



# 2026 RCRC Rebellion Small and Big Boat Tournaments Regatta Packet

River City Rowing Club welcomes you to the

## **19<sup>th</sup> Annual RCRC Rebellion**

at the Port of West Sacramento

**Small Boat Tournament, June 6<sup>th</sup>**

**Big Boat Tournament, June 7<sup>th</sup>**

Please carefully review this regatta packet;

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Questions may be emailed to [rebellion@rivercityrowing.org](mailto:rebellion@rivercityrowing.org)

## I. ENTRIES

### A. Classifications:

1. All Rowers including Junior, Open, Masters and Para, and Men's, Women's and Mixed (at least 50% Women) Boats.
2. Small Boat Tournament: Singles (1x), Doubles (2x) and Pairs (2-)
3. Big Boat Tournament: Fours (4+), Quads (4x) and Eights (8+)

### B. Eligibility:

All rowers are eligible to enter the Rebellion regardless of age or ability provided the following compliance requirements are met:

#### 1) **USRowing Organizational Membership:**

All participating organizations must hold active Organizational Membership with USRowing or Regatta Pass. Organizations can join or renew their membership at the [Membership Portal](#) or by contacting Member Services at [members@usrowing.org](mailto:members@usrowing.org). Athletes must compete under their organization's official USRowing membership name. The only exception to this rule is for single entries that may race "Unaffiliated." Composite entries are allowed.

#### 2) **USRowing Individual Membership:**

All athletes must hold a current US Rowing Individual Membership and be USRowing compliant in two areas:

- a. Individual competitors can join USRowing at the [Membership Portal](#). Competitors can renew an expired membership and/or check their current membership status by logging in to their member profile at the [Member Login](#).
- b. **USRowing Waivers:** All athletes must have a current signed USRowing agreement on file with USRowing. Competitors may accept the agreement by logging into their member profile at the [Member Login](#).

#### 3) **To avoid compliance problems on race day, all Competitors should check their current membership status well ahead of time by logging into their member profile at the [Member Login](#). If there are compliance issues, they may take days to resolve with USRowing.**

### C. Registration:

1. Registration is ONLY online through [Regatta Central](#). Registration closes Saturday May 30, 2026 for both the Small Boat and Big Boat Tournaments. After close of registration, there will be NO refund of fees due to scratching or weather. Composite entries are acceptable.
2. Individuals (rowers and coxswains) *may race in both the big and small boat tournaments.* **However, individuals may only be entered in one boat in either tournament and there is no sharing boats or equipment with other entries. Due to the race format, if you were to enter in two events in the **same** tournament, you could end up racing yourself! **NOTE for RCRC Members: RCRC members may only enter in one tournament and will be assigned to a "voluntold" shift during the other tournament.****

3. A maximum of 112 boats are allowed in the Small Boat Tournament and 96 boats are allowed to enter in the Big Boat Tournament, and entries will be accepted in the order they are received.
4. Age Categories: There is no Masters AA age category. Boats with average ages of 19-26 must be entered in the Open Event. Boats with average ages of 27 or greater must be entered in the Masters Event. Boats entered in the incorrect Event for their age category will be automatically moved to the correct Events.

**D. Handicapping:**

1. All boats within each Tournament will be handicapped based upon boat type, age(s) and gender. The handicap chart will be posted with the final schedule. Mixed pairs will be assigned men's pairs handicaps. There are no separate handicaps for lightweights.

**II. EVENT SAFETY**

**A. The following event safety protocols will be in place:**

1. Private security will be patrolling the North shore of the Barge Canal / Locks area for the duration of the event.
2. RCRC's emergency response plan includes a 'race stoppage' alert; in any situation where the regatta director and Chief Referee determine that the regatta should stop for the safety of participants, all safety launch drivers will sound a three horn blast. All crews must immediately stop racing/warm-up and attend to the nearest launch driver. Depending on conditions, the safety launches will direct crews whether to hold until conditions improve or immediately return to the dock. Safety launches will remain on the water.
3. Each dock master has a radio to contact Regatta Staff and/or First Aid..
4. The First Aid tent is set up on the peninsula, alongside the Regatta Headquarters building and will be staffed throughout the day.
5. Ice water and electrolytes are available for all participants at the First Aid tent, and near each dock (please do bring your own - but help yourself if you run out or this supply is more appealing!).

