How to cut out using the Layer Mask Tool

Need as plain a background as possible and one that contrasts the model

Click on background layer

Select - Select and mask

Pick the red overlay

Opt for Quick Selection tool - top left hand bar

Paint out the background

Output to: layer mask (bottom right hand column)

OK

Image will come up inversed with a black and white image next to the original

Click on the black and white image (the layer mask) and Ctrl I (inverse)

Create a solid colour background...the small half coloured circle bottom of the screen right

Choose a contrasting colour and then reorder the layer so that it is at the bottom of the layers

Go back to layer mask (the black and white image)

Select - Select and Mask

Refine edge tool - left hand side, second tool down

Move over the hair that you need to cut out and has the contrasting block colour behind it

Press OK

Then click on the layer that you want to save as a PSD and export as a PNG

However, play with it before you export i.e. blemish, colour, filters etc