

XIAOPING “PING” FAN

Assistant Professor, Physical Education Department, SUNY Cortland
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EDUCATION

Year	Degree	Institution	Area of Study
2021	Ph.D.	University of Northern Colorado	Sport Pedagogy
2017	M.A.	California State University, Chico	Physical Education Pedagogy
2013	B.Ed.	Central China Normal University	Physical Education

PROFESSIONAL EXPERIENCE

Year	Position	Institution
2022 – present	Assistant Professor	State University of New York at Cortland (SUNY Cortland)
2021 – 2022	Visiting Assistant Professor	Texas A&M International University
2019 – 2021	Research Assistant	Active Schools Institute, University of Northern Colorado
2018 – 2021	Graduate Assistant	University of Northern Colorado
2016 – 2017	Graduate Assistant	California State University, Chico
2011 – 2012	Teaching Assistant	Central China Normal University

PUBLICATIONS

Peer-Reviewed Journal Articles

- Fan, X.**, Atkinson, O., Bryan, R. R. (2025). An ecological perspective on physical education teacher education: Lessons learned from novice teachers’ perceptions and experiences. *Journal of Teaching in Physical Education*. Advance online publication. <https://doi.org/10.1123/jtpe.2024-0354>.
- Zhu, X., Guo, Q., **Fan, X.**, & Liang, T. (2025) Student teaching framework in physical education teacher education: A case analysis and implication. *Zhejiang Sport Science*. 47(5), 78-85.
- Liu, X., **Fan, X.**, Wang, B., & Liu, J. (2025). Pre-service physical education teachers’ assessment literacy in model-based instruction: Peer teaching model and inquiry model. *Physical Education and Sport Pedagogy*. Advance online publication. <https://doi.org/10.1080/17408989.2025.2563232>

- Fan, X.**, Ha, T., Kim, J., & Xu, X. (2025). Exploring children's physical activity experiences in after-school programs: Insights from a university–community partnership initiative. *Journal of Community Health*. Advance online publication. <https://doi.org/10.1007/s10900-025-01510-5>
- Ha, T., Moon, J., Yu, H., **Fan, X.**, & Paulson, L. (2025). A systematic review of technology-infused physical activity interventions in K-12 school settings: Effectiveness, roles, and implementation strategies. *International Journal of Behavioral Nutrition and Physical Activity*. 22, 113. <https://doi.org/10.1186/s12966-025-01811-x>
- Ha, T., Chey, W. S., **Fan, X.**, Oh, J., & Bernstein, E. (2025). Technology use in physical education: Insights from New York State teachers. *Journal of Teaching in Physical Education*. Advance online publication. <https://doi.org/10.1123/jtpe.2024-0343>
- Fan, X.**, & McMullen, J. M. (2025). The “what” and “why” of physical education: Exploring K-12 stakeholder perceptions. *European Physical Education Review*. Advance online publication. <https://doi.org/10.1177/1356336X251326023>
- Fan, X.**, Xie, X., & Liang, T. (2024). Triad model of student teaching in physical education: A scoping review. *Journal of Teaching in Physical Education*. 44(3), 573-583.
- Ha, T., **Fan, X.**, Cardina, C., & Treadwell, S. (2024). Technology use among physical education teachers before, during, and after the COVID-19 Pandemic: A connectivism approach. *Journal of Teaching in Physical Education*. Advance online publication. <https://doi.org/10.1123/jtpe.2024-0118>.
- Fan, X.**, & McMullen, J. M. (2024). Understand physical education teacher socialization: A critical incident technique approach. *Global Journal of Human Social Science*. 24(6), 1-12.
- Ha, T., **Fan, X.**, & Dauenhauer, B. (2024). Physical activity enjoyment, physical activity behavior, and motor competence in low-income elementary school students. *Education Sciences*. 14 (6), 629. <https://doi.org/10.3390/educsci14060629>.
- Fan, X.**, Treadwell, S., Ha, T., & Cardina, C. (2024). Teaching physical education post-COVID-19: Curriculum, instruction, and assessment. *Journal of Teaching in Physical Education*. 44 (1), 58-66.
- Fan, X.**, McMullen, J. M., Dauenhauer, B., & Krause, J. M. (2024). Bridging the policy gap: Examining physical education in Colorado. *Journal of Teaching in Physical Education*. 44 (1), 29-39.
- Xie, X., Li, Y., Chen, Y. J., **Fan, X.**, Kim, J., & Liang, T. (2024). Quality supervision of preservice teachers in field experiences: Strategies and practices in PETE programs. *Journal of Physical Education, Recreation and Dance*. 95(4), 31-37.
- Fan, X.**, & Zuest, L. (2024). Professional Development and Changes in Teachers' Teaching Practices: A Pilot Study. *Journal of International Education and Practice*, 7(1), 1-16.
- Xie, X., **Fan, X.**, & Liang, T. (2023). A systematic review of school-based physical activity programs on physical fitness, cognition, and affective outcomes in Early Childhood [Special issue]. *Journal of International Education and Practice*, 6(1): 1-9.