### III. EVENT PARKING

#### A. Directions to RCRC:

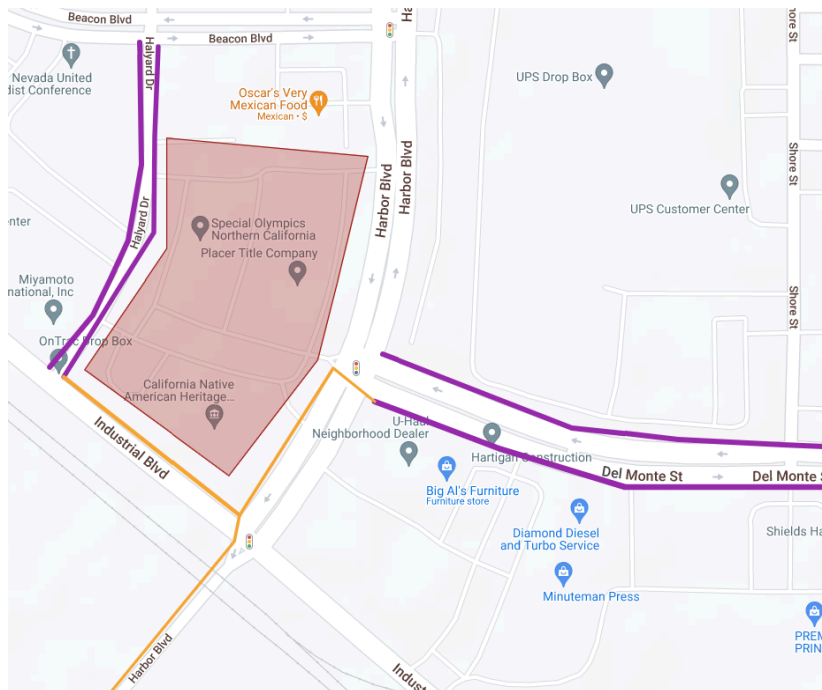
Many mapping applications will direct you to a closed road. Enter "River City Rowing Club" into Google maps

#### B. Athlete Parking:

Two locations: at some point on each morning, athlete parking at River City will fill and remaining passenger vehicles will use Street Parking. You may wish to plan on this to begin with, as it will take 5-10 minutes to walk to RCRC from street parking.

1. **Street Parking** is on Halyard Dr. and Del Monte St. Do NOT park in any parking lots. Walk to the Port by crossing Harbor and Industrial Blvds from the North corner of the intersection.

2. General Parking for athletes is available at RCRC until the Upper Parking Lot fills. No parking within the UCD or RCRC fenced in compounds. Park tightly and carpool!



#### C. Handicap Parking:

Some handicap parking will be available next to the RCRC Boathouse for vehicles displaying a decal. The traffic attendants will direct you.

#### D. Cartoppers & Trailers: TO DO! By 6/1/2026

1. Please fill out this [Trailer & Cartopper RSVP form](#) by 6/1/2026. You will need:
  - a) Day and time your trailer/cartopper is arriving: you can arrive either Friday between 5 and 7pm, Saturday between 5:15 and 6:00 a.m. or Sunday between 5:15 and 6:00 a.m..
  - b) Name and phone number of trailer driver
  - c) If you have any questions that aren't covered by filling out the form, don't hesitate to email Holly at [rebellion@rivercityrowing.org](mailto:rebellion@rivercityrowing.org)
2. Trailer and cartopper parking will be in the Lower Parking Lot. Some overflow may be in the Upper Parking Lot.
3. If your travel would be smoother by leaving Monday morning, note that on the RSVP form and we will confirm space for your trailer overnight on Sunday.

## IV. RACE DAY

### A. Site/Venue Map:

Review for water spigots, porta-potties, Registration Tent, First Aid, space for oars, docks, etc:  
<https://www.google.com/maps/d/u/0/edit?mid=10AY0DhYufNdTEH7AUqOiISByRWs-XLY&usp=sharing>

### B. Regatta Communication **TO DO! Before regatta day**

1. All coaches/staff/ and a representative of each crew should join the Sprints WhatApp group to receive official Regatta updates. All participants are welcome to join as well. Click the link: <https://chat.whatsapp.com/E9oqEROovXnIY5DDf1109q>  
Or scan the QR code:



### C. Check-In:

Check-in will be open from 5:30 AM to 7:00 AM on each Race Day. All rowers must check in at the registration table to receive their bow number and bib number. Check-in is located near the RCRC Boathouse. If a crew is not checked in by 7:00 AM on their Race Day, the entry will be scratched. Big Boat entries may also check in on Saturday morning.

