MSMS Athletics General News and Requirements
Sports offered at Main Street

Fall
7th and 8th grade Girls and Boys Soccer
5-8 grade Field Hockey
5-8 grade Cross Country
Winter
7th and 8th grade Boys and Girls Basketball
5-8 grade Nordic Skiing
Spring
7th and 8th grade Baseball
7th and 8th grade Softball
5-8 grade Track and Field
5-8 grade Boys Lacrosse (Girls can play too)
7th and 8th grade Boys/Girls Ultimate

MSMS Meet the Coaches Meetings will always be held prior to the start of each season

- Important information about the seasons will be handed out at these meetings
- Chance to meet with your coach for the upcoming season
- Will go over student-athlete handbook
- Directions on how to use the online registration for sports will be explained
- Schedules will be handed out
-Opportunity to register at this meeting using the online site

Paperwork that **needs** to be submitted prior to participation in practice:

1. Concussion Informational sheet
2. Emergency information card
3. MS Athletic Eligibility form
4. Well Exam (physical) form (required every two years) Check with Matt Link if you are unsure if you need a new one or not

You can go green and register online now for any sport throughout the year at: http://montpeliervt.gomyreg.com/info/ Look for the how-to sign up sheet on the site. Make sure you sign up for MIDDLE SCHOOL sports. For example, you will see multiple basketball options when going to register for basketball. If you sign up for the HS option of your sport, you will not receive MSMS emails and notices.

*A complete schedule of all sports games and practices can be found on the MPS tandem calendar at:
https://montpelierschools.tandem.co
On that new calendar you will be able to sign up and subscribe to whatever sport you wish. When there are changes or additions to the sport you subscribed to, you will be notified via email or text. You will also be able to run a search and generate just a list

of games or practices of one sport. So you won't have to filter through every single day to figure out a full schedule!

If you have any questions you can contact Matt Link at 802-225-8019 or by email MatthewL@mpsvt.org