- Fan, X.**, Ha, T., Brooks, C., & Cox, D. G. (2023). Top 10 tips for doctoral students in physical education: Navigating the journey. *Journal of Physical Education, Recreation and Dance*, 94(5): 46-51.
- McMullen, J., Brooks, C., Iannucci, C., & **Fan, X.** (2022). A day in the life: Secondary school students' experiences of school-based physical activity in Ireland, Finland, and the United States. *International Journal of Environmental Research and Public Health*, 19(3): 1214.
- Fan, X.**, Patton, K., Zuest, L., Buschner, C., & Himberg, C. (2021). Eye opening experiences: Physical education teacher candidates' conference attendance. *The Physical Educator*, 78(4): 384-414.
- Fan, X.**, Brooks, C., McMullen, J., & Patton, K. (2021). Making the most out of convention attendance: Tips and tricks. *Journal of Physical Education, Recreation and Dance*, 92(3): 34-38.
- Fan, X.**, Reliford, J., Barker, B., & McMullen, J. (2021). Creating an inclusive classroom for culturally and linguistically diverse learners: Meeting their needs. *SHAPE Colorado Journal*, 47(3): 5-7.
- Brooks, C., **Fan, X.**, & McMullen, J. (2021). Are you Zoomed on? Considerations for successfully navigating virtual professional development. *Journal of Physical Education, Recreation and Dance*, 21(1): 55-56.
- Lahman, M. K. E., De Oliveira, B., **Fan, X.**, Hodges, J., Moncivais, I., & Royse, E. (2020). Pandemic poetry. *Qualitative Inquiry*. Retrieved from <https://doi.org/10.1177/1077800420948099>
- Fan, X.**, Wang, X., Yin, Z., & Yi, S. (2015). The reform and development of physical education teacher education programs in Ireland: A case study of the University of Limerick. *Journal of Beijing Sport University*, 38(4), 105-110.
- Fan, X.**, Wang, X., & Wang, J. (2014). The impact of the SPARK curriculum on elementary physical education in China. *Journal of Sports and Education*, 30(1), 80-83.
- Fan, X.**, Zhou, D., & Zhang, Y. (2012). Exploring the motivational factors and impact of the sports celebrity effect. *Journal of Sports and Education*, 28(1), 43-45.

Book Contributor

- Lahman, M. K. E. (2023) *An introduction to qualitative research becoming culturally responsive*. SAGE Publications.

Published Research Abstracts

- Liang, T., Ballard, P., **Fan, X.**, Lei, S. & Xie X. (2024). Physical education teacher candidates' perceptions of sense of belonging. [Abstract]. Published at the *Congress of the International Association of Physical Education in Higher Education (AIESEP) 2024 Book of Abstracts*.
- Fan, X.**, & McMullen, J. (2024). Stakeholder recommendations for physical education policy: A multifaceted approach. [Abstract]. Published at the *Congress of the International Association of Physical Education in Higher Education (AIESEP) 2024 Book of Abstracts*.

Association of Physical Education in Higher Education (AIESEP) 2024 Book of Abstracts.

- Xie, X., **Fan, X.**, & Liang, T. (2024). A systematic review of physical activity programs on physical fitness, cognition, and affective outcomes in early-year children. Symposium session: Liang, T. Early childhood physical activity promotion: What we learned? [Abstract]. Published at the *Congress of the International Association of Physical Education in Higher Education (AIESEP) 2024 Book of Abstracts*.
- Fan, X.**, Treadwell, S., Cardina, C., & Ha, T. (2024). The impact of the global pandemic on teaching physical education. *Research Quarterly for Exercise and Sport*, 95:sup1, S107.
- Zuest, L., & **Fan, X.** (2024). Pre-service classroom teachers' attitudes and competencies towards promoting physical activity in schools: A pilot study. *Research Quarterly for Exercise and Sport*, 95:sup1, S66.
- Ju, F., Liang, T., & **Fan, X.** (2024). The impact of national policies on physical education curriculum and teachers in China. *Research Quarterly for Exercise and Sport*, 95:sup1, S107.
- McMullen, J., Dauenhauer, B., Krause, J., **Fan, X.**, Ha., T. (2023). A comprehensive evaluation to measure the impact of a legislated physical education pilot program. [Abstract]. Published at the *Congress of the International Association of Physical Education in Higher Education (AIESEP) 2023 Book of Abstracts*.
- Fan, X.**, & McMullen, J. (2023). Stakeholders' perceptions of physical education in Colorado. *Research Quarterly for Exercise and Sport*, 94:sup1, A114.
- Fan, X.**, McMullen, J., Krause, J., & Dauenhauer, B (2022). The status of physical education in Colorado. *Research Quarterly for Exercise and Sport*, 93:sup1, A108.
- McMullen, J., Brooks, C., Iannucci, C., & **Fan, X.** (2022). Using narrative vignettes to explore physical activity experiences at school. *Research Quarterly for Exercise and Sport*, 93:sup1, A69.
- Fan, X.**, & McMullen, J. (2021). Inside a quality physical education classroom: Meeting students' needs. *Research Quarterly for Exercise and Sport*, 92:sup1, A110.
- Zuest, L., **Fan, X.**, & Erickson, H. (2021). Professional development and changes in teachers' decision making: A pilot study. [Abstract]. Published in the *Congress of the International Association of Physical Education in Higher Education (AIESEP) 2019 Book of Abstracts*.
- Fan, X.**, & McMullen, J. (2021). Teachers' stories in physical education: Using narrative methods to understand teacher socialization. [Abstract]. Published in the *Congress of the International Association of Physical Education in Higher Education (AIESEP) 2019 Book of Abstracts*.
- Brooks, C., **Fan, X.**, & McMullen, J. (2019). Exploring connections between pre-Service physical education teachers' definitions of professional development and career goals [Abstract]. Published in the *Congress of the International Association of Physical Education in Higher Education (AIESEP) 2019 Book of Abstracts*.

- Patton, K., Parker, M., Chróinín, D. N., & **Fan, X.** (2019). Using visual methodologies to explore student and teacher voice. *Research Quarterly for Exercise and Sport*, 90:sup1, A54.
- Fan, X.**, Patton, K., Buschner, C., Zuest, L., & Himberg, C. (2018). "There was never enough to learn": The role of professional conference attendance on teacher candidates' development [Abstract]. Published in the *Congress of the International Association of Physical Education in Higher Education (AIESEP) 2018 Book of Abstracts*.
- Zuest, L., & **Fan, X.** (2018) "Doing our own thing": College students perceptions of a volleyball sport education season [Abstract]. Published in the *Congress of the International Association of Physical Education in Higher Education (AIESEP) 2018 Book of Abstracts*.