### D. Regatta Meeting: **To Do! 6/1/2026 6pm -or watch the recording**

A virtual coaches, coxswains and rowers meeting will be held over Zoom at 6:00 PM on 6/1/26. As the Rebellion is a unique format, all coaches, coxswains, and rowers must attend the meeting.

[RECORDING of PRE-REGATTA MEETING](#)

[SLIDES OF MEETING](#)

### E. Regatta Format:

The first round of racing in each tournament will be a 1K time trial in a Head Race format which will begin at 7:30 AM. In the Small Boat Tournament, the Round 1 seeding will first be based upon the raw times of small boats returning from the 2025 Rebellion with the fastest boats starting earlier. Small boats that did not race in the 2025 Rebellion will start after the returning boats based upon the 2026 Rebellion Handicaps with the boats with the lowest handicaps starting earlier. In the Big Boat Tournament, all boats in Round 1 will be seeded based upon the 2026 Rebellion Handicaps with the boats with the lowest

handicaps starting earlier. If there are ties in handicaps, the boat(s) that entered first will start earlier. The start order for the first round of racing will be posted by June 5<sup>th</sup>, 2026. Round 2 Heats will be seeded based upon Round 1 Time Trials' handicapped finish times. Round 3 Finals will be seeded based upon Round 2 Heats' placements. The race schedule can be viewed online at [CrewTimer.com](http://CrewTimer.com) linked on the Regatta Central Rebellion webpages' [Small Boat Tournament](#) Heat Sheet and [Big Boat Tournament](#) Heat Sheet tabs. See the following sample 96-boat and 112-boat sample brackets in section VII below.

#### **F. Weigh-In:**

There are no weigh-ins for coxswains or lightweight rowers.

#### **G. Racing:**

1. In Round 1 Time Trial, boats will start in numerical order by their bow numbers approximately 10 seconds after each other. A boat that is being overtaken must yield to the faster boat by moving out north towards the basin and allow the faster boat to row along the south shore. Do not push other boats close to the shore
2. In Round 2 Heats and Round 3 Finals, reverse handicapping will be used with staggered starts. The Start Times in Rounds 2 and 3 will be calculated for each race based upon the formula, Boat Start Time = Race Maximum Handicap - Boat Handicap. Consequently, Rounds 2 & 3 Start Times may vary and comparing handicapped times between Rounds 2 & 3 may not be meaningful. The Start Times will be indicated on the [CrewTimer.com](http://CrewTimer.com) webpages linked on the Regatta Central Rebellion webpages' [Small Boat Tournament Results](#) and [Big Boat Tournament Results](#) tabs in the "Adjust" column. If the "Adjust" field is blank, the boat's Start Time is 0 seconds.
3. The boat(s) with the maximum handicap in each race will have a Start Time of 0 seconds and will start when the start horn sounds, after the Starter calls "Attention!" After the 1st boat's start horn sounds, the Starter will count up in seconds. When the start times for subsequent boats are reached, the start horn will sound.
4. Boats must lock onto the starting stake boats at least 2 minutes prior to race start, or a time penalty may be given at the discretion of the judge/referee. All boats must know how to back their boat into a stakeboat prior to the regatta. Even though the course is not buoyed, boats must stay in their lanes throughout the race and not impede other boats.

#### **H. False Starts:**

In Round 2 Heats and Round 3 Finals, all boats must stay locked into their stakeboat until the start horn sounds on their Start Time. If a boat starts before their Start Time, they may back their boat straight back into their stakeboat, lock on, and restart on or after their Start Time. False starts will result in exclusion or relegation.

#### **I. Results:**

In the Round 1 Time Trial, places are assigned by handicapped times. In the Round 2 Heats and Round 3 Finals, places are assigned by the order of finish. Results will be posted on the

[CrewTimer.com](#) webpages linked on the Regatta Central Rebellion webpages' [Small Boat Tournament Results](#) and [Big Boat Tournament Results](#) tabs.

