

Privacy Policy & Terms of Use
Effective Date: March 23, 2025

Welcome to 30 Fit – Healthy Weight Loss. This document explains how you can use the application and how we handle your data. By using the application, you agree to these Terms and Privacy Policy.

1. General Provisions

This document constitutes a public offer for the use of services provided through the “30 Fit – Healthy Weight Loss” mobile application.

By accessing or using the application, registering, or purchasing a subscription, you fully and unconditionally accept these Terms and Privacy Policy.

2. Definitions

Application – “30 Fit – Healthy Weight Loss” mobile app

User – any individual using the app

Subscription – paid access to premium features (weekly, monthly, yearly)

Content – workouts, diet plans, videos, and recommendations

3. Subject of Agreement

The application provides users with access to fitness, workout, and weight-loss related content and tools.

Access may be free or provided through a paid subscription.

4. Registration

Users may be required to complete onboarding questions to personalize their experience.

You are responsible for maintaining access to your account and ensuring your information is accurate.

5. Subscriptions & Payments

We offer auto-renewable subscriptions:

- Weekly
- Monthly
- Yearly

A free trial may be provided. If not canceled before the end of the trial period, the subscription will automatically convert into a paid plan.

Payments are processed via Apple App Store or Google Play. We do not collect or store your payment information.

Subscriptions renew automatically unless canceled at least 24 hours before the end of the billing period.

You can manage or cancel your subscription at any time through your App Store or Google Play account settings.

6. Refund Policy

Refunds are handled according to Apple App Store or Google Play policies.

We do not issue refunds directly.

7. User Obligations

By using the application, you agree to:

- Use the app in compliance with applicable laws
- Not share your account with others
- Not copy, distribute, or misuse content
- Use health and fitness recommendations responsibly

8. Health Disclaimer

This application does not provide medical advice or medical services.

All content is provided for informational and educational purposes only.

You should consult a qualified healthcare professional before starting any fitness or diet program.

We are not responsible for any injuries, health issues, or damages resulting from the use of the application.

9. Seller's Rights

We reserve the right to:

- Update, modify, or remove content
- Change or discontinue features
- Suspend or terminate access if these terms are violated

10. Privacy Policy (Personal Data)

10.1 Data Collection

We do not collect personally identifiable information such as your name, address, or contact details unless explicitly provided by you.

We may collect:

- Fitness and habit data you enter
- Workout progress and activity data
- App usage data (for analytics and improvements)

10.2 Use of Data

Your data is used to:

- Provide core app functionality
- Track your progress
- Improve user experience and features

10.3 Data Storage

- Most data is stored locally on your device
- Some anonymized analytics data may be stored securely on our servers

10.4 Third-Party Services

We use third-party tools such as Superwall to manage subscriptions and analyze usage.

These services may collect anonymized data such as:

- Paywall views
- Purchases
- Interaction events

Superwall Privacy Policy: <https://superwall.com/privacy>

10.5 Data Sharing

We do not sell or share your personal data.

Only anonymized, non-identifiable data may be shared with third-party analytics providers.

10.6 Data Retention

- Local data remains on your device until you delete it or uninstall the app
- Server data is retained only as necessary for functionality

10.7 Security

We take reasonable measures to protect your data. However, no system is completely secure, and we cannot guarantee absolute security.

10.8 Your Rights (Including Account Deletion)

You have full control over your data.

You can:

- Modify or delete your data within the app
- Log out of your account at any time via the Profile section
- Delete your account directly from the Profile section

Deleting your account will permanently remove your data from our systems (except where retention is required by law).

Subscription management must be handled through your Apple or Google account settings.

11. Liability

We are not responsible for:

- Internet connectivity issues
- Misuse of the application
- Health-related outcomes resulting from use of the app

12. Final Provisions

This agreement is governed by the laws of the Republic of Uzbekistan.

We may update this document at any time. Updates will be reflected by the “Effective Date.”

Continued use of the application means you accept the updated terms.

Contact

If you have any questions, contact us at:

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