PRESENTATIONS

Abstracts

- Villanueva M., Rudolph, O., & **Fan, X.** (2025). *Social and emotional learning (SEL) in physical education*. Practical Session at the Central South Zone Conference of the New York State Association for Health, Physical Education, Recreation and Dance (NYS AHPERD), Cortland, NY.
- Fan, X.**, Atkinson, O., & Byran, B. R. (2025). *Novice teachers' perceptions on teacher preparation experiences: What was learned for PETE programs?* Oral presentation at the National Association for Kinesiology in Higher Education Conference, San Juan, PR.
- Ha, T., **Fan, X.**, Cardina, C., & Treadwell, S. (2025). *Technology use among physical education teachers before, during, and after the COVID-19 pandemic: What's next?* Oral presentation at the National Association for Kinesiology in Higher Education Conference, San Juan, PR.
- Atkinson, O., Chey, W., **Fan, X.**, Harvey, S., & Brunsdon J. (2025). *The role of teacher candidates' content knowledge on teaching effectiveness*. Oral presentation at the National Association for Kinesiology in Higher Education Conference, San Juan, PR.
- McMullen, J., Krause, J., Dauenhauer, B., Paulson, L., Becerra, V., Mieles, B., Bell, J., Liu, G., Ha, T., **Fan, X.** (2025). *Policy makers: Providing recommendations for physical education policy to state legislators*. Oral presentation at the National Association for Kinesiology in Higher Education Conference, San Juan, PR.
- Ha, T., **Fan, X.**, Cardina, C., & Treadwell, S. (2024). *Leveraging technology in physical education: Teacher adaptation and innovation in response to COVID-19*. Roundtable presentation at the New York State Association for Health, Physical Education, Recreation and Dance Conference, Verona, NY.
- Galle, C., **Fan, X.**, Milano, M., Paterson, J., Ramsey, V., Hicks, C., Lian, N., & Velez., M. *The student teaching experience: Strategies for success*. Oral presentation at the New York State Association for Health, Physical Education, Recreation and Dance Conference, Verona, NY.

- Bender, G., Atkinson, O., **Fan, X.**, Martinez P., Nolan, S., Uliassi, C., & Rombach, K. (2024). *Investigating program completers' professional competence and growth: A multi-case study for AAQEP review*. Oral presentation at the 2024 New York State Association of Teacher Educators (NYSATE)/New York Association of Colleges for Teacher Education (NYACTE) Conference. Saratoga Springs, NY.
- Liang, T., Ballard, P., **Fan, X.**, Lei, S. & Xie X. (2024). *Physical education teacher candidates' perceptions of sense of belonging*. Poster Presentation at the Congress of the International Association of Physical Education in Higher Education (AIESEP) in Jyväskylä, Finland.
- Fan, X.**, & McMullen, J. (2024). *Stakeholder recommendations for physical education policy: A multifaceted approach*. Oral Presentation at the Congress of the International Association of Physical Education in Higher Education (AIESEP) in Jyväskylä, Finland.
- Xie, X., **Fan, X.**, & Liang, T. (2024). *A systematic review of physical activity programs on physical fitness, cognition, and affective outcomes in early-year children*. Symposium session: Liang, T. *Early childhood physical activity promotion: What we learned?* Oral Presentation at the Congress of the International Association of Physical Education in Higher Education (AIESEP) in Jyväskylä, Finland.
- Madden, M., **Fan, X.**, & Baert, H. (2024). *Coteaching model of student teaching in physical education teacher education*. Oral Presentation at the American Educational Research Association (AERA) in Philadelphia, PA.
- Fan, X.**, Treadwell, S., Cardina, C., & Ha, T. (2024). *The impact of the global pandemic on teaching physical education*. Poster Presentation at the Society of Health and Physical Educators (SHAPE America) Conference in Cleveland, OH.
- Zuest, L., & **Fan, X.** (2024). *Pre-service classroom teachers' attitudes and competencies towards promoting physical activity in schools: A pilot study*. Poster Presentation at the Society of Health and Physical Educators (SHAPE America) Conference in Cleveland, OH.
- Ju, F., Liang, T., & **Fan, X.** (2024). *The impact of national policies on physical education curriculum and teachers in China*. Poster Presentation at the Society of Health and Physical Educators (SHAPE America) Conference in Cleveland, OH.
- Liang, T., Xie, X., Kim., J., **Fan, X.**, Chen, Y., & Li., Y. (2024). *Re-examine PETE clinical courses using Fuller's model of teacher's concern*. Oral Presentation at the Society of Health and Physical Educators (SHAPE America) Conference in Cleveland, OH.
- Fan, X.**, & Madden, M. (2024). *Teaching dance in physical education*. Practical Session at the Central South Zone Conference of the New York State Association for Health, Physical Education, Recreation and Dance (NYS AHPERD), Cortland, NY.
- Fan, X.**, Rukavina, P., Treadwell, S., Andrews, B., Matott, K., Peer, C., Scibelli, A., Seltenreich, B., & Williams, K. (2023). *Making the most out of student teaching: Tips and tricks*. Oral Presentation at the New York State Association for Health, Physical Education, Recreation and Dance (NYS AHPERD) in Turning Stone, Verona, NY.
- Kim, J., Pfeifer, J., & **Fan, X.** (2023). *Sweat smart: Exercise science-based coaching & teaching strategies*. Oral Presentation at the New York State Association for Health, Physical Education, Recreation and Dance (NYS AHPERD) in Turning Stone, Verona, NY.