## **J. Awards:**

Separate Tournament Award Ceremonies for the trophy and medal winners will occur approximately a half hour after each Tournament's end. In each Tournament, the Tournament Champion will be awarded a perpetual trophy, which may be taken home, engraved, and returned to the next Rebellion and the top three places will receive medals. In the Small Boat Tournament, medals will be awarded for the fastest raw times for Junior, Open/Masters (combined), and Adaptive rowers in each boat class in the final round.

The winners of each race of the final round and fourth place for The A Final at the end of the day will receive pins which may be picked up at the Registration desk after race results have been posted.

## **K. BBQ & Potluck:**

A BBQ and Potluck will be held only on Saturday. The start time will be issued with Saturday's final schedule. Participants in both Tournaments are invited to the BBQ and Potluck - RSVP by Wednesday, 6/3/2026. Spectators are welcome to make a donation to partake - be sure to RSVP! *Everyone is welcome to bring a dish to share, but it is not required to partake. If your dish needs to be kept cool, you can put it in one of the ice chests next to the Registration tent and the potluck volunteers will place your dish out during the event. Remember to collect your dishes before you head home! Please bring your plate/bowl/fork/etc to help us cut down on garbage!*

## **V. EQUIPMENT**

### **A. NO EQUIPMENT SHARING:**

All entrants must provide their own boat, oars, slings, and other equipment. Sharing boats or oars is not allowed as entrants may be racing each other in the same or adjacent heats.

### **B. Bow Numbers & CLIPS, and Bib Numbers:**

1. Please ensure your boat has a clip on the bow to securely hold the bow number cards which RCRC will provide for all three rounds of racing. If the bow card is not secure in the bow clip, applying electrical tape to the bottom edge of the bow card may help secure the bow card in the clip.
2. The Round 1 Time Trial will have sequential numbers on bow cards and bib numbers, like a head race, which will be provided at Registration. Please pin the bib number to the back of the bow rower's shirt.
3. Round 2 Heats and Round 3 Finals will have alphanumeric bow numbers with the letter indicating the race and the number indicating the lane. For example, bow number D2 is for the boat racing in Race D, Lane 2. Please pick up your Round 2 and 3 bow numbers as soon as possible after the next Round's seeding has been posted on CrewTimer. Please keep the Round 1 bib number pinned to the back of the bow rower's shirt for Rounds 2 and 3.

4. **Return all bow number cards to the Dock Masters after the end of your race in each round.**

### C. Safety:

All USRowing safety rules apply to the Regatta. *Every shell must have a protective ball on the bow and heel ties attached to the foot stretchers in a way that allows for quick exit in case of emergency.* **Each crew is responsible for checking their boat prior to the regatta to ensure their equipment is in good order and has a secure bow ball and appropriate length heel ties.** *There will not be a control commission to check these safety points for you.*

### D. Rentals:

1. RCRC will have a limited number of boats to rent for the Rebellion. If you would like to rent a boat, please email Lea at [intermediates@rivercityrowing.org](mailto:intermediates@rivercityrowing.org).
2. Or, if you are looking for rowing, coxing or equipment opportunities (both needed and available) visit [RowOnTheGo.com](http://RowOnTheGo.com). It is your source for connecting rowers and equipment for regattas worldwide. Sign up for free!

## VI. SPECTATORS

There is limited viewing from the RCRC Boathouse. However, there is fantastic race viewing along the Levee Trail. We suggest that spectators park at one of the two spots below, then walk or bike the wide gravel/dirt path which runs all the way along the racecourse and well beyond the finish line.

- [Barge Canal Access](#) (Port of West Sacramento Barge Canal Access, West Sacramento, CA 95691) - This lot is off Jefferson Blvd, along the levee 600m from the start line. **Do not park** in the residential neighborhoods near the Barge Canal Access.
- Park at the [Bridge Pullout off](#) of Lake Washington Blvd (on the right-hand side at the bottom of the bridge) - walk 100m to view the start line. This is an unpaved pullout; use caution to enter and exit the lot as there is a large BUMP and traffic on Lake Washington Blvd moves fast coming down the bridge. When exiting, RIGHT TURN ONLY. You can turn around at the next intersection.



