5:00 PM
*Girls Triple Jump	5:00 PM

Coaches meeting – 1:30 pm

Devon Allen AMDG Invitational - sponsored by Nike.

Brophy Prep Graham Family Sports Campus - Friday March 17th, 2023:

Welcome to your high school boys and girls track and field teams at our 12th Brophy Prep AMDG Invitational. Brophy Prep alum Devon Allen, who is the Arizona 110M HH state record holder and a USA Olympian, is sponsoring this AMDG Invitational to promote Arizona high school track and field.

*The boys and girls high hurdle race will be featured - the short hurdle event winners will receive a Devon Allen 110HH trophy.

*The boys and girls 4x400m relay will also be featured - the champion relay teams will receive the Louis Allen Jr. Memorial award.

*The boys and girls intermediate hurdle race will be featured - the 300m hurdle event winners will receive Diadora shoes/gear from Brophy Alum and Arizona HS State record holder Robert Grant.

*The featured boys and girls 1600m race champion will receive an award sponsored by Beynon Sports Surfaces - named after Brophy school record holder and multiple event state track and CC champion Charles Hampton.

The scoring and events in this unique AMDG Invitational track and field competition follows the format of the Nike Track Nationals team championship meet that was held in June, 2010 and 2011, in Eugene, OR.

Each school will compete for points in ten track and field events including: 100m, 110/100m Hurdles, 400m, 800m, 1600m, Long Jump, High Jump, Pole Vault, Shot Put, Discus Throw. Each is allowed to enter **up to 3** athletes for each event, with a two-event maximum per individual athlete in scoring events. The performance marks will be scored in decathlon fashion with performance marks awarded a point score. Competition consists of ten scoring events, all 10 events will count and the team total score will be the sum of the ten events. The highest score earns the team championship trophy.

With this format, a school with only 5 or 6 outstanding athletes could win this team competition. One athlete could race the 100m and long jump, a second race the 800m and the 1600m, another race the high hurdles and high jump, number four could throw shot and discus, and their pole vaulter could be strong in the 400m. More often, the winning team has 8-10 specialists who each focus on their event to perform a PR to earn the most points possible for their team in that event.

The scoring will consist of 10 athlete performances from the school in the scoring events. The athletes' event score will count for their team if they perform the best mark for their school. An athlete can only register to compete in 2 scoring events. Athletes can compete

for any of their schools teams for relays and non-scoring individual events. A school can enter one relay team in the 4x800, 4x100, and 4x400. Again, a non-scoring event can be an athlete's 3rd and 4th event (maximum of 4 events per athlete).

Each school can also enter **up to 3** athletes in Non-Scoring Triple Jump, 300m Hurdles. Each school can enter one relay group in the 4x800, 4x100 and 4x400 Non-Scoring relays.

With the large number of teams entering this meet (same as 2022), to keep this varsity meet on a reasonable time schedule, schools are encouraged to choose to enter only two or even one athlete per event - the team entry fee will be reduced accordingly. The [minimum standard for entering](#) an athlete in each event is provided here to guide the entries. Opening heights in HJ and PV have increased to limit the number of participants, and [minimum measurement distances](#) are also set to manage time efficiency for this varsity competition.

***As an incentive to reduce the number of athletes/heats - a school can choose to enter 2 athletes per event at the 2 entry team rate, and then enter up to 5 more athletes as the 3rd that meets the qualifying mark in those events - and still only pay the 2 entry team rate. The idea is most teams don't have 'varsity' level depth in all events - so please enter a 3rd participant only in events where your team has an athlete that has met the minimum standard for entering into this competition.**

1. This meet will be an AIA sanctioned state qualifying meet.
2. Track is all-weather. 1/4" or 1/8" spikes only - track opened in April 2010. No food or drink allowed on the FieldTurf infield inside the track.
3. All running events are timed finals - there are no prelims. Athletes will check in before each event on the infield at the tent in the south end zone. Hip numbers will be used for all races.
4. Long and Triple Jump - competitors will be allowed 4 jumps. All boys and all girls will jump in seeded flights. There will be no finals. The long jump minimum distance for measurement will be 13' for girls and 17' for boys. Triple jump minimum measurement will be 25' for girls and 35' for boys.
5. Shot Put and Discus: Implements will be weighed at the SW garage door opened storage area near the track finish line at 1:30. Throwers will get four throws, no finals. (Decathlon performance points are used for scoring in the team competition, so to be fair it is reasonable to have all throwers receive the same number of throws). The minimum distance for measurement for girls will be 25' for shot put and 60' for discus, and for boys will be 35' shot put and 90' discus.
6. High Jump and Pole Vault: Pole vault weigh in will also be at the SW garage door opened storage area near the track finish line at 12:30 and 4:30pm. Pole vault opening height for girls will be **7'6"**, with 1'0" raises until 9'6", then 6".... Boys opening height will be **9'6"**, with 1'0" raises until 11'6", then 6".... High jump opening height for girls will be **4'6"**, with a 3" raises until 5'0", then 2"..... Boys HJ will open at **5'6"**, with 3" raises until 6'0", then 2"..... The PV and HJ opening height is set so that the competition **can be concluded by a reasonable time.**

7. The Brophy Prep Graham Family Sports Complex is located at 7th St. and Highland (entrance to Xavier College Prep) (4700 North 7th Street, Phoenix, AZ 85012). Track Facility: 8 lane all-weather track opened in April 2010. Spectators will enter at the SE corner of the Brophy Sports Campus.

*Spectator admission is \$7 for adults, \$4 for students/military/seniors - **online purchase in advance** at <https://gofan.co/app/events/937700?schoolId=AZ12767>. Children 6 and under can enter for free. Programs will be available for \$1. The spectator gate entrance into the Brophy Sports Campus is at the SE corner of the facility. Food and drink will be available for purchase at the concession window at the SW corner of the track.

*The Xavier school entrance can be backed up with traffic - **if your bus arrives around Noon, please direct your driver to drop your team off at the North Entrance to the Brophy Sports Campus off of Pierson street.** That gate will be open for team entrance from Noon until 1pm. There is no parking allowed there on Pierson street - buses should drop off passengers and then go. There is parking space available at Brophy (Central Ave and Highland). Team buses can use the main Xavier entrance for drop off - at the spectator entrance (7th St & Highland), and then they also would go park at Brophy (Central Ave and Highland).

8. Team camps will be outside the south turn of the track or in the east side field. The limited bleacher space - so only coaches and spectators in the bleachers. Athletes can warm up on the FieldTurf infield, but no camping in there - athletes should leave the infield after their race/event is complete. Please - no food, seeds, or drink inside the track.

*The gate to enter the track area is at the 300m start area - the gates to access the track near the finish line will be closed to reduce traffic by the timing system.

Entries will be submitted on-line by 11pm on Monday March 13th on Milesplit. State qualifying: All 15 events will be state qualifying events (There is no 200m, 3200m, nor Javelin). The races will be seeded by submitted times/distances and the fastest heat will run last. See the unique Order of Events page for the meet schedule.

The top 3 performances in all 15 events will medal. A team trophy will be awarded to the 1st place and runner-up boys and girls teams.

Finish line and meet management services provided by Clyde Resendez with Wingfoot Finish. Live results will be available throughout the meet **for field events** and running events at <http://live.wingfootfinish.com/>