- Fan, X.**, Li, L. Liang, T., & Ju, F. (2023). *Understand the experience of physical education teacher: Using critical incident technique*. Poster Presentation at the World Physical Education Alliance (WPEA) International Conference in Shanghai, China.
- McMullen, J., Dauenhauer, B., Krause, J., **Fan, X.**, Ha., T. (2023). *A comprehensive evaluation to measure the impact of a legislated physical education pilot program*. Oral Presentation at Congress of the International Association of Physical Education in Higher Education (AIESEP) in Santiago, Chile.
- Fan, X.**, & McMullen, J. (2023). *Stakeholders' perceptions of physical education in Colorado*. Oral Presentation at the Society of Health and Physical Educators (SHAPE America) Conference in Seattle, WA.
- Brooks, C., **Fan, X.**, Ha, T., & McEntyre, K. (2023). *Are you considering pursuing a Ph.D.?* Oral Presentation at the Society of Health and Physical Educators (SHAPE America) Conference in Seattle, WA.
- Xie, X., Liang, T., Kim, J., Chen, Y. J., **Fan, X.**, & Li, Y. (2023). *Supervision of pre-service teachers: Strategies and practices in PETE programs*. Oral Presentation at the Society of Health and Physical Educators (SHAPE America) Conference in Seattle, WA.
- Fan, X.** (2022). *Physical education teachers' perceptions of and experiences in physical education teacher education program*. Poster Presentation at the New York State Association for Health, Physical Education, Recreation and Dance in Turning Stone, Verona, NY.
- McMullen, J., Dauenhauer, B., Krause, J., Ha, T., **Fan, X.**, Paulson, L., & Adams, V. (2022). *Towards policy change: Overview and baseline results of the Colorado PE Pilot*. Oral Presentation at the Congress of the International Association of Physical Education in Higher Education (AIESEP) in Gold Coast, Australia.
- Fan, X.**, McMullen, J., Krause, J., & Dauenhauer, B (2022). *The status of physical education in Colorado*. Oral Presentation at the Society of Health and Physical Educators (SHAPE America) Conference in New Orleans, LA.
- McMullen, J., Brooks, C., Iannucci, C., & **Fan, X.** (2022). *Using narrative vignettes to explore physical activity experiences at school*. Oral Presentation at the Society of Health and Physical Educators (SHAPE America) Conference in New Orleans, LA.
- Fan, X.** (2021). *Incorporating Tai Chi in physical education to promote students' mental health*. Oral Presentation at the 98th Texas Association for Health, Physical Education, Recreation & Dance (TAHPERD) Convention, Arlington, TX.
- Zuest, L., **Fan, X.**, & Erickson, H. (2021). *Professional development and changes in teachers' decision making: A pilot study*. Poster Presentation at the Virtual Congress of the International Association of Physical Education in Higher Education (AIESEP).
- Fan, X.**, & McMullen, J. (2021). *Teachers' stories in physical education: Using narrative methods to understand teacher socialization*. Oral Presentation at the Virtual Congress of the International Association of Physical Education in Higher Education (AIESEP).

- Fan, X., & McMullen, J.** (2021). *Inside a quality physical education classroom: Meeting students' needs*. Oral Presentation at the Society of Health and Physical Educators (SHAPE America) Virtual Conference.
- Fan, X.,** Reliford, J., Barker, B., & McMullen, J. (2020). *Culturally and linguistically diverse learners: Meeting their needs* [Conference workshop]. Oral Presentation at the SHAPE Colorado Convention.
- Bennett, A., Liang, T., Pellett, H. H., & **Fan, X.** (2020). *Teaching creative dance to K-2 children*. Practical Session at the Society of Health and Physical Educators (SHAPE America) Conference in Salt Lake City, UT. (Conference Canceled due to the Pandemic)
- Fan, X., & McMullen, J.** (2019). *Teachers stories in physical education: Using narrative methods to understand teacher socialization*. Poster Presentation at the Research Evening at the University of Northern Colorado, Greeley, CO.
- Fan, X.** (2019). *PETE majors top 7 suggestions on conference attendance*. Poster Presentation at the Society for Health and Physical Educators Colorado, Aurora, CO.
- Cox, D. G., Brooks, C., **Fan X.,** & Ha, T. (2019). *Physical education program evaluation*. Oral Presentation at the SHAPE Colorado Convention, Aurora, CO.
- Fan X.** (2019). *Teaching dance in secondary physical education*. Oral Presentation at the SHAPE Colorado Convention, Aurora, CO.
- Krause, J. M., **Fan, X.,** Ha, T., Hubbard, R., Malanga, J., Peacock, G., Scheel, S., Selby, M., & Westra, S. (2019). *It's PE appy hour!* Oral Presentation at the Society for Health and Physical Educators Colorado, Aurora, CO.
- Brooks, C., C., **Fan, X., & McMullen, J.** (2019). *Exploring connections between pre-service physical education teachers' definitions of professional development and career goals*. Oral Presentation at the Congress of the International Association of Physical Education in Higher Education (AIESEP) in Garden City, New York.
- Fan, X.,** Liang, T., Ward, S. & Li, L. (2019). *Learning communities for teacher candidates' professional learning*. Oral Presentation at the 2019 World Congress on Teaching, Learning, and Curriculum in Physical Education for Well-being in Shanghai, China.
- Fan, X., & Liang, T.** (2019). *The enlightenment to the development of physical education in China: A case of university of northern Colorado*. 2019 Tsinghua University Sport Forum, Beijing, China.
- Patton, K., Parker, M., Chróinín, D. N., & **Fan, X.** (2019). *Using visual methodologies to explore student and teacher voice*. Poster Presentation at the Society of Health and Physical Educators (SHAPE America) Conference in Tampa, FL.
- Alshehri, A., Miller, C., Zhou, M., & **Fan, X.** (2018). *How K-12 teachers adaptations of curriculum and instruction are beneficial to students*. Oral Presentation at the Research Evening at the University of Northern Colorado, Greeley, CO.
- Fan, X.** (2018). *Teaching Tai Chi in secondary physical education*. Oral Presentation at the SHAPE Colorado conference in Aurora, CO.

