How do I prevent teachers to subscribe or unsubscribe learners in their courses?

Locate and change the "Allow User Course Subscription By Course Admininistrator" option in the admin settings.

How do I block access to the course catalog for learners?

Locate and change the "Learners access to courses catalogue" option in the admin settings.

How much bandwidth does the videoconference tool (BigBlueButton) use?

This depends on the features of the videoconference that you will be using, and how many people will use it simultaneously. Check

http://code.google.com/p/bigbluebutton/wiki/FAQ#Bandwidth Requirements for a comprehensive guide on how to calculate it. The BigBlueButton recommends, if you have no idea what load you will be dealing with, to aim for around 100Mbit/s