

# 2023 IGCA Girls Soccer All-District Teams

## 3A West

<b>Jenna Pitz</b>	<b>Ankeny</b>
<b>Jasmine Moser</b>	<b>Ankeny</b>
<b>Alanna Pennington</b>	<b>Ankeny Centennial</b>
<b>Averi Porter</b>	<b>Ankeny Centennial</b>
<b>Cady Compton</b>	<b>Ankeny Centennial</b>
<b>Liberty Bates</b>	<b>CB Abraham Lincoln</b>
<b>Ella Anliker</b>	<b>Dowling Catholic</b>
<b>Emma Hampton</b>	<b>Johnston</b>
<b>Isabella Balsley</b>	<b>Johnston</b>
<b>Taylor Mulligan</b>	<b>Urbandale</b>
<b>Natalie Gallagher</b>	<b>Waukee NW</b>
<b>Zoey Mahoney</b>	<b>Waukee NW</b>
<b>Macy Davis</b>	<b>Waukee NW</b>
<b>Victoria Spahn</b>	<b>Waukee NW</b>
<b>Anna Spaine</b>	<b>WDM Valley</b>
<b>Rachel Hansen</b>	<b>WDM Valley</b>
<b>Allyson Hoffa</b>	<b>WDM Valley</b>
<b>Coach: Shannon Dykstra</b>	<b>Mason City</b>

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<b>Carson Bohonek</b>	<b>Bettendorf</b>
<b>Peyton Markham</b>	<b>Bettendorf</b>
<b>Jorden Martens</b>	<b>Bettendorf</b>
<b>Ella Uben</b>	<b>Cedar Falls</b>
<b>Dylan Moeller</b>	<b>Davenport Central</b>
<b>Addie Ford</b>	<b>Davenport Central</b>
<b>Elena Kapparos</b>	<b>Dubuque Hempstead</b>
<b>Athena Sheets</b>	<b>Linn Mar</b>
<b>Abi Roberts</b>	<b>Linn Mar</b>
<b>Hayley Setrum</b>	<b>Linn Mar</b>
<b>Tessa Casebolt</b>	<b>Linn Mar</b>
<b>Lanie Weickert</b>	<b>Muscatine</b>
<b>Morgan Russman</b>	<b>Pleasant Valley</b>
<b>Libby Kamp</b>	<b>Pleasant Valley</b>
<b>Sophia Lewis</b>	<b>Pleasant Valley</b>
<b>Coach: Marco De Leon</b>	<b>Linn - Mar</b>

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## 2A East

<b>Hunter Pender</b>	<b>Burlington</b>
<b>Julianna Hill</b>	<b>Burlington ND</b>
<b>Zoey Fugslang</b>	<b>Central Dewitt</b>
<b>Callie Stanley</b>	<b>Iowa City Liberty</b>
<b>Rilyn Breinholt</b>	<b>Iowa City Liberty</b>
<b>Lexi Ward</b>	<b>North Scott</b>
<b>Reese Hilsenbeck</b>	<b>North Scott</b>
<b>Kendall Knisley</b>	<b>North Scott</b>
<b>Bella Warm</b>	<b>North Scott</b>
<b>Natalie Knepper</b>	<b>North Scott</b>
<b>Anna Stromberg</b>	<b>Waverly Shell Rock</b>
<b>Ali Seegers</b>	<b>Waverly Shell Rock</b>
<b>Lindsey Overmann</b>	<b>Waverly Shell Rock</b>
<b>Katelyn Eggena</b>	<b>Waverly Shell Rock</b>
<b>Sydney Bienemann</b>	<b>Waverly Shell Rock</b>
<b>Macie Herting</b>	<b>Xavier Cedar Rapids</b>
<b>Coach: Scott Shara</b>	<b>Waverly Shell Rock</b>

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## 2A Central

<b>Jada Grove</b>	<b>ADM</b>
<b>Helen Kirk</b>	<b>ADM</b>
<b>Makenna West</b>	<b>Bondurant Farrar</b>
<b>Kylie Knief</b>	<b>DCG</b>
<b>Olivia Cyr</b>	<b>DCG</b>
<b>Elena Bartak</b>	<b>DCG</b>
<b>Maya Fritz</b>	<b>DCG</b>
<b>Easten Miller</b>	<b>Independence</b>
<b>Arabella Louvar</b>	<b>Independence</b>
<b>Abby Bell</b>	<b>North Polk</b>
<b>Molly Bergstom</b>	<b>North Polk</b>
<b>Reese Trebilcock</b>	<b>Norwalk</b>
<b>Abby Warner</b>	<b>Pella</b>
<b>Mia Warner</b>	<b>Pella</b>
<b>Coach: Francis Lee</b>	<b>North Polk</b>