- Fan, X., & McMullen, J.** (2018). *Communities of practice via social media: An initiative for teacher professional learning*. Poster Presentation at the SHAPE Colorado conference in Aurora, CO.
- Cox, D. G., **Fan, X.**, Brooks, C., & Krause, J. M. (2018). *Top 10 learning management systems (LMS) components for health and physical educators*. Poster Presentation at the SHAPE Colorado conference in Aurora, CO.
- Fan, X.**, Patton, K., Buschner, C., Zuest, L., & Himberg, C. (2018). *"There was never enough to learn": The role of professional conference attendance on teacher candidates' development*. Oral Presentation at the Congress of the International Association of Physical Education in Higher Education (AIESEP) in Edinburgh, UK.
- Zuest, L., & **Fan, X.** (2018) *"Doing our own thing": College students perceptions of a volleyball sport education season*. Oral Presentation at the Congress of the International Association of Physical Education in Higher Education (AIESEP) in Edinburgh, UK.
- Brooks, C., & **Fan, X.** (2018) *Preservice physical education teachers perceptions of and engagements in professional development*. Poster Presentation at the Student Research Work-in-Progress at the Society of Health and Physical Educators (SHAPE America) Conference in Nashville, TN.
- Fan, X.**, Lee, S., & Zuest, L. (2017). *Visual methodologies as decolonizing research practice in kinesiology*. Oral Presentation at the Western Society for Physical Education of College Women in Pacific Grove, CA.
- Fan, X.** (2017). *Examining teacher candidates' development: The role of professional conference attendance*. Oral Presentation at the Student Research Work-in-Progress at the Society of Health and Physical Educators (SHAPE America) Conference in Boston, MA.
- Fan, X.** (2014). *The causes of lacking pedagogical content knowledge among novice teachers in physical education and the strategies for improvement*. Oral Presentation at the Seventh National Youth Physical Education Science Academic Convention in Shanghai, China.

Others

Technical Reports

- Bender, G., Atkinson, O., **Fan, X.**, Martinez de la Vega Mansilla, P., Nolan, S, Uliassi, C., & Rombach, K. (2024). SUNY Cortland teacher education program case study of program completers. Association for Advancing Quality in Educator Preparation, SUNY Cortland, Cortland, NY.
- McMullen, J., Krause, J., Dauenhauer, B., Ha, T., **Fan, X.**, Paulson, L., Becerra, V., Bell, J., Mieves, B., Liu, G. (2024). Final progress report: Health and wellness through comprehensive physical education instruction pilot. Colorado Department of Education, Denver, CO.

Blog Posts

- Fan, X.**, & McMullen, J. (2021, June 22). Tips for maximizing your convention experience: A guide for health and physical educators. *Society of Health and Physical Educators*

(SHAPE America) Blog.

<https://blog.shapeamerica.org/2021/06/tips-for-maximizing-your-convention-experience-a-guide-for-health-and-physical-educators/>

Podcasts

PETE Collaborative. (2023, October). To Use or Not to Use? Artificial Intelligence (ChatBots) in PETE/HETE.

<https://podcasts.apple.com/us/podcast/318-pete-collaborative-on-ai-in-teaching-in-pete-hete/id1434195823?i=1000630818256>

PETE Collaborative. (2022, October). Developing Future Faculty Stewards [Audio podcast].

<https://anchor.fm/pwrhpe/episodes/253-PETE-Collaborative-Nov-22-Developing-Future-Faculty-Stewards-e1qo3kl>

GRANTS

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| 2024-2025 | Fan, X. , Madden, M., & Baert, H. (2024-2025). Paired Teaching Model for Student Teaching in Physical Education. Faculty Research Program. SUNY Cortland. \$3,000. Funded. |
| 2024 | Fan, X. William L. Haines '63 President's Discretionary Fund
SUNY Cortland. \$500 Funded. |
| 2023 | Fan, X. Small Grant
SUNY Cortland. \$500 Funded. |
| 2022-present | Fan, X. Research Foundation Travel Funding
SUNY Cortland, \$1,200 Funded. |
| 2020-2024 | McMullen, J. (P.I.), Krause, J. (Co-P.I.), Dauenhauer, B. (Co-P.I.), Fan, X. (Co-I), & Ha, T. (Co-I) (2020-2024). Health and Wellness through Comprehensive Quality Physical Education Instruction Pilot Program. Colorado Department of Education: Denver, CO. \$90,000. Funded. |
| 2020 | Fan, X. Graduate Student Association (GSA) Research Grant
University of Northern Colorado. \$1,200 Funded. |
| 2019 | Fan, X. Graduate Student Association (GSA) Conference Presenting Grant
University of Northern Colorado. \$514 Funded. |
| 2018 | Fan, X. Society of Health and Physical Educators (SHAPE America) Graduate Student Research Grant Program
Finalist, Invited Full Phase II Proposal, Unfunded. |
| 2018 | Fan, X. Graduate Student Association (GSA) Conference Attendance Grant
University of Northern Colorado. \$150 Funded. |
| 2018-2021 | Fan, X. Sport and Exercise Science (SES) Research Presenting Funding
University of Northern Colorado. \$1,400 Funded. |
| 2017 | Fan, X. Graduate Student Research and Conference Funding
California State University, Chico. \$600 Funded. |
| 2013 | Fan, X. College Student Innovative Training Project
Central China Normal University, China. \$350 Funded. |

