

2/18/2021 Nemaha Central Basketball  
Game Location: Nemaha Central High School

|                                      |  |
|--------------------------------------|--|
| Opponent                             | Royal Valley   |
| Starting Time                        | 4:30   |
| Number of Games                      | Main Gym-7A, 8A, Combined B  |
| Warm-Up Procedure                    | Prior to A (minimum of 10 minutes)<br>Prior to B (minimum of 5 minutes)  |
| League Games                         | Six-minute quarters with ten-minute half time (A team)<br>Six-minute quarters with five-minute half time (B team)<br>*overtimes shall be three-minutes in length |
| Game Officials                       | 7A: Thad Lambrecht & Keith Adams<br>8A: Thad Lambrecht & Keith Adams<br>Combined B: Thad Lambrecht & Keith Adams   |
| Locker Room                          | Middle School Boys-Nemaha Central<br>Freshman Boys-Royal Valley  |
| Bus Parking                          | Drop off in front of the high school<br>Park east of the football field on the gravel  |
| Gate (Please arrive at 4:00)         | Maria Cisneros   |
| Book (Please arrive at 4:15)         | Main Gym-Kathy Childress   |
| Clock (Please arrive at 4:15)        | Main Gym-Deb Schmitz   |
| Timer/Scorer (Please arrive at 4:15) | Main Gym-Bree Seitz  |
| Facebook Live                        | Main Gym-Carla Hajek<br>Games can be viewed through<br><a href="#">Nemaha Central Elementary &amp; Middle School Facebook page.</a>                              |
| Concession Available?                | Yes  |
| Administrator on Duty                | Jessica Koch   |

# Basketball

| Low Transmission           |  |
|----------------------------|--|
| Fan Considerations         | <ul style="list-style-type: none"> <li>• Temperature Checks Required</li> <li>• Masks Required</li> <li>• Effective January 29-February 26               <ul style="list-style-type: none"> <li>◦ <b>4 spectators</b> per participant(s) family for <b>NC</b></li> <li>◦ <b>2 spectators</b> per participant(s) family for <b>Opposing Team</b> <ul style="list-style-type: none"> <li>■ A sign-in sheet will be at the gate</li> <li>■ Masks required</li> <li>■ Social distancing encouraged</li> </ul> </li> </ul> </li> </ul>  |
| Athlete Considerations     | <ul style="list-style-type: none"> <li>• Each athlete will be responsible for their own supplies               <ul style="list-style-type: none"> <li>◦ Water bottle</li> <li>◦ Clothing/Shoes</li> <li>◦ Hand sanitizer</li> </ul> </li> <li>• Athletes will be have temperature checks               <ul style="list-style-type: none"> <li>◦ Before practices</li> <li>◦ Before departing for away games</li> <li>◦ Before participating at home games</li> </ul> </li> <li>• Athletes will wear masks when not on the court participating</li> <li>• Athletes should use hand sanitizer after being substituted for and coming to the bench area.</li> <li>• Eliminate handshakes</li> </ul> |
| Practice Considerations    | <ul style="list-style-type: none"> <li>• Health screening/temperature checks prior to practice (if temperature hasn't already been taken during school hours)</li> <li>• Social Distancing when possible is encouraged</li> <li>• Consider wearing mask other than times of physical exertion</li> </ul>   |
| Coach Considerations       | <ul style="list-style-type: none"> <li>• Must wear masks</li> <li>• Make sure equipment is sanitized before and after each practice</li> </ul>   |
| Event Staff Considerations | <ul style="list-style-type: none"> <li>• Must wear masks</li> <li>• Scorer's Table should be 3-6 feet apart when possible</li> <li>• Sanitize the table before the game, during half-time, and after</li> </ul>  |

|  |  |
|--|--|
|  | <p>the game.</p> <ul style="list-style-type: none"> <li>• Limit seats at the table to essential personnel. Visiting scorers/staticians should be seated away from home workers</li> <li>• Sanitize ball during time-outs and between quarters</li> </ul>   |
| Official Considerations                  | <ul style="list-style-type: none"> <li>• Check Temperatures upon arrival to facility by entering front doors of NCHS</li> <li>• Wear a mask until the start of the contest, between games, during halftime, and after games.</li> <li>• A room will be provided for officials; however the room is small and social distancing may not be possible depending on the number of officials</li> <li>• Bring own food and water</li> <li>• Electronic whistles allowed</li> </ul>  |
| Equipment/Facility Considerations        | <ul style="list-style-type: none"> <li>• Cleaning supplies will be on site</li> <li>• Hand sanitizer will be on score table and officials dressing area</li> <li>• We will provide 6 balls for each team to warm up with. Each team keeps track of their own warm-up basketballs and places them on the rack designated for their team.</li> </ul>   |
| Pre-Game Introduction/Post-Game Protocol | <ul style="list-style-type: none"> <li>• The five starters on the visiting team will be introduced first. They will move to the free throw line area on their end of the court until all starters are introduced.</li> <li>• The five starters from the home team will then be introduced and go to their free throw line area on their end of the court until all starters are introduced.</li> <li>• There will be no pregame handshakes or fist bumps.</li> <li>• When the game is concluded players will utilize an appropriate sign of respect and sportsmanship directed to their opponent and then exit the court to their team bench. Please develop and utilize an appropriate sign of respect and sportsmanship that does not include handshake or other physical contact; suggestions include head nod, wave, chest thump with fist, salute.</li> <li>• Run through tunnels during introductions should be avoided</li> </ul> |
| NFHS Rules Book Modifications            | <ul style="list-style-type: none"> <li>• Throw-in – officials may stand 6 feet or greater away from the player making the throw in.</li> <li>• (New 10/5/20): Officials may bounce the ball to the player on a front court throw-in. Officials will not bounce the ball across the lane area.</li> <li>• (New 10/5/20): During a throw in on the baseline in the corner, the lead official may stand inside (toward the lane) of</li> </ul>  |

|  |   |
|--|---|
|  | <p>the player throwing the ball in.</p> <ul style="list-style-type: none"> <li>• Free-throw administration – The lead official shall stand on the end line and bounce the ball to the free thrower.</li> <li>• Jump ball – eliminate the jump ball and award the ball to the visiting team to start the game. The alternating possession will be used for the remainder of the game and to start any overtime periods.</li> <li>• (New 10/5/20): If there is a technical foul prior to the beginning of the contest (scorebook error, players dunking during pregame) the free throws will be administered and the game will start with the offended team having the throw in. The possession arrow will be set after the ball is at the disposal of the offended team for a throw in.</li> </ul> |
|--|---|

## Cheerleading

| Low Transmission        |  |
|-------------------------|--|
| Athlete Considerations  | <p>Each athlete will be responsible for their own supplies</p> <ul style="list-style-type: none"> <li>• Water bottle</li> <li>• Clothing/Shoes</li> <li>• Hand sanitizer</li> </ul> <p>6 feet social distancing between cheerleaders and officials should always be maintained</p>                       |
| Practice Considerations | <ul style="list-style-type: none"> <li>• Health screening/temperature checks prior to practice (if temperature hasn't already been taken during school hours)</li> <li>• Social Distancing when possible is encouraged</li> <li>• Consider wearing mask other than times of physical exertion</li> </ul> |