



English Title

(The title should be no more than ten words in English, accurately describe the content, and should be centered on the page, typed in capitalized bold 16-point Times New Roman. no acronyms, each word to be capitalized with the exception of the conjunctions and prepositions)

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Keywords

maximum five

keywords from paper

Abstract

The abstract should consist of 150–250 words written in a single paragraph. It should be clear, concise, informative, and descriptive, covering five essential components: **Introduction, Objective, Methods, Results, and Conclusion (IOMRC)**. The Introduction should briefly describe the background, research problem, and rationale for conducting the study. The Objective should clearly state the research's main purpose. The Methods should summarize the study design, population or samples, research procedures, data collection methods, and statistical analyses. The Results should present the major findings, including relevant quantitative data and statistical significance, where applicable. The Conclusion should summarize the principal findings and highlight their scientific or practical implications. The abstract should primarily be written in the past tense, particularly when describing the methods and results. Standard scientific nomenclature should be used, and unnecessary abbreviations should be avoided. The abstract must not include literature citations, tables, figures, or references. All information presented should accurately reflect the content of the manuscript. The abstract should be accompanied by a maximum of five relevant keywords or short phrases, preferably using standardized scientific terms, arranged in alphabetical order and separated by semicolons.



INTRODUCTION

Explain the scientific background and rationale, using relevant, recent data for the research. The introduction is required to clearly present the background of the problem, clearly state the problem statement/formulation, and clearly articulate differences from prior research and similar work by other researchers. The most important thing behind the problems raised can be understood by the scientific community. Writing citations and bibliographies must use reference managers such as Mendeley and follow the **Vancouver Style**. If there are words that are not from Indonesian, they must be italicized.

METHODS

Describe the chronology/stages of the study, including the research design, research procedures, sampling method, and data analysis method.

RESULTS AND DISCUSSIONS

This section presents the research results and provides a comprehensive discussion. Results can be presented as figures, graphs, tables, and other formats so readers can easily understand them, but images must be compressed first to ensure the file sent is not too large. The discussion can also be made separately in the sub-section point 3. Tables and figures should be centered, as shown at the bottom of this template, and should include sources for each table and figure, whether primary or secondary.

Table 1. Axxxxxx.....

Anxiety Level	Frequency (n)	Percentage (%)
Mild	4	13,3
Moderate	11	36,7
Severe	15	50,0
Total	30	100,0

Remarks:

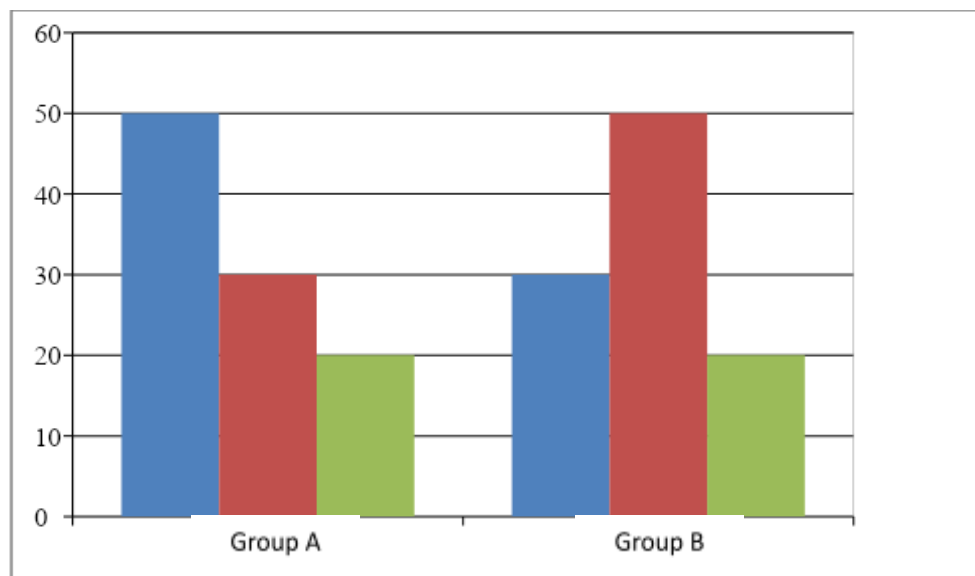


Figure 1.