HONORS AND AWARDS

USA

- 2024 The 2024 AIESEP Early Career Scholar Award, International Association for Physical Education in Higher Education (AIESEP)
- 2024 Member Spotlight, United University Professions (UUP)
- 2023-2024 Independent Development Award (IDA), The New York State/United University Professions Joint Labor-Management Committees
- 2023 Reviewer of the Year, International Journal of Kinesiology in Higher Education
- 2021 The Graduate Dean's Citation of Excellence Award, University of Northern Colorado
- 2020 The 2020 SHAPE Colorado Graduate Student Research Award
- 2019 The 2019 SHAPE Colorado Research Poster Award
- 2018-2019 The Hibino Global Understanding Award, University of Northern Colorado
- 2018 3rd Place for Oral Presentation – Completed Study in the Research Evening, University of Northern Colorado
- 2018 Honorable Mention for 2018 American Kinesiology Association (AKA) National Master's Scholar Award
- 2018 Outstanding Kinesiology Thesis Award, California State University, Chico
- 2017 President's Educational Equity Scholarship, Western Society for Physical Education of College Women Organization
- 2017 Most Likely to Get You Really Pumped, Wildcat Recreation Center (WREC) Group Exercise Team, California State University, Chico

China

Regional Level

- 2011 2nd Place, Group A – Latin Dance at Hubei College Dance Sport Tournament
- 2011 3rd Place, Latin Dance – Basic Team at the 11th Hubei Adolescent Dance Sport Tournament

University Level - Central China Normal University

- 2013 "Education Star"
- 2013 "Outstanding Undergraduate Students"
- 2013 "Top 100 Undergraduate Students"
- 2012 National Scholarships
- 2012 "University Full-Honor Students"
- 2012 Outstanding Work Award, Physical Education Game Design Competition
- 2011 3rd Place, Physical Education Costume Design Competition

2011	National Encouragement Scholarship
2010	"University Student Community Activity Activist"
2010	Best Team, Debate Competition, College of Physical Education and Sport
2010	1 st Place, the 4 th Cross University Race Essay Competition
2010	1 st Place, the 3 rd Chinese Martial Arts Cup-Tai Chi Tournament
2009	Best Language, Current Politics English Speech Competition
2009	"Class Construction Activist"
2009	3 rd Place, 100 Meters Hurdles (Women), University Track and Field Tournament
2009	4 th Place, Long Jump (Women), University Track and Field Tournament

TEACHING EXPERIENCE

SUNY Cortland

Undergraduate:

EDU 355 The Physical Education Curriculum: Planning and Practice	3-hour credit
PED 257 Lifetime Activities in Physical Education	1-hour credit
PED 329 Fitness and Wellness in K-12 Physical Education	3-hour credit
PED 382 School Based Fitness Programming	3-hour credit
PED 434 Statistics and Assessment in Physical Education	3-hour credit
PED 444 Lab Assistant	1-hour credit
PED 499 Special Study in Physical Education	1-hour credit

Graduate:

PED 526 Fitness Programming and Curriculum for Schools (Online)	3-hour credit
PED 636 Student and Program Assessment in APE	3-hour credit
PED 660 Physical Education Practicum I (Online)	3-hour credit

Texas A&M International University

Undergraduate:

EDCI 1102 Introduction to Teaching Profession	1-hour credit
EDCI 3210 Theories and Practice in Public School Teaching (Online)	2-hour credit
EDCI 3224 Teaching in Diverse Settings	2-hour credit
EDFS 2224 Team and Individual Sports	2-hour credit
EDFS 3207 Health & Physical Education for Elementary School (Online)	2-hour credit
EDFS 3301 Coaching (Online)	3-hour credit
EDFS 3316 Health and Movement	3-hour credit
EDFS 4301 Tests and Measurements	3-hour credit

KINE 3207 Health & Physical Education for Elementary School (Online) 2-hour credit

KINE 4315 Sport & Adapted Physical Activity (Online) 3-hour credit

Graduate:

EDCI 5313 Foundations of Curriculum (Online) 3-hour credit

EDCI 5319 Advanced Theories for Learning (Online) 3-hour credit

EDCI 5340 Measurement and Assessment in Education (Online) 3-hour credit

EDGR 5320 Foundations of Educational Research (Online) 3-hour credit

University of Northern Colorado

Undergraduate:

SES 145 Activities for Stress Management 1-hour credit

SES 170 Introduction to Field Based Experience 1-hour credit

SES 202 Lifetime Sports and Physical Activities 1-hour credit

SES 209 Dance Activities 1-hour credit

SES 338 Teaching Diverse Populations 3-hour credit

SES 340 Planning, Assessment, and Instruction in Physical Education 3-hour credit

SES 440 Developing Pedagogical Skills in Elementary Physical Education 4-hour credit

SES 442 Developing Pedagogical Skills in Secondary Physical Education 4-hour credit

Graduate:

SES 647 School Physical Activity Policy, Advocacy, Leadership (Supervised Teaching, Online) 3-hour credit

California State University, Chico

Undergraduate:

KINE 113 Beginning Ballroom Dance 1-hour credit

KINE 114 Intermediate Ballroom Dance 1-hour credit

KINE 302 The Foundations in Childhood Physical Education 3-hour credit

KINE 309 Develop Appropriate Physical Education for Children 3-hour credit

KINE 484 Developmentally Appropriate Physical Education for High School 3-hour credit