## VII. SAMPLE BRACKET

The Small Boat Tournament is capped at a maximum of 112 boats and the Big Boat Tournament is capped at a maximum of 96 boats. If there are fewer entries than the caps, the bracket(s) will be adjusted utilizing similar logic.

2026 Rebellion - Small Boat Tournament															
Sample 112-Boat Schedule															
5/21/26															
<b>Round 1 - Time Trial</b>		<b>Round 2 Heats</b>						<b>Round 3 Finals</b>							
Race 1		Race	Time	Heat	Lane				Race	Time	Final	Lane			
Start	7:30 AM	2	9:30 AM	AB	100	101	108	109	30	1:00 PM	AB	109	110	111	112
# of Boats	112	3	9:36 AM	AA	99	102	107	110	31	1:06 PM	AA	105	106	107	108
Spacing	0:00:10	4	9:42 AM	Z	98	103	106	111	32	1:12 PM	Z	101	102	103	104
End	7:48 AM	5	9:48 AM	Y	97	104	105	112	33	1:18 PM	Y	97	98	99	100
		6	9:54 AM	X	84	85	92	93	34	1:24 PM	X	93	94	95	96
		7	10:00 AM	W	83	86	91	94	35	1:30 PM	W	89	90	91	92
		8	10:06 AM	V	82	87	90	95	36	1:36 PM	V	85	86	87	88
		9	10:12 AM	U	81	88	89	96	37	1:42 PM	U	81	82	83	84
		10	10:18 AM	T	68	69	76	77	38	1:48 PM	T	77	78	79	80
		11	10:24 AM	S	67	70	75	78	39	1:54 PM	S	73	74	75	76
		12	10:30 AM	R	66	71	74	79	40	2:00 PM	R	69	70	71	72
		13	10:36 AM	Q	65	72	73	80	41	2:06 PM	Q	65	66	67	68
		14	10:42 AM	P	52	53	60	61	42	2:12 PM	P	61	62	63	64
		15	10:48 AM	O	51	54	59	62	43	2:18 PM	O	57	58	59	60
		16	10:54 AM	N	50	55	58	63	44	2:24 PM	N	53	54	55	56
		17	11:00 AM	M	49	56	57	64	45	2:30 PM	M	49	50	51	52
		18	11:06 AM	L	36	37	44	45	46	2:36 PM	L	45	46	47	48
		19	11:12 AM	K	35	38	43	46	47	2:42 PM	K	41	42	43	44
		20	11:18 AM	J	34	39	42	47	48	2:48 PM	J	37	38	39	40
		21	11:24 AM	I	33	40	41	48	49	2:54 PM	I	33	34	35	36
		22	11:30 AM	H	20	21	28	29	50	3:00 PM	H	29	30	31	32
		23	11:36 AM	G	19	22	27	30	51	3:06 PM	G	25	26	27	28
		24	11:42 AM	F	18	23	26	31	52	3:12 PM	F	21	22	23	24
		25	11:48 AM	E	17	24	25	32	53	3:18 PM	E	17	18	19	20
		26	11:54 AM	D	4	5	12	13	54	3:24 PM	D	13	14	15	16
		27	12:00 PM	C	3	6	11	14	55	3:30 PM	C	9	10	11	12
		28	12:06 PM	B	2	7	10	15	56	3:36 PM	B	5	6	7	8
		29	12:12 PM	A	1	8	9	16	57	3:42 PM	A	1	2	3	4

