



Title of Your Paper, Capitalize First Letter Time New Romans 14

Name, Surname^{1*}, Name, Surname² Time New Romans 12

¹Department, Afiliasi, Negara

²Department, Afiliasi, Negara

*Corresponding Author: Name, Surname, e-mail: your@email.com

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Abstract

Word limit: 150-300 words.

The abstract should be informative and understandable without referring to the text of the manuscript. the it includes

Study purpose.

Materials and methods.

Results.

Conclusions.

Keywords: (3-6 words).

DOI: <https://doi.org/10.52188/ijpeess.v3i1>

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Introduction

The section should specify the main controversy to be investigated in the paper, analysis of recent research and publications, hypothesis, and purpose of the study.

Materials and methods

Study participants

Describe the participants of the study.

Study organization

Indicate methods and the purpose of their use; research procedures and an algorithm for conducting a pedagogical experiment.

Statistical analysis

Data analysis procedures used, software and steps.

Results

The study results should be presented in tables and described in a logical sequence.

Discussion

Briefly present the core results of the research, then discuss based on relevant studies, to position the research results in the latest research scene / last 10 years), the citations used must be related to the research results. show the position of the research results in the face of previous research.

Conclusions

Conclusions should reflect the results and be linked with the purpose of the study. Avoid conclusions that are not supported by the data obtained.

Acknowledgment

An acknowledgements statement may contain detailing those who helped in carrying out the research but who have not been recognised as contributors, as well as personal expressions of gratitude.

Conflict of interest

If the authors have any conflicts of interest to declare.

References

References are formatted in the [APA style 7](#), listed in the order of citation appearance, and not numbered. citations from references of the last 10 years

Author, A. A., & Author, B. B. (Year). Title of the article. *Name of the Periodical*, volume (issue), #-#. <https://doi.org/xxxx>

Example,

Ivashchenko, O., & Cieřlicka, M. (2017). Discriminant analysis to assess the immediate effect of power loads in girls 7 years old. *Journal of Education, Health and Sport*, 7(2), 123–134. <https://doi.org/10.5281/zenodo.268563>

Correa, A. A., Grima, P., & Tort-Martorell, X. (2009). Experimentation order with good properties for 2^k factorial designs. *Journal of Applied Statistics*, 36(7), 743–754. <https://doi.org/10.1080/02664760802499337>

Correa, A. A., Grima, P., & Tort-Martorell, X. (2012). Experimentation order in factorial designs: new findings. *Journal of Applied Statistics*, 39(7), 1577–1591. <https://doi.org/10.1080/02664763.2012.661706>

Information about the authors:

Surname, title: e-mail, ORCID iD; name of the department, affiliation. Country

Example:

Dr. Mikkey Anggara Suganda., M.Or: mikkey-anggara-suganda@unucirebon.ac.id, <https://orcid.org/0000-0003-1764-3646>, Department Of Physical Education, Health and Recreation, Universitas Nadhlatul Ulama Cirebon, Indonesia

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Table 1. Name Students Universitas Nahdlatul Ulama Cirebon

No	Name	ID	Class
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Figure 1. Logo Journal IJPESS Indonesian Journal of Physical Education and Sport Science