TABLE: Please send the tables in an editable text format rather than as figure. Tables can be placed either next to the relevant text in the article or on separate pages at the end. Number the tables consecutively in accordance with their appearance in the text and place any table notes below the table body. Use tables sparingly and ensure that the data presented in them do not duplicate results described elsewhere in the article. Please avoid using vertical lines.

FIGURE: Ensure that the images have captions written separately at the bottom, not attached to the images. A caption should consist of a brief title (not on the image itself) and a description of the illustration. Provide sequential numbers for the images in accordance with their appearance in the text

CONCLUSIONS

The conclusion addresses the research aims and can also inform further research development based on the results and discussion. Conclusions are one paragraph and no more than 200 words.

CONFLICT OF INTEREST

All financial, commercial, or other relationships that might be perceived by the academic community as representing a potential conflict of interest must be disclosed. If no such relationship exists, authors will be asked to confirm the following statement:

"The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest."

AUTHOR CONTRIBUTIONS

The Author Contributions section is mandatory for all articles, including articles by sole authors. If an appropriate statement is not provided on submission, a standard one will be inserted during the production process. The Author Contributions statement must

describe the contributions of individual authors referred to by their initials and, in doing so, all authors agree to be accountable for the content of the work.

ACKNOWLEDGMENTS

This is a brief text acknowledging the contributions of specific colleagues, institutions, or agencies that supported the authors' efforts. Acknowledgments should be placed at the end of the article before the references. List here those individuals who provided help during the research, such as language assistance, writing assistance, proofreading the article, and others.

ETHICAL CLEARANCE

Authors must provide information regarding the ethical approval obtained for the research conducted. Clearly state the name of the Research Ethics Committee or Institutional Review Board that granted the approval, along with the ethical approval number and date of issuance. If ethical approval was not required, authors must provide an appropriate justification in accordance with applicable ethical guidelines.

FUNDING

Authors are required to disclose all sources of financial support for the research, authorship, and/or publication of this article. Please indicate whether your research received any funding, and provide the name of the funding agency and the grant number (if applicable).

Example:

“This research was funded by the Ministry of Health of the Republic of Indonesia under Grant No. HK.02.02/5/1234/2025.”

If no specific funding was received, please state:

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Authors must disclose any use of artificial intelligence (AI)-assisted tools in the preparation of this manuscript. Please specify the name and version of the AI tool, as well as how it was used (e.g., for language editing, idea generation, data analysis, or figure creation).

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REFERENCES

References come from primary sources (scientific articles, theses, dissertations). Specifically for scientific articles, there are at least (electronic) scientific journal articles with active links (DOI or URL). All citations referred to in the manuscript must be written in the bibliography, so a reference manager is needed. The minimum literature used in the manuscript is within 10 years of when the research was conducted. References and bibliographies using Mendeley with Vancouver style.

Writing Examples:

1. Kim J, Lyon D, Weaver MT, Keenan G, Chen XJ. The role of psychological distress in the relationship between the severity of pressure injury and pain intensity in hospitalized adults. *J Adv Nurs*. 2019;75(6):1219-28. doi: [10.1111/jan.13913](https://doi.org/10.1111/jan.13913)
2. Jackson D, Durrant L, Bishop E, Walthall H, Betteridge R, Gardner S, et al. Pain associated with pressure injury: a qualitative study of community-based, home-dwelling individuals. *J Adv Nurs*. 2017;73(12):3061-9. doi: [10.1111/jan.13370](https://doi.org/10.1111/jan.13370)