





COOL School Set Theme Week

THEME: Kindness- January Week

Activity	Link / Lesson Components
Heart Symmetry Painting	https://artfulparent.com/heart-symmetry-painting/
Heart Suncatchers	https://www.firefliesandmudpies.com/rainbow-heart-suncatchers/
Tie Dye Hearts	https://www.mymommystyle.com/coffee-filter-tie-dye-hearts/
Love Bugs	https://www.inspiringsavings.com/valentines-day-love-bug-craft-kids/
Write Notes of Kindness	cut pieces of paper and have the kids write nice notes to each other.
Color By Codes Valentines Sheets	https://www.bestcoloringpagesforkids.com/wp-content/uploads/2019/01/Heart-Air-Balloon-s-Valentines-Color-by-Number.png
Valentines Day Bookmarks	 3 Easy DIY Bookmarks for Valentine's Day
Valentine Candy Dog	https://kidfriendlythingstodo.com/valentines-candy-dog-fun-kids-craft-treat/
Paper Heart Racoon	https://www.craftymorning.com/paper-heart-raccoon-craft-for-kids/
Heart Tree Art	https://www.easypeasyandfun.com/valentines-day-heart-fingerprint-tree/
Kindness to Self	Personal Affirmation activities for kids
Personal Bags of Kindness	Have students decorate brown paper bags with their name and personalize it however they want. It Takes about 10 minutes everyday to have students write notes of appreciation for 3 classmates and by the end of the week, each student will have their bag filled with notes of appreciation from classmates! Examples on how to start a note of appreciation: I appreciate you because... I admire you because... Thank you for... I'm grateful that you...
Cards for Hospitalized Kids	Write letters to children in hospitals. Can be given to a local children's hospital or mailed to this organization. https://www.cardsforhospitalizedkids.com/make-general-cards.html
Acts of Kindness Challenge	Create a list of acts of kindness your students can do throughout the week and have them do as many as they can. Click here for an example you can edit through Canva.
Kindness Rocks	Paint Rocks or pebbles with notes of kindness and place them around campus for people to see. 
Kindness Rainbow	https://thegrowingcreatives.com/kindness-rainbow-encouraging-kids-to-be-kind/?fbclid=IwAR1Xk9ho_mNh8uDXWetymx9h-yHNUKPXHV124RcVrLqxyMkupzLrv7Tubcg



Theme Lesson Plan



Kindness Potions	Read to students the book <i>The Story of The Kindness Elves</i> Activity tied with book: https://theimaginationtree.com/kindness-potions-sensory-bottles
Sprinkle Kindness	https://www.pinterest.com/pin/281543715325862/
Chain of Kindness	https://sugarspiceandglitter.com/paper-chain-kindness/