

Introduction to:
Inclusive Skill-Building Learning Approach (ISLA)
Supporting Videos & Resources - Extended List

June 2026

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ISLA Resources from creators

- [Videos](#)
- [Practice Guide](#)

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Layers 3 & 4

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The [ISLA Videos website](#) includes these mini-videos and the [ISLA Practice Guide](#):

- Overview
- Building & Strengthening Relationships
- ISLA Responding to Behavior
- ISLA Break Systems
- ISLA Process
- ISLA Data-Based Decision-Making
- ISLA Stories

LAYER 1: Preventive Classroom Practices

Resource for teachers to [build habits of effective classroom practice](#)

Welcoming Students:

- [Greeting Students at the Door: Is it with the extra time?](#)
- Elementary School example: [Making Connections with Greetings at Door](#)
- Middle School example: [60-Second Strategy: TUMS at the Door](#)
- High School example: [Greeting Physics Students at the Door](#)

Owning the Classroom:

- [Establishing expectations and teaching routines](#) (on pages 3-8)
- [Instructional Practices to Boost Student Engagement and Accelerate Student Learning](#)
- [Creating a Mistake-Friendly Classroom](#)
- Positive Ratios:
 - [A Snapshot of the PBiS 4:1 Ratio In a High School Classroom](#)
 - [A Snapshot of the 4:1 Ratio in a Middle School Classroom](#)
- Modeling Self-Regulation
 - [Demonstrating Self-Regulation with Tone of Voice \(Elementary School\)](#)

Wrap Up with Intention

- [Finishing Class Strong with Optimistic Closures](#)
- [ISLA WOW Classroom Observation Tool May 2024](#)

LAYER 2: In-Class Effective Responses to Behavior

Response Modelling Videos:

- Elementary Model - [Demonstrating Self-Regulation With Tone of Voice](#)
- Middle School Model: [A Snapshot of the PBiS 4:1 Ratio In a Middle School Classroom](#)
- High School Model - [A Snapshot of the PBiS 4:1 Ratio In a High School Classroom](#)

Teachers Providing/Students Taking Breaks

- Resources:
 - [Take A Break: Teacher Toolbox \(Physical Activity Breaks in the Secondary Classroom\)](#)
 - [Calming Spaces in Schools and Classrooms](#)
 - [Breaks are Better - Extended CICO in the Classroom](#)
- Videos:
 - [Peace Corner: Creating Safe Space for Reflection](#) (Elementary School)
 - [Calm Down Centers: Creating a Safe Classroom Environment for Your Students](#) (Middle School)
 - [South Salem High School opens 'calm room' for stressed out students](#) (High School)

De-Escalation Outside of the Classroom

- [Tap-In / Tap-Out: Giving Teachers Time to Recharge](#)
- [De-Escalation Spaces: Helping Students Manage Emotions](#) (High School)

Related Resources:

- [DE-MTSS TA Center Tier 1 Resources Professional Learning, Tools & Forms](#)
- [PBIS 5-Point Guide for Promoting Equity w/links to related tools](#)
- [Integrating Restorative Practices into Multi-tiered Systems of Social Emotional Behavioral Support](#)

LAYERS 3 & 4: Out-of-Class ISLA Supports & Resolution, Reconnection and Additional Supports

Overall Process:

- [ISLA Triage Flow Chart](#)

Templates:

- [Sample Debrief Questions](#)
- [Reconnection Card Template](#)
- [Sample ISLA Tracker \(view only\)](#)

Related Resources:

- [High-Leverage Practices in Special Education - Social/Emotional/Behavioral Practices: Research Syntheses](#)
- [DE-MTSS TA Center - Educator Emotional Self-Care Workshop materials](#)
- [Building a Culture of Staff Wellness Through Multi-Tiered System of Supports](#)