Central China Normal University

Undergraduate

Volleyball

1-hour credit

Public School

Spring 2019 Platte Valley Middle School – Kersey, CO
 Spring 2017 Notre Dame Catholic School - Chico, CA
 Fall 2016 Marsh Junior High School - Chico, CA
 Fall 2016 Durham High School - Chico, CA
 Fall 2016 Wilson Elementary School - Chico, CA
 Fall 2012 Wuhan No.23 High School - Wuhan, China

SERVICE

Professional

2025-2028 Associate Editor – International Journal of Kinesiology in Higher Education (IJKHE)
 2024 Presider – 2024 New York State Association for Health, Physical Education, Recreation and Dance (NYS AHPERD) Conference
 2024 Abstract Reviewer – 2025 National Association for Kinesiology in Higher Education (NAKHE) Conference
 2024-present Mentor – New York State Association for Health, Physical Education, Recreation and Dance (NYS AHPERD)
 2024 Abstract Reviewer – 2024 North American Federation of Adapted Physical Activity
 2024 Guest Speaker – Webinar, Chinese Physical Literacy Association (CPLA)
 2024 Panelist – Qualitative Coding, American Educational Research Association (AERA) SIG 93 Webinar
 2023-present President of the Higher Education/Professional Preparation Section – Executive Council, New York State Association for Health, Physical Education, Recreation and Dance (NYS AHPERD)
 2023-present Co-Organizer and Co-Moderator – An International Physical Education Teacher Education Faculty and Graduate Student Virtual Zoom Conference (PETE Collaborative)
 2023-present Abstract Reviewer – Higher Education Section of the New York State Association of Health, Physical Education, Recreation, and Dance (NYS AHPERD) Conference
 2022-present Board Member – Editorial Board of the Journal of International Education and Practice
 2022-present Journal Reviewer – Journal of Teaching Physical Education (JTPE)
 2022-present Journal Reviewer – Review of Educational Research Journal

- 2022-present Journal Reviewer – International Journal of Kinesiology in Higher Education (IJKHE)
- 2022-present Abstract Reviewer – Teaching & Learning Research/Physical Activity and Health Promotion Category, Society of Health and Physical Educators (SHAPE America) National Convention & Expo
- 2022-present Board Member – Leadership Development Committee, International Organization Health, Sports, and Kinesiology
- 2022 Guest Speaker – Physical Education: Planning and Instruction, Ningbo University
- 2022 Panelist – Podcast on Doctoral PETE
- 2022 Panelist – Developing Future Faculty Stewards to Ensure a Favorable Future for PETE, PETE Collaborative
- 2021 Abstract Reviewer – 2021 Congress of the International Association of Physical Education in Higher Education (AIESEP) Scientific Conference
- 2019-2021 Board Member – SHAPE Colorado Organization
- 2018-2021 Board Member – SHAPE Colorado Journal
- 2018-2019 Abstract Reviewer – SHAPE Colorado Research Project and Best Practice Poster Sessions
- 2015 Conference Assistant – Professional Development Project for Physical Education Teachers, Chongqing, China
- 2014 Reviewer – Book of *Physical Education and Health-Grade Nine*, China
- 2014 Reviewer – Book of *Pedagogy of Elementary School Soccer (Level I)*, China
- 2014 Conference Assistant – 12th National Youth Sports and Exercise Science Convention, China
- 2014 Conference Assistant – National School Physical Education Convention, China
- 2014 Conference Assistant – 12th National Youth Sports Scientific Articles Evaluation Seminar, China
- 2014 Conference Assistant – Training for Remote Physical Education Curriculum, China
- 2014 Conference Assistant – 2nd International Chinese Society for Physical Activities and Health (ICSPAH) Convention, China
- 2014 Conference Assistant – Book of *Introduction to Physical Education Teacher Education*, China
- 2014 Conference Assistant – 2014 Shanghai Physical Education Symposium, Shanghai, China
- 2014 Conference Assistant – 2014 Shanghai Physical Education Research Convention, Shanghai, China
- 2014 Conference Assistant – Remote Curriculum for Physical Education Teacher Seminar, Shanghai, China

- 2014 Conference Assistant – High School Physical Education Standard and Curriculum Seminar, Shanghai, China
- 2013 Translator – Book of *SPARK Sports Play and Active Recreation for Kids (Physical Education Program Grades k-2)*, China
- 2013 Reviewer – Book of *Physical Education and Health-Grade Eight*, China
- 2013 Conference Assistant – National Elementary and Secondary School Teaching and Research Seminar, China
- 2013 Conference Assistant – National Professional Development Project for Physical Education Teachers in Elementary and Secondary Schools, China
- 2013 Conference Assistant – USA SPARK Physical Education Program and Teaching Model Seminar, China
- 2013 Conference Assistant – USA SPARK Physical Education Program and Teaching Model Research Seminar, China
- 2013 Conference Assistant – New Century Talent Supporting Project of Ministry of Education: Education Reform Practice for Physical Education Teachers in China and the Innovative Research on Talent Cultivation, China
- 2013 Events Assistant – 2012 National High-Quality Educational Resource Project: Standard and Curriculum on High School Physical and Health Education Program, China
- 2013 Event Assistant – National Social Sciences Project: Innovative Research on the Health Promotion Project among Youth, China