2026 Rebellion - Big Boat Tournament

Sample 96-Boat Schedule

6/7/26

Round 1 - Time Trial		Round 2 Heats								Round 3 Finals							
		Race	Time	Heat	Lane				Race	Time	Final	Lane					
					1	2	3	4				1	2	3	4		
Start	7:30 AM	1	9:30 AM	X	84	85	92	93	25	1:15 PM	X	93	94	95	96		
# of Boats	96	2	9:38 AM	W	83	86	91	94	26	1:23 PM	W	89	90	91	92		
Spacing	0:00:10	3	9:46 AM	V	82	87	90	95	27	1:31 PM	V	85	86	87	88		
End	7:46 AM	4	9:54 AM	U	81	88	89	96	28	1:39 PM	U	81	82	83	84		
		5	10:02 AM	T	68	69	76	77	29	1:47 PM	T	77	78	79	80		
		6	10:10 AM	S	67	70	75	78	30	1:55 PM	S	73	74	75	76		
		7	10:18 AM	R	66	71	74	79	31	2:03 PM	R	69	70	71	72		
		8	10:26 AM	Q	65	72	73	80	32	2:11 PM	Q	65	66	67	68		
		9	10:34 AM	P	52	53	60	61	33	2:19 PM	P	61	62	63	64		
		10	10:42 AM	O	51	54	59	62	34	2:27 PM	O	57	58	59	60		
		11	10:50 AM	N	50	55	58	63	35	2:35 PM	N	53	54	55	56		
		12	10:58 AM	M	49	56	57	64	36	2:43 PM	M	49	50	51	52		
		13	11:06 AM	L	36	37	44	45	37	2:51 PM	L	45	46	47	48		
		14	11:14 AM	K	35	38	43	46	38	2:59 PM	K	41	42	43	44		
		15	11:22 AM	J	34	39	42	47	39	3:07 PM	J	37	38	39	40		
		16	11:30 AM	I	33	40	41	48	40	3:15 PM	I	33	34	35	36		
		17	11:38 AM	H	20	21	28	29	41	3:23 PM	H	29	30	31	32		
		18	11:46 AM	G	19	22	27	30	42	3:31 PM	G	25	26	27	28		
		19	11:54 AM	F	18	23	26	31	43	3:39 PM	F	21	22	23	24		
		20	12:02 PM	E	17	24	25	32	44	3:47 PM	E	17	18	19	20		
		21	12:10 PM	D	4	5	12	13	45	3:55 PM	D	13	14	15	16		
		22	12:18 PM	C	3	6	11	14	46	4:03 PM	C	9	10	11	12		
		23	12:26 PM	B	2	7	10	15	47	4:11 PM	B	5	6	7	8		
		24	12:34 PM	A	1	8	9	16	48	4:19 PM	A	1	2	3	4		