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<b>Jada Jensen</b>	<b>Atlantic</b>
<b>Quinn Grubbs</b>	<b>Atlantic</b>
<b>Hannah Chestnut</b>	<b>Boone</b>
<b>Makena Kramer</b>	<b>CBTJ</b>
<b>Camryn Hoscik</b>	<b>CBTJ</b>
<b>Gracie Hays</b>	<b>Council Bluffs LC</b>
<b>Haylee Erickson</b>	<b>Council Bluffs LC</b>
<b>Norah Dougherty</b>	<b>Glenwood</b>
<b>Molly Williams</b>	<b>Glenwood</b>
<b>Ava Scott</b>	<b>Glenwood</b>
<b>Zoe Wittkop</b>	<b>LeMars</b>
<b>Addison Hoben</b>	<b>Spencer</b>
<b>Mary Matthiesen</b>	<b>Spencer</b>
<b>Claire Turner</b>	<b>Spirit Lake</b>
<b>Maddy Waterhouse</b>	<b>Spirit Lake</b>
<b>Coach: Amy Benson</b>	<b>Glenwood</b>

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<b>Treylyn White</b>	<b>Bishop Heelan</b>
<b>Jada Newberg</b>	<b>Bishop Heelan</b>
<b>Lauryn Peck</b>	<b>Bishop Heelan</b>
<b>Ella Klusman</b>	<b>CB St Albert</b>
<b>Lily Khron</b>	<b>CB St Albert</b>
<b>Sophie Sheffield</b>	<b>CB St Albert</b>
<b>Aubrey Scwieso</b>	<b>Harlan</b>
<b>Catherine Mayhall</b>	<b>Kuemper Catholic</b>
<b>Aubrey DeShaw</b>	<b>MOC Floyd Valley</b>
<b>Abby Schuett</b>	<b>Tri Center</b>
<b>Brooke Daughenbaugh</b>	<b>Tri Center</b>
<b>Georgia Paulson</b>	<b>Underwood</b>
<b>Lola Paulson</b>	<b>Underwood</b>
<b>Addison Westergaard</b>	<b>West Sioux</b>
<b>Apiyo Harberts</b>	<b>Western Christian Hull</b>
<b>Coach: Jared Boysen</b>	<b>Harlan</b>

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## 1A Southeast

<b>Jenna Roberts</b>	<b>Des Moines Christian</b>
<b>Sami Webster</b>	<b>Des Moines Christian</b>
<b>Gianna Bennett</b>	<b>Des Moines Christian</b>
<b>Kaitlyn Mumm</b>	<b>Des Moines Christian</b>
<b>Tessa Erzen</b>	<b>Des Moines Christian</b>
<b>Sydney Lynch</b>	<b>Gilbert</b>
<b>Ava Johnson</b>	<b>Gilbert</b>
<b>Norah Kalvik</b>	<b>Gilbert</b>
<b>Avery Anderson</b>	<b>Nevada</b>
<b>Torie Meinecke</b>	<b>Nevada</b>
<b>Emma Strottman</b>	<b>Nevada</b>
<b>Morgan Crees</b>	<b>Panorama</b>
<b>Mia Waddle</b>	<b>Panorama</b>
<b>Joslyn Terpstra</b>	<b>Pella Christian</b>
<b>Jaclyn Holmes</b>	<b>Pella Christian</b>
<b>Eden Moore</b>	<b>Van Meter</b>
<b>Coach: Danny Jones</b>	<b>Gilbert</b>

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## 1A Northeast

<b>Cadence Bertram</b>	<b>Aplington Parkersburg</b>
<b>Emily Bowe</b>	<b>Center Point Urbana</b>
<b>Becca DuFour</b>	<b>Columbus Catholic</b>
<b>Mckena Youngblut</b>	<b>Columbus Catholic</b>
<b>Nikayla Youngblut</b>	<b>Columbus Catholic</b>
<b>Annika Kotula</b>	<b>Davenport Assumption</b>
<b>Dru Dorsey</b>	<b>Davenport Assumption</b>
<b>Lyvia Hulsbrink</b>	<b>Davenport Assumption</b>
<b>Madalyn Nigey</b>	<b>Davenport Assumption</b>
<b>Piper Seberg</b>	<b>Davenport Assumption</b>
<b>Grace Hennessy</b>	<b>Denver</b>
<b>Keira Gehrke</b>	<b>Denver</b>
<b>Camille Landphair</b>	<b>Dike New Hartford</b>
<b>Amelia Klenk</b>	<b>Hudson</b>
<b>Savannah Schender</b>	<b>Hudson</b>
<b>Grace Gaarde</b>	<b>Regina Iowa City</b>
<b>Coach: Ashley Smiley</b>	<b>Hudson</b>