University

- 2024-present Committee Member – Green Ambassador, SUNY Cortland
- 2024-2025 Committee Member – Teaching Effectiveness (CTE), SUNY Cortland
- 2023-present Marshall – Academic Convocation, SUNY Cortland
- 2023 Panelist – Panel Discussion in New Faculty Orientation, SUNY Cortland
- 2023-present Committee Member – Graduate Committee, Physical Education Department, SUNY Cortland
- 2023 Department Representative – Undergraduate Commencement, SUNY Cortland
- 2023 Department Representative – Honors Convocation, SUNY Cortland
- 2022 Volunteer – Open House, SUNY Cortland
- 2022 Department Representative – Academic Convocation, SUNY Cortland
- 2021-2022 Advisor – Students (3) in the TAMIU Honors and Undergraduate Research Program, Texas A&M International University
- 2021 University Supervisor – Student Teachers (2) in Physical Education K-12 Teaching, University of Northern Colorado
- 2019 Presenter – University of Northern Colorado Future Teacher Conference, Sessions for High School Students Who Are Interested in Physical Education

- 2011-2012 Secretary Assistant – Student and Scholar Association, Department of Physical Education
- 2010-2011 Director – Community Service Department in Student and Scholar Association
- 2009-2010 Secretary – Community Service Department in Student and Scholar Association
- 2009-2010 Director Assistant –Community Service Department in Student and Scholar Association

College/School

- 2023 Committee Member – Kristin and Barry J. Thornton II '93 Scholarship Reviewer

Department/Program

- 2024 Search Committee Member – Assistant Professor in the Physical Education Department, SUNY Cortland
- 2023-present Advisor – 40 Advisees in the Physical Education Department, SUNY Cortland
- 2023 Search Committee Member – Visiting Assistant Professor in the Physical Education Department, SUNY Cortland
- 2023 Search Committee Member – Full Time Lectures (2) in the Physical Education Department, SUNY Cortland
- 2023 Contributor – Teacher Performance Assessment and Data Retreat
- 2023 Contributor – Department Data Retreat
- 2022-present Interviewer – Student Interview on EDU 256 Seminar for Field Experience, Physical Education Department, SUNY Cortland
- 2022-2023 Reviewer – Student Professional portfolio on EDU 454, Physical Education Department, SUNY Cortland
- 2021-2022 Member – Kinesiology Curriculum Development Committee, Texas A&M International University
- 2019-2021 Co-Coordinator – Physical Education Teacher Education (PETE) Club, University of Northern Colorado
- 2019 Co-Coordinator – Bear PAW Summer Camp, University of Northern Colorado
- 2019 Trainer – IHT Heart Rate Monitor for Physical Education Teacher Education Majors, University of Northern Colorado
- 2018 Contributor – Needs Assessment Webinar for 2018 Physical Education Physical Activity Leadership Cohort, University of Northern Colorado
- 2018 Graduate Programs Introducer – University of Northern Colorado Booth, Society of Health and Physical Educators (SHAPE America) in Nashville, TN

- 2016 Member – Physical Education Teacher Education Club, California State University, Chico
- 2016 Management Assistant – Physical Education Teacher Education (PETE) Dance Held by PETE Club, California State University, Chico

Community

- 2024 Facilitator – Social Emotional Learning-Infused After School Program, Four Elementary Schools, Cortland, NY
- 2023-present Active Member – Central South Zone, New York State Association for Health, Physical Education, Recreation and Dance (NYSAPERD)
- 2023 Advocate – Society of Health and Physical Educators (SHAPE America) Speak Out! Day, Washington, D.C.
- 2022 Counselor – Qualitative Data Analysis Using MaxQDA, Doctoral Student at St. Mary's University
- 2021-2022 Member – The Community-based Service Project (The Learning City @ Laredo Prenatal to Three), Texas A&M International University
- 2019 Presenter – Classroom Teacher Professional Development Workshop on How to Integrate Movement into Classroom at Tozer Elementary School, CO
- 2019 Guest Speaker – Chinese Culture, Jackson Elementary School, CO
- 2019-2021 Undergraduate Student Co-Advisor – Physical Education Club, University of Northern Colorado
- 2019 Guest Teacher – Physical Education, Platte Valley Middle School, Kersey, CO
- 2017 Guest Teacher – Physical Education, Notre Dame Catholic School, Chico, CA
- 2016 Guest Teacher – Physical Education, Marsh Junior High School, Chico, CA
- 2016 Guest Teacher – Physical Education, Durham High School, Chico, CA
- 2016 Guest Teacher – Physical Education, Wilson Elementary School, Chico, CA
- 2012 Student Teacher – Physical Education, Wuhan No.23 High School, Wuhan, China
- 2009 Administrative Assistant – 6th National Census Work at Central China Normal University

PROFESSIONAL CONFERENCE MEMBERSHIPS/PARTICIPATION

- 2023-present NYSAPERD Central South Zone Conference
- 2022-present New York State Association for Health, Physical Education, Recreation and Dance (NYSAPERD)
- 2022-present National Association for Kinesiology in Higher Education (NAKHE)

2022-present	International Alliance for Invitational Education (IAIE)
2021-2022	Texas Association for Health, Physical Education, Recreation & Dance (TAHPERD)
2018-2021	Society of Health and Physical Educators (SHAPE) Colorado
2016-present	International Association for Physical Education in Higher Education (AIESEP)
2016-present	American Educational Research Association (AERA)
2016-2017	California Association for Health, Physical Education, Recreation and Dance (CAHPERD)
2015-present	Physical Education Teacher Education and Health Education Teacher Education (PETE & HETE)
2014-present	SHAPE America
2014-2015	International Chinese Society for Physical Activities and Health (ICSPAH) Convention

CERTIFICATIONS

2025-present	Online Teaching with Online SUNY Course Quality Review (OSCQR)
2022-present	CITI Program Course Completion
2022-present	ACUE - Teaching Effective Practices
2021-present	Quality Matter - Designing Your Online Course (DYOC)
2013-2018	Physical Education Teaching License