## VIII. NAVIGATING THE COURSE

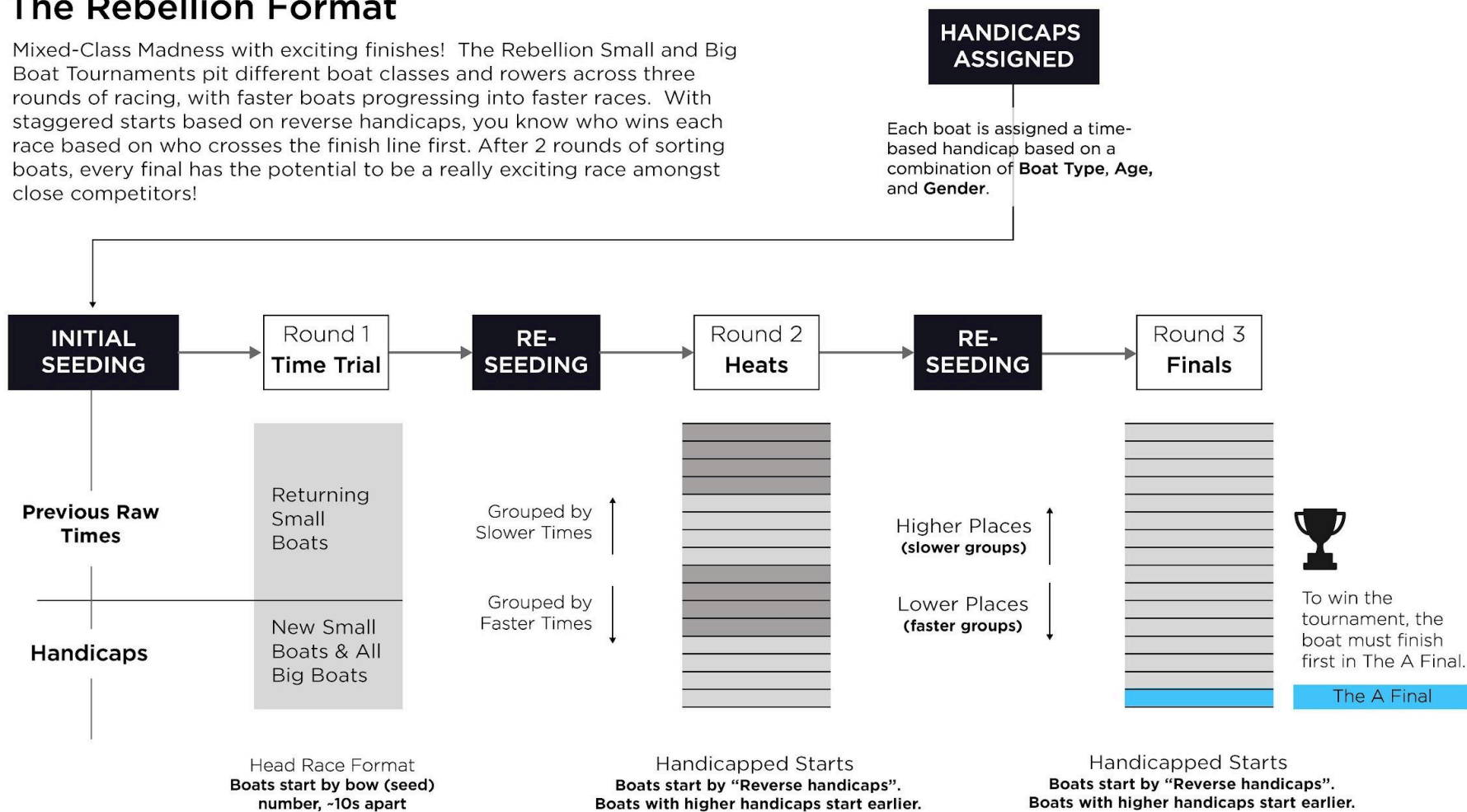


### Buoy Lines

- In the locks, no more than 2 boats side by side.
- Stop or yield close to shore.
- Pass toward the middle of the channel.
- Do not cross the middle of the channel.

## The Rebellion Format

Mixed-Class Madness with exciting finishes! The Rebellion Small and Big Boat Tournaments pit different boat classes and rowers across three rounds of racing, with faster boats progressing into faster races. With staggered starts based on reverse handicaps, you know who wins each race based on who crosses the finish line first. After 2 rounds of sorting boats, every final has the potential to be a really exciting race amongst close competitors!

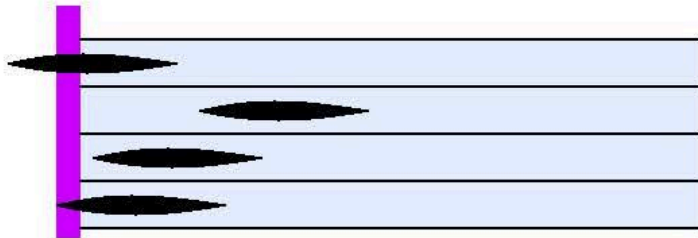


Returning small boats are seeded first as a group. All new small boats and all big boats are seeded separately based on their assigned handicaps.

The time trial results (handicapped times) are used to group boats into 4-boat heats for Round 2. Rowers must push hard each round to advance into faster heats and finals with their closest competitors.

# Starts and Finishes

## EXCITING FINISHES!



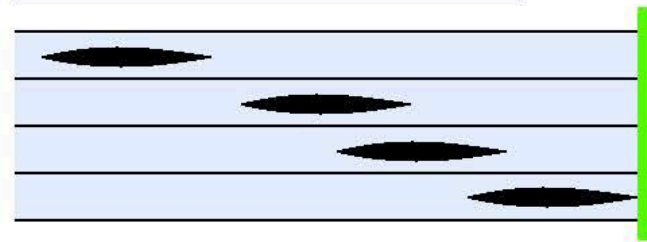
FINISH

With the handicaps determining Start Time, at the finish line you see the actual results - there are no post-race adjustments.

Start Time = Race Max Handicap - Boat Handicap

## REVERSE HANDICAP STAGGERED STARTS

0 sec  
+4 sec  
+6 sec  
+8 sec



START

Within each race, boats start at staggered times based on a reverse handicap. Rowers are given their Start Times, and the Starter counts up (over their bullhorn) until all boats have started.

