

American Baseball Biomechanics Society

Research Highlight Submission Instructions



Thank you for contributing to ABBS research highlights! These are simple posts, meant to highlight the key points of a manuscript in short form, as an abstract would. Our preference is that studies be from the current or previous year. If you find a particular paper to be impactful, we will also accept older manuscripts on a case-by-case basis. *The chosen study should fall into one of the following biomechanical areas of interest: technology, pitching, softball or hitting.* Much like an abstract, research highlights focus on five key areas:

- (1) What gap in literature is the study trying to fill
- (2) Brief/key methods
- (3) Key results
- (4) Author take-home points
- (5) Why is this study novel or important?

Text for these areas should be addressed as succinctly as possible as it is often condensed to the length of short bullets for the final post. There are several ways we will accept submissions. Please select the format that works best for you from the options below.

Please direct questions and submissions to
socialmedia@baseballbiomechanics.org

- **Option 1:** Submit your own poster/abstract
 - a. High quality .png of poster
 - i. Square format is preferred (Instagram requires 1080 x 1080 px)
 - b. Your name, institution, and lab affiliation
 - c. **Format Option 1 (In Text):** Completed answers to five key areas (above), along with any important figures.
 - d. **Format Option 2 (Video Presentation)** Let people hear from you!
 - i. Record on Zoom (Maximum 2 Minutes)
 - ii. Set poster/abstract to background, or make slides to walk through
 - iii. This can just be you walking us through the poster or slides on zoom, directing attention with a mouse/indicator. You do not have to be in the video if you don't want to be!
- **Option 2:** Review a study
 - a. PDF of the reviewed study
 - b. Completed answers to five key areas (above), along with any important figures.
 - c. Your name, institution, and lab affiliation
 - d. *Optional:* Work with us on designing the post! If you would like to design the post or be involved with the process, just let us know in the submission email.
- **Option 3:** Something we didn't think of?

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- a. Want to communicate biomechanics research, but the above forms aren't quite what you had in mind? Send us an email and we can work